

OCTOBER 2024

BREAKFAST



This is the weekly breakfast menu for 4K students who eat in their classroom.



Did you know? Dragon Punch Juice is a student favorite. It's made with 100% Juice from Sweet Potato, Apple, Pear, Dragon Fruit, Carrot, Aronia, Celery, Kale, and Spinach.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Banana Bread
Frozen Strawberry Cup
Applesauce
Strawberry Banana Yogurt
Milk Variety

Chocolate Muffin
Dragon Juice
Sliced Apples
String Cheese
Milk Variety

Maple Flavored Waffles
Strawberry Applesauce
Peach Cup
Strawberry Banana Yogurt
Milk Variety

Blueberry Muffin
Peach Cup
Sliced Apples
String Cheese
Milk Variety

Breakfast costs \$1.60.
No charge for students eligible for free or reduced-price meals.
This institution is an equal opportunity provider.

Visit SchoolCafe.com/MMSD for detailed information on our menu items, including allergens and carb counts. This institution is an equal opportunity provider

Milk available daily:

1% White Milk
Skim White Milk

A la carte milk is \$0.50

