

2024

OCTOBER

Robertson County Schools Pre-School and Headstart Breakfast Menu

MONDAY

Cinnamon Toast Crunch Cereal
 ½ cup Fruit
 1 cup 1% White Milk

TUESDAY

1 Chicken Sausage Croissant
 ½ cup Fruit
 1 cup 1% White Milk

WEDNESDAY

2 Cinnamon Waffle
 ½ cup Fruit
 1 cup 1% White Milk

THURSDAY

3 Blueberry Muffin
 ½ cup Fruit
 1 cup 1% White Milk

FRIDAY

4 Steak Biscuit
 ½ cup Fruit
 1 cup 1% White Milk



Menus are Subject To Change Due to Unforeseen Circumstances
 For Individual Detailed School Menus and Nutrition information visit
<https://rcstn.nutrislice.com>

This institution is an equal opportunity provider.

For complete USDA Non-Discrimination statement please Visit our website

14 Cinnamon Toast Crunch Cereal
 ½ cup Fruit
 1 cup 1% White Milk

15 Sausage, Egg, and Cheese Burrito
 ½ cup Fruit
 1 cup 1% White Milk

16 Mini Maple Pancakes
 ½ cup Fruit
 1 cup 1% White Milk

17 Blueberry Muffin
 ½ cup Fruit
 1 cup 1% White Milk

18 Chicken Biscuit
 ½ cup Fruit
 1 cup 1% White Milk

21 Cinnamon Waffle
 ½ cup Fruit
 1 cup 1% White Milk

22 Chicken Sausage Croissant
 ½ cup Fruit
 1 cup 1% White Milk

23 Cheerios Cereal
 ½ cup Fruit
 1 cup 1% White Milk

24 Blueberry Muffin
 ½ cup Fruit
 1 cup 1% White Milk

25 Steak Biscuit
 ½ cup Fruit
 1 cup 1% White Milk

28 Cinnamon Toast Crunch Cereal
 ½ cup Fruit
 1 cup 1% White Milk

29 Chicken Sausage Croissant
 ½ cup Fruit
 1 cup 1% White Milk

30 Cinnamon Waffle
 ½ cup Fruit
 1 cup 1% White Milk

31 Blueberry Muffin
 ½ cup Fruit
 1 cup 1% White Milk

Chicken Biscuit
 ½ cup Fruit
 1 cup 1% White Milk