

Kings Canyon USD
KCUSD HIGH SCHOOL LUNCH
High School Lunch
OCTOBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 ORANGE CHICKEN; 6-12 WGR Grilled Cheese SOUTHWEST SALAD BURRITO Combo SALAD BAR 2 MILK - Variety* Assorted Condiments	Oct - 2 WGR Beef Rib Q Chili Cheese Burrito SALAD CHICKEN CAESAR CHEESEBURGER Combo SALAD BAR 3 MILK - Variety* Assorted Condiments	Oct - 3 Cheeseburger Buddies Chicken Nuggets Chicken Fajita Salad Spicy Chix Strip Combo SALAD BAR 4 MILK - Variety* Assorted Condiments	Oct - 4 Cheezy Bites 6-12 Spicy Chix Strip Salad Chicken Burger Combo SALAD BAR 5 MILK - Variety* Assorted Condiments
Oct - 7 Chicken Burger Mini Corndogs CHINESE CHIX SALAD BURRITO Combo SALAD BAR 1 MILK - Variety* Assorted Condiments	Oct - 8 DELI SANDWICH Bean/Cheese Burrito Taco Salad CORN DOG Combo SALAD BAR 2 MILK - Variety* Assorted Condiments	Oct - 9 Chili Beans & Corn Muffin Stuffed Pizza Pocket Spicy Chix Strip Salad CHEESEBURGER Combo SALAD BAR 3 MILK - Variety* Assorted Condiments	Oct - 10 WGR Carnita/Rice Burrit Chicken Nuggets Chicken Fajita Salad Chicken Burger Combo SALAD BAR 4 MILK - Variety* Assorted Condiments	Oct - 11 WGR French Bread Pizza SOUTHWEST SALAD Spicy Chix Strip Combo SALAD BAR 5 MILK - Variety* Assorted Condiments
Oct - 14 BEEFY NACHOS WGR Hot Dog Taco Salad CORN DOG Combo SALAD BAR 1 MILK - Variety* Assorted Condiments	Oct - 15 Chicken & Gravy Cheeseburger Buddies CHINESE CHIX SALAD BURRITO Combo SALAD BAR 2 MILK - Variety* Assorted Condiments	Oct - 16 Bean/Cheese Burrito Beef/Cheese Taco Stick Spicy Chix Strip Salad CHEESEBURGER Combo SALAD BAR 3 MILK - Variety* Assorted Condiments	Oct - 17 Spaghetti Cheezy Bites 6-12 SOUTHWEST SALAD Spicy Chix Strip Combo SALAD BAR 4 MILK - Variety* Assorted Condiments	Oct - 18 WGR Pizza Wedge Chicken Fajita Salad Chicken Burger Combo SALAD BAR 5 MILK - Variety* Assorted Condiments
Oct - 21 Cheese Quesadilla Crispy Chicken Taco 6-12 Taco Salad CORN DOG Combo SALAD BAR 1 MILK - Variety* Assorted Condiments	Oct - 22 Teriyaki Bowl 6-12 Chicken Nuggets Spicy Chix Strip Salad CHEESEBURGER Combo SALAD BAR 2 MILK - Variety* Assorted Condiments	Oct - 23 Chicken Burger PIZZA MAX STIX CHEESE CHINESE CHIX SALAD BURRITO Combo SALAD BAR 3 MILK - Variety* Assorted Condiments	Oct - 24 Chili Cheese Burrito Bean & Cheese Tostada Chicken Fajita Salad Spicy Chix Strip Combo SALAD BAR 4 MILK - Variety* Assorted Condiments	Oct - 25 WGR Pizza Wedge SOUTHWEST SALAD Chicken Burger Combo SALAD BAR 5 MILK - Variety* Assorted Condiments

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 28 Chicken Nuggets OVEN FRIED CHICKEN Mashed Potatoes/Gravy CHINESE CHIX SALAD CHEESEBURGER Combo SALAD BAR 1 MILK - Variety* Assorted Condiments	Oct - 29 WGR Grilled Cheese Teriyaki Beef Dunkers 6- Taco Salad CORN DOG Combo SALAD BAR 2 MILK - Variety* Assorted Condiments	Oct - 30 WGR Beef Rib Q Stuffed Pizza Pocket SOUTHWEST SALAD SALAD BAR 3 MILK - Variety* Assorted Condiments	Oct - 31 Mini Corndogs Cheeseburger Buddies Chicken Fajita Salad Chicken Burger Combo SALAD BAR 4 MILK - Variety* Assorted Condiments	

This Institution is an equal opportunity provider.

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