

2024

# OCTOBER

## Robertson County Schools K-12 Lunch Menu Revised 10/2/24

### MONDAY

**Popcorn Chicken**  
**Chef Salads**  
**Wow Butter Sandwich (K-5 only)**  
Dinner Roll (6-12)  
Fresh Baby Carrots w/ Ranch  
Steamed Broccoli  
Fruit and Milk Choices

### TUESDAY

**1** **Taco Meat w/Tortilla Chips**  
**Yogurt Parfait**  
Refried Beans  
Salsa  
Shredded Lettuce  
Diced Onions (6-12 only)  
Fruit and Milk Choices

### WEDNESDAY

**2** **Eggs, Country Steak, and Biscuit**  
**Chef Salads**  
**Grilled Cheese Sandwich**  
Salsa  
Dragon Punch  
Fruit and Milk Choices

### THURSDAY

**3** **Pizza Choices**  
**Turkey Sandwich**  
**Turkey and Cheese Sandwich**  
Corn  
Marinara Sauce  
Fruit and Milk Choices

### FRIDAY

**4** **Regular or Spicy Chicken Sandwich**  
**Turkey Sandwich**  
**Turkey and Cheese Sandwich**  
Baked Beans  
French Fries  
Fruit and Milk Choices



Menus are Subject To Change Due to Unforeseen Circumstances  
For Individual Detailed School Menus and Nutrition information visit  
<https://rcstn.nutrislice.com>

**This institution is an equal opportunity provider.**

For complete USDA Non-Discrimination statement please visit our website

**14** **Chicken Chunks**  
**BBQ Chicken Chunks (6-12 only)**  
**Wow Butter Sandwich (K-5 only)**  
Dinner Roll (6-12)  
Dragon Punch  
Broccoli and Cheese  
Fruit and Milk Choices

**15** **Cheesy Spaghetti and Meatsauce w/Garlic Breadstick**  
**Yogurt Parfait**  
Green Beans  
Sweet Glazed Carrots (6-12 Only)  
Fruit and Milk Choices

**16** **Chicken Cordon Bleu**  
**Grilled Cheese Sandwich**  
Dinner Roll  
Black-Eyed Peas  
Oven Browned Potatoes  
Fruit and Milk Choices

**17** **Pizza Choices**  
**Turkey Sandwich**  
**Turkey and Cheese Sandwich**  
Corn  
Marinara Sauce  
Fruit and Milk Choices

**18** **Hamburger or Cheeseburger**  
**Turkey Sandwich**  
**Turkey and Cheese Sandwich**  
Baked Beans  
Tator Tots  
Lettuce and Tomato Trimmings (6-12)  
Fruit and Milk Choices

**21** **Mandarin Orange Chicken**  
**Chef Salads**  
**Wow Butter Sandwich (K-5 Only)**  
Vegetable Fried Rice  
Steamed Broccoli  
Dragon Punch  
Fruit and Milk Choices

**22** **Cheeseburger Macaroni and Cheese w/ Garlic Breadstick**  
**Yogurt Parfait**  
Sweet Glazed Carrots  
Salad Shaker (6-12)  
Fruit and Milk Choices

**23** **Chicken Parmesan w/ Dinner Roll**  
**Grilled Cheese Sandwich**  
**Chef Salads**  
Green Beans  
Oven Browned Potatoes (6-12)  
Fruit and Milk Choices

**24** **Pizza Choices**  
**Turkey Sandwich**  
**Turkey and Cheese Sandwich**  
Corn  
Marinara Sauce  
Fruit and Milk Choices

**25** **Regular or Spicy Chicken Sandwich**  
**Turkey Sandwich**  
**Turkey and Cheese Sandwich**  
Baked Beans  
French Fries  
Lettuce and Tomato Trimmings (6-12)  
Fruit and Milk Choices

**28** **Chicken and Waffles**  
**Chef Salads**  
**Wow Butter Sandwich (K-5 only)**  
Mashed Potatoes and Gravy  
Green Peas (6-12)  
Fruit and Milk Choices

**29** **Popcorn Chicken**  
**Yogurt Parfait**  
Dinner Roll (6-12)  
Green Beans  
Fresh Broccoli w/ Ranch  
Fruit and Milk Choices

**30** **Mini Chicken Corn Dogs**  
**Grilled Cheese Sandwich**  
**Chef Salads**  
Lima Beans  
Onion Rings  
Marinara Sauce (6-12)  
Fruit and Milk Choices

**31** **Pizza Choices**  
**Turkey Sandwich**  
**Turkey and Cheese Sandwich**  
Corn  
Marinara Sauce  
Fruit and Milk Choices

**Hot Dog**  
**Grilled Cheese Sandwich**  
**Chef Salads**  
Fresh Carrots w/ Ranch  
Veggie Chili  
Baked Beans (6-12 only)  
Fruit and Milk Choices