




GARFIELD RE-2 SCHOOL DISTRICT
November 2024
School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	HARVEST OF THE MONTH
4	5	6	7	 Oranges and Beets Beets Contain almost all vitamins your body needs. Rich in Folate Rich in Manganese Helps in bone formation, metabolism and BRAN function Copper Important mineral that helps with... Oranges 92 % of all Vitamin C in one fruit
Smoothie, Fruit Milk	Muffin / Cheese Stick Fruit Milk	Cinnamon Roll, Fruit	Yogurt Parfait, Fruit	
Popcorn Chicken Cheesy Tater tots Cauliflower Salad Bar Milk	Beef and Bean Burrito Salsa and Cheese Peaches Salad Bar Milk	Cheeseburger Roasted Ranch Potatoes Apples Salad Bar Milk	Spaghetti Garlic Stick Oranges Salad Bar Milk	
11	12	13	14	
Egg and Sausage Muffin	Bagel with Cheese Fruit Milk	Smoothie, Fruit Milk	Muffin, Fruit Milk	
Mozzerella Cheese Sticks Marinara Dip Roasted Zucchini Grapes Salad Bar and Milk	Chicken Sandwich Chips Orange Wedges Salad Bar Milk	Chef's Choice Dinner Roll Grapes Salad Bar Milk	Chef's Choice Corn Apple slices Salad Bar Milk	
18	19	20	21	
Yogurt Granola Fruit Milk	Ultimate Granola Bar, Fruit Milk	Biscuit Sausage Fruit Milk	Smoothie, Fruit Milk	
Chicken with orange sauce Brown Rice Broccoli and Carrots Oranges Salad Bar Milk	Chili Dog Tater tots Corn Apples Salad Bar Milk	Chef's Choice Salad Bar Milk	Chef's Choice Peaches Salad Bar Milk	
25	26	27	28	
Thanksgiving Break				

1%, Fat Free or 1% Chocolate Milk is served with each meal

Meals are Free - Please fill out an application anyway for funding

Garfield RE-2 Nutritional Services

Mary McPhee, Director of Nutrition Services

Adult Meals: Breakfast \$3.00 Lunch \$5.00

970-665-7697

This Institution is an Equal Opportunity Provider