

Breakfast

Harvest of the Month:
Maine Apples

OCTOBER 2024

Harpswell, Bowdoin Central & Bowdoinham

Menu Subject to
Change without No-
tice

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pumpkin Bread
Yogurt Tube
Fruit
Milk

2

Breakfast Kit!
Cereal
Juice
Snack
Milk

3

Chocolate Chip
Benefit Bar
Fruit
Milk

4

Vanilla Yogurt
Homemade Granola
Fruit
Milk

7

Pumpkin Bread
Yogurt Tube
Fruit
Milk

8

Homemade Cinnamon
Pancakes
Fruit
Milk

9

Cereal
Fruit
Milk

10

Warm, Freshly Baked
Cinnamon rolls
Fruit
Milk

11

No School
Professional Development
Day

14

No School
Indigenous People Day

15

Breakfast Munchable:
Hard Boiled Egg
Teddy Grahams
Yogurt, Grapes
Milk

16

Zee Bar
Cheese Stick
Fruit
Milk

17

Breakfast Burrito:
Eggs, Cheese
Hashbrown
Juice
Milk

18

Homemade French Toast
Bake
Bananas
Harvest of the Month
– Maine Apples
Milk

23

Breakfast Breaks!
Milk

24

Homemade
Cinnamon Apple Coffee
Cake
Juice
Milk

23

Sausage and Cheese
English Muffin Sandwiches
Fruit Cup
Milk

28

Cocoa Breakfast Bread
Applesauce
Bananas
Milk

29

Homemade
Pumpkin Donuts
Juice
Milk

23

Cereal
Raisins
Fruit
Milk

23

Homemade
Pumpkin Chocolate Chip
Muffins
Clementines
Milk



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PAY FOR MEALS ONLINE
MySchoolBucks.com



