



# What's on the Menu?



## FALFURRIAS JUNIOR HIGH & HIGH SCHOOL LUNCH MENUS

WEEK OF October 14th-18<sup>h</sup>

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|--|--|--|---|
| <b>AMERICAN CLASSICS</b>                           |  |  |  |   |
| PIZZA<br>CASSEROLE                                 | CHICKEN<br>NUGGETS   | BEEF<br>MEATBALLS  | BBQ PORK<br>SANDWICH                                   | CHICKEN<br>QUESADILLA   |
| BREAD STICK<br>GLAZED CARROTS                      | DINNER ROLL<br>SWEET<br>POTATOFRIES                                    | ROTINI<br>GREEN BEANS  | BAKED BEANS  | CILANTRO BROWN<br>RICE  |
| <b>2MATO</b>                                       |  |  |  |   |
| CHEESE PIZZA                                       | MEAT LOVERS<br>PIZZA   | CHEESE PIZZA   | CHEESE PIZZA   | CHEESE PIZZA  |
| PEPPERONI PIZZA                                    | PEPPERONI PIZZA  | PEPPERONI PIZZA  | PEPPERONI PIZZA  | PEPPERONI PIZZA   |
| <b>GRILLED</b>                                     |  |  |  |   |
| CHEESEBURGER                                       | CHEESEBURGER   | CHEESEBURGER   | CHEESEBURGER   | CHEESEBURGER  |
| CHICKEN BURGER<br>SANDWICH                         | SPICY CHICKEN<br>BURGER SANDWICH                                       | TOASTED<br>PEPPERONI PANINI                                    | SPICY CHICKEN<br>BURGER SANDWICH                       | CHICKEN BURGER<br>SANDWICH                                      |
| FRENCH FRIES                                       | WAFFLE FRIES   | FRENCH FRIES   | WAFFLE FRIES   | FRENCH FRIES  |
| <b>ON THE GO</b>                                   |  |  |  |   |
| BLUEBERRY<br>PARFAIT<br>CAESAR SALAD<br>W/CROUTONS | PEACH PARFAIT<br>W/GRANOLA<br>HAM & TURKEY<br>CHEF SALAD<br>W/CROUTONS | STRAWBERRY<br>PARFAIT<br>W/GRANOLA<br>POPCORN CHICKEN<br>SALAD | PINEAPPLE PARFAIT<br>W/GRANOLA<br>GARDEN TUNA<br>SALAD | STRAWBERRY<br>PARFAIT<br>W/GRANOLA<br><br>GARDEN<br>TURKEYSALAD |
| <b>EXTRA EXTRA</b>                                 |  |  |  |   |
| FUJI APPLE   | FRESH BANANAS  | FUJI APPLE   | FRESH BANANAS  | FUJI APPLE  |
| PINEAPPLE TIDBITS                                  | PEACHES  | PINEAPPLE<br>TIDBITS   | PEACHES  | CHERRY LEMON<br>SIDE KICKS                                      |
| SPINACH &<br>ROMAINE SALAD                         | CRANBERRY<br>SPINACH SALAD   | SPINACH &<br>ROMAINE SALAD                                     | CRANBERRY<br>SPINACH SALAD                             | SPINACH &<br>ROMAINE SALAD                                      |
| BROCCOLI   | CARROT & CELERY<br>STICKS  | CHERRY TOMATOES  | CARROT A7 CELERY<br>STICKS                             | BROCCOLI<br>FLORETS   |
| CHERRY<br>TOMATOES                                 | ROASTED<br>GARBANZO BEANS  | SWEET CORN<br>SALAD  | ROASTED<br>GARBANZO BEANS                              | CHERRY<br>TOMATOES  |

### SONO BAR DAILY:

**BEEF TACOS, FAJITA CHICKEN, FLOUR TORTILLA, TORTILLA CHIPS, PINTO BEANS, CHEDDAR CHEESE  
ROMAINE LETTUCE, DICED TOMATOES, JALAPENOS, PICO DE GALLO, SOUR CREAM**

**Offered Daily:** Low-fat White Milk or Non-fat Chocolate Milk



*This institution is an equal opportunity provider.*