

Lunch
Harvest of the month:
Maine Apples

OCTOBER 2024
Harpwell, Bowdoin Central, Bowdoinham

All menus are subject
to change without
notice

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Evelyn's Award Winning Chicken
Noodle Soup
Dinner Roll
Mixed Fruit
Salad Bar
Milk

2
Chicken Alfredo
Side Salad
Garlic Bread
Fruit
Milk

3
Baked Chicken Drumsticks
Mashed Potatoes
Green Beans
Garlic Knots
Cranberry Sauce
Salad Bar
Milk

4
National Taco Day!
2 Hardshell Beef Tacos
Salsa, Cheese, Sour Cream
Beans & Corn Salad
Fruit
Salad bar
Milk

7
Meatless Monday
3 Cheese Baked Spaghetti
Salad Cups
Dinner Roll
Fruit
Milk

8
Chicken and Waffles
Corn
Fruit
Salad Bar
Milk

9
Pizza – Sausage or Cheese
Veggie Sticks
Oranges or Apples
Roasted Chickpeas
Milk

10
Hotdogs w/ Buns
Baked Beans
Caesar Pasta Salad
Fruit
Salad Bar
Milk

11
No School
Professional
Development Day

14
No School
Indigenous People Day

15
Peglegs (Corn Dogs)
Shark Bait (Goldfish)
Fruit
Salad Bar
Milk

16
Pirate Subs
Turkey & Cheese Italians
Gold Nuggets (Tater Tots)
Fruit
Salad Bar – Peppers, Lettuce,
Pickles, Olives
Milk

17
National Pasta Day
Baked Ziti
Homemade Jumbo Meatballs
Dinner Rolls
Broccoli
Fruit
Milk

18
Fish & Chips
Fish Sandwiches and Fun
Chips
3 Bean Salad
Jello w/ Fish Gummy
Salad Bar
Milk

National School Lunch Week – Pirate Week!

21
Meatless Monday
Tomato Soup
Sourdough Grilled Cheese
Fruit
Salad Bar
Milk

22
Deconstructed
Chicken Pot Pie over egg
noodles
O/S Mixed Veggies
Fruit
Milk

23
Cheese or Hamburgers
Pickle Spears
Potato Wedges
Fruit
Salad Bar
Milk

24
Homemade Meatloaf
Side Mac & Cheese
Steamed Broccoli
Fruit
Salad Bar
Milk

25
English Muffin Pizza
Tater Tots
Fresh Veggies and Dip
Cinnamon Roasted Chickpeas
Salad Bar
Milk

28
Meatless Monday
Pancakes
HOM – Maine Apple
Cinnamon Topping
Hashbrowns
Sausage
Salad Bar
Milk

29
Chicken Fries
Sweet Potato Fries
Mango Chunks
Salad Bar
Milk

30
Salisbury Steak
Mashed Potato
Green Beans
Dinner Roll
Salad Bar
Milk

31
Pizza Munchable:
Pizza flatbreads, cheese &
marinara
Orange Jello Applesauce
Salad Bar
Milk



Meals are free to all students for the 24-25 school year.
Daily options of Sunbutter and Jelly or Turkey and Cheese is available.

Enter details



