

**Breakfast**

**Maine Harvest of  
the Month:  
Maine Apples!**

**OCTOBER 2024  
Williams Cone School**

**Menu subject to  
change without notice**

**MONDAY**



**5**  
Cereal  
Fruit  
Milk

**14**  
**No School  
Indigenous People  
Day**

**21**  
Bagel w/ Cream  
Cheese  
Juice  
Milk

**28**  
Cereal  
Fruit  
Milk

**TUESDAY**

**1**  
Cereal  
Fruit  
Milk

**6**  
Mini  
Blueberry Pancake  
Bites  
Fruit  
Milk

**15**  
Cereal  
Fruit  
Milk

**22**  
Mystery Bag  
Milk

**29**  
**Maine Apples –**  
Old Fashioned Apple  
Pie Oatmeal  
Juice  
Milk

**WEDNESDAY**

**2**  
Tropical Fruit Parfait  
Teddy grahams  
Milk

**7**  
Breakfast Burrito  
\*With Egg  
Juice  
Milk

**16**  
Milk & Cookie  
Smoothie  
Fruit  
Milk

**23**  
Homemade  
Breakfast hot pocket:  
Apple, turkey Sausage and  
Cheddar  
Fruit

**30**  
Pancake on a stick  
Fruit  
Milk

**THURSDAY**

**3**  
Poptarts  
Juice  
Cheese Stick  
Milk

**8**  
Ham & Cheese  
Croissant  
Fruit  
Milk

**17**  
Banana Sushi  
Juice  
Milk

**24**  
Yogurt Cup  
Granola  
Fruit  
Milk

**31**  
Spiderweb Waffles  
Boo Bananas  
Milk

**FRIDAY**

**4**  
Homemade  
Cinnamon Pancakes  
Fruit  
Milk

**9**  
**No School  
Professional  
Development Day!**

**18**  
Morning Glory Muffin  
Fruit  
Milk

**25**  
Sunbutter & Cocoa Muffins  
Juice  
Milk



**All Meals are free to students the 24-25 School Year.**