

Kings Canyon USD
PRE-K BREAKFAST
PRE-K BREAKFAST MENU
OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 Breakfast Pizza Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1%	Oct - 2 WGR Berry Waffles BANANAS, FRESH JUICE, FRUIT, ASSORTED MILK WHITE 1% SYRUP,PANCAKE, IW	Oct - 3 Egg/Potato Scramble JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 4 WGR Cereal w Cheese Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments
Oct - 7 CHERRIOS & CHEESE Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 8 Breakfast Pizza JUICE, FRUIT, ASSORTED Fruit Cup, Variety MILK WHITE 1%	Oct - 9 Beef Chorizo Burrito JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 10 Sausage Croissant Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 11 Ham & Cheese Bar JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments
Oct - 14 Bagel & Cream Cheese JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1%	Oct - 15 Breakfast Pizza Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 16 WGR Quesadilla JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 17 Lucky Charms 2oz JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1%	Oct - 18 WGR Biscuit Sandwich Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments
Oct - 21 Egg/Potato Scramble Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 22 Breakfast Pizza Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1%	Oct - 23 Waffle Sandwich JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% SYRUP,PANCAKE, IW	Oct - 24 Cinn Pancakes JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% SYRUP,PANCAKE, IW	Oct - 25 Tornado Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments
Oct - 28 Bluberry Chex 2oz JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 29 Breakfast Pizza Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	Oct - 30 Ham & Cheese Bar BANANAS, FRESH JUICE, FRUIT, ASSORTED MILK WHITE 1%	Oct - 31 Egg/Potato Scramble JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK WHITE 1% Assorted Condiments	

This Institution is an equal opportunity provider.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.