

Kings Canyon USD
KCUSD BREAKFAST
BREAKFAST MENU
OCTOBER MENU 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 Breakfast Pizza Banana Bread Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety*	Oct - 2 Cinnamon Roll WGR Berry Waffles BANANAS, FRESH JUICE, FRUIT, ASSORTED MILK - Variety*	Oct - 3 Egg/Potato Scramble Bagel & Cream Cheese JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 4 Sausage Croissant Cinnamon Chex 2oz Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Oct - 7 CHERRIOS & CHEESE Pancake on a Stick Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 8 Breakfast Pizza YOGURT & GRANOLA BA JUICE, FRUIT, ASSORTED Fruit Cup, Variety MILK - Variety*	Oct - 9 Cinnamon Roll Beef Chorizo Burrito JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 10 Sausage Croissant French Toast Sticks Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 11 Ham & Cheese Bar Tornado JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Oct - 14 Bagel & Cream Cheese YOGURT & GRANOLA BA JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety*	Oct - 15 Breakfast Pizza WGR Muffins Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 16 Cinnamon Roll WGR Quesadilla JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 17 COWBOY BREAD Lucky Charms 2oz JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety*	Oct - 18 WGR Biscuit Sandwich Banana Bread Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Oct - 21 Dutch Waffle Egg/Potato Scramble Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety*	Oct - 22 Breakfast Pizza Honey Nut Cheerios 2oz Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety*	Oct - 23 Cinnamon Roll Waffle Sandwich JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety* SYRUP,PANCAKE, IW	Oct - 24 WGR Bacon Croissant Cinn Pancakes JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety*	Oct - 25 Lucky Charms 2oz Tornado Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety*
Oct - 28 Pancake on a Stick Blueberry Chex 2oz JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 29 Breakfast Pizza Banana Bread Fruit Cup, Variety 1/2 Cup Fresh Fruit MILK - Variety*	Oct - 30 Cinnamon Roll Ham & Cheese Bar BANANAS, FRESH JUICE, FRUIT, ASSORTED MILK - Variety*	Oct - 31 Egg/Potato Scramble Beef Chorizo Burrito JUICE, FRUIT, ASSORTED 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	

This Institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.