

Kings Canyon USD
PRE-K LUNCH
PRE-K LUNCH MENU
OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 ORANGE CHICKEN; K-5 Stir Fry Veggie Blend Fruit Cup, Variety MILK WHITE 1% Assorted Condiments	Oct - 2 WGR Beef Rib Q BAKED BEANS Fruit Cup, Variety MILK WHITE 1% Assorted Condiments	Oct - 3 Cheeseburger Buddies Steamed Broccoli 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 4 WGR Cheezy Bites CARROT STICKS 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments
Oct - 7 Mini Corndogs SWEET POTATO FRIES Fruit Cup, Variety MILK WHITE 1% Assorted Condiments	Oct - 8 DELI SANDWICH Harvest Salad 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 9 Chili Beans & Corn Muffin CARROTEENIES Fruit Cup, Variety MILK WHITE 1% Assorted Condiments	Oct - 10 Chicken Nuggets Vegetable Medley 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 11 WGR French Bread Pizza SWEET POTATO FRIES 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments
Oct - 14 BEEFY NACHOS Sweet Corn 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 15 Chicken & Gravy Vegetable Medley Fruit Cup, Variety MILK WHITE 1% Assorted Condiments	Oct - 16 Bean/Cheese Burrito Vegetable Medley 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 17 Spaghetti CARROTEENIES Fruit Cup, Variety MILK WHITE 1% Assorted Condiments	Oct - 18 WGR Pizza Wedge POTATO WEDGES 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments
Oct - 21 Crispy Chicken Taco K-5 Sweet Corn Fruit Cup, Variety MILK WHITE 1% Assorted Condiments	Oct - 22 Teriyaki Bowl K-5 Stir Fry Veggie Blend 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 23 WGR Pizza Max Stix Harvest Salad 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 24 Bean & Cheese Tostada TATER TOTS Harvest Salad Fruit Cup, Variety MILK WHITE 1% Assorted Condiments	Oct - 25 WGR Pizza Wedge SWEET POTATO FRIES Fruit Cup, Variety MILK WHITE 1% Assorted Condiments
Oct - 28 Chicken Nuggets Corn on the Cob Fruit Cup, Variety MILK WHITE 1% Assorted Condiments	Oct - 29 WGR Grilled Cheese CARROT STICKS 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 30 Stuffed Pizza Pocket Corn on the Cob 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 31 Cheeseburger Buddies Steamed Broccoli 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	

This Institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.