

WELLNESS ASSESSMENT

DELTA CHARTER SCHOOL, MST
300 LYNWOOD DRIVE
FERRIDAY, LA 71334

Name/Job title: Cari Ann Nicholson

Date of Assessment: 9/10/19

	Rating		
1. There is a standard-based nutrition curriculum, health education curriculum, or other curriculum that includes nutrition.	0	1	2
2. All elementary school students receive nutrition education.	0	1	2
3. All middle school students receive nutrition education.	0	1	2
4. All high school students receive nutrition education.	0	1	2
5. Links nutrition education with the school food environment.	0	1	2
6. Nutrition education teaches skills that are behavior focused.	0	1	2
7. Nutrition education is sequential and comprehensive in scope.	0	1	2
8. Addresses access to the USDA School Breakfast program.	0	1	2
9. Addresses compliance with USDA nutrition standards for reimbursable meals.	0	1	2
10. Takes steps beyond those required by law to protect the privacy of students who qualify for free or reduced meals	0	1	2
11. USDA NSLP and School Breakfast Program standards are described in full.	0	1	2
12. Includes strategies to increase participation in school meal programs.	0	1	2
13. Ensures adequate time to eat.	0	1	2
14. Ensures annual training for food and nutrition services in accordance with USDA professional Standards.	0	1	2

	Rating		
15. Addresses school meal environment.	0	1	2
16. Nutrition information for school meals is available to students and parents.	0	1	2
17. Families are provided information about determining eligibility for free or reduced meals.	0	1	2
18. Free drinking water is available during meals.	0	1	2
19. Availability of free drinking water throughout the school day.	0	1	2
20. There is a written physical education curriculum.	0	1	2
21. The written physical education curriculum is aligned with national and/or state physical education standards.	0	1	2
22. Times per week of physical education.	0	1	2
23. Teacher-Student ratio for physical education classes.	0	1	2
24. Qualified teachers for physical education.	0	1	2

CONTACT INFORMATION AT YOUR WORKSITE:

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