

MMSD Superintendent's Wellness Advisory Public Facing Agenda



[MMSD Wellness Website](#) | [Wellness Policy 4610 \(Spanish\)](#) | [Procedures](#)

Holtzman Learning Center - 333 Holtzman Rd, Madison, WI 53713

Thursday, February 22nd, 2024

5:30-7:30 pm

Meeting Outcomes

- Deepen understanding of current and past work in MMSD departments related to the top recommendation themes
- Finalize written recommendations to share with the Superintendent in connections to the three main themes
- Provide feedback on a Wellness communication piece and brainstorm ways for effective two-way communication

Topic	Talking Points & Resources
Welcome & Greeting	<ul style="list-style-type: none"> • Introduction • Anchoring in Purpose of SWA • Greeting & Share Activity - My One Thing • Outcomes • Slides
Department/Theme Updates	<ul style="list-style-type: none"> • Student Mental Health & Wellbeing - Kristen Guetschow • Staff Mental Health & Wellbeing - Kat Wingier & Sara Parrell • Food & Nutrition - Jeff Orr • Q&A - Clarifying Questions & Sticky Note Collection
Finalizing Recommendations & Identifying Success	<ul style="list-style-type: none"> • Themed Group Discussion <ul style="list-style-type: none"> ◦ Summaries - Nutrition - Staff Mental Health - Student Mental Health ◦ Based on what we learned today from the department leads, is this still the right ranking to share with the Superintendent? • Looks Like, Feels Like, Sounds Like Activity <ul style="list-style-type: none"> ◦ What would success look like by the end of the summer for the immediate recommendations? ◦ What would sufficient progress look like in April when we meet next? • Large Group Share Out
Strengthening Communication	<ul style="list-style-type: none"> • Review of current communication methods • Standing Circles Per Stakeholder Category <ul style="list-style-type: none"> ◦ Plusses & Deltas - feedback on Draft Wellness Policy 1-Pager ◦ What communication methods are most effective for your stakeholder group? ◦ What avenues already exist that we could tap into? • Large Group Share
Closing	<ul style="list-style-type: none"> • Next Steps • Complete Exit Slip

