

Welcome to the Nurse's Office

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NURSE'S OFFICE CLERK



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Helpful Forms:

[Medication Administration Consent Form](#)

[Inhaler Self-Carry Consent Form](#)

[Epinephrine Self-Carry Consent Form](#)

[Tuberculosis Screening Form](#)

[Wellness Center Consent Form](#)

[Backpack Program Sign-up Form](#)

Helpful Documents:

[Nurse's Office Welcome Letter](#)

[NemoursLink Information](#)

[NemoursLink Sign-up Instructions](#)

[Vision to Learn](#)

[Backpack Program \(English\)](#)

[Backpack Program \(Spanish\)](#)

[Wellness Center Information](#)

Helpful Links:

[CDC Healthy Schools](#)

[Delaware School Immunizations](#)

[Nemours Health Education](#)

[DPH Clinic Services for Children](#)



We hope you had a great summer!

Welcome to a new school year at Caesar Rodney High School! We look forward to working with students, parents/guardians, community healthcare providers, and the faculty of Caesar Rodney High School throughout the year to address any health needs or special concerns that may develop throughout the school year. Please review the following material at your earliest convenience.

IMMUNIZATIONS AND PHYSICALS

According to Delaware laws and regulations, all students entering Delaware schools are required to have physical proof on file of the following:

Immunizations

- 5 or more doses of the DTaP, DTP, or Td vaccine (unless 4th dose was given after the 4th birthday)
- 4 doses of IPV or OPV (unless the 3rd dose was given after the 4th birthday)
- 3 doses of Hepatitis B vaccine
- 2 doses of measles, mumps and rubella vaccine
- 2 doses of Varicella or a written disease history by a licensed healthcare provider
- 9th graders must additionally have 1 dose of Tdap (adult booster) and 1 dose of meningococcal

Health Examination

- Physical within 2 years prior to 9th grade entry—July 1

Tuberculosis Screening

- Completed risk assessment form OR Tuberculin Skin Test (PPD) OR Quantiferon TB gold test

EMERGENCY MEDICAL CARDS

All students must turn in a completed emergency medical card at the beginning of each school year. All emergency medical cards are to be stored in the nurse's office. They will be used to update students' health records and will be referenced in the event of a medical emergency. These cards also include the state-required written consent form for students to receive acetaminophen, ibuprofen, and/or antacids during the school day. If a student does not have an updated and completed emergency medical card on file, the student will not be able to receive medications from the nurse's office. If your student did not already receive a blank emergency medical card, please have your student stop by the nurse's office to obtain one.




STUDENT HEALTH RECORDS

Parents/guardians are asked to keep their student's medical health record up to date by notifying the school nurse of any injuries, hospitalizations, immunizations, dietary or medication changes, additions, discontinuations, or any other concerns. If your child requires any medical accommodations, please provide a note signed by a healthcare provider indicating which accommodation(s) are needed.



MEDICATION ADMINISTRATION

The school nurse may administer prescription medications if a licensed healthcare provider has prescribed it and if the medication has a pharmacy label with the student's name, the medication name, the dosage, and administration instructions, as well as the name and phone number of the pharmacy. All medication must be in its original container and properly labeled with the date of the prescription being in the current school year. In addition, the parent or guardian must sign a Medication Administration Permission Form for each medication.



All changes to medication administration requires an order by your child's health care provider prior to the change taking effect. These changes may include increases or decreases in the amount of medication to be administered, and/or the frequency of administration. A note and/or a faxed prescription from your child's healthcare provider that outlines these changes are acceptable. Your child's healthcare provider can fax the note directly to the nurse's office. If your child is under the care of Nemours and you have signed up for NemoursLink, the school nurse will be able to view medication updates.

Permission for non-prescription, over-the-counter (OTC) medications: Permission for acetaminophen, ibuprofen, and antacids administration is located on the school emergency medical card. If you would like your child to be able to receive any additional OTC medications during the school day, such as an allergy or cold medication, please bring a completed Medication Administration Permission Form (this form can also be completed online) and the medication in its original container to the school. The medication will be stored in the nurse's office and your child will have access to it during the school day on an as-needed basis.

Please note the nurse will only be able to administer OTC medications as directed on the medication's container, unless a signed note with explicit administration instructions from a healthcare provider is provided.



MEDICAL EMERGENCIES

In the event of a medical emergency, it may be necessary to call 911 prior to notifying the student's parent or guardian. In these cases, the student's parent or guardian will be notified as soon as possible. A copy of the student's emergency medical card, as well as any emergency action plans, will be copied and sent to the hospital with the child. Parents are asked to keep all information updated with any changes in care.

SICK DAYS

Please keep your child at home if he/she is experiencing any of the following signs/symptoms:

- Fever of 100.4 F or above (or symptoms like alternating shivering and sweating)
 - Please note: A child sent home from school with a fever is to remain at home and not return to school until they have been fever-free for at least 24 hours without the use of fever-reducing medications.
- Uncontrollable and persistent coughing
- Difficulty breathing, shortness of breath or severe wheezing
- Nausea, vomiting, and/or diarrhea
 - Please note: If your child is sent home from school with vomiting or diarrhea, you should keep the child home the following day or longer if symptoms persist.
- New loss of smell or taste, or a change in taste
- Headache, congestion, or runny nose with no other known cause (such as allergies)
- New rash that lasts longer than one day and/or has discharge
- Open skin wounds with purulent drainage that cannot be contained by a band-aid.
- Swollen joints, stiff neck, and/or visibly enlarged lymph nodes
- Any student diagnosed with chicken pox, infectious conjunctivitis, impetigo, scabies or strep throat will not be permitted to return to school without a clearance note signed by a healthcare provider.

Any student with an active diagnosis of influenza, COVID-19, RSV, and/or any other communicable disease must follow the most up-to-date guidelines recommended by the Center of Disease Control and Prevention (CDC). A copy of these guidelines will be available for review on the CRHS Nurse webpage.



CHRONIC CONDITIONS

If your child has a chronic health condition that requires medical attention/treatment, please provide the school nurse with a copy of the student's medical action plan and/or emergency action plan. These action plans must be completed and signed by a healthcare provider, and countersigned by a parent/guardian.

Students with any of the following conditions must have an emergency action plan on file, dated within the past year:

- Diabetes mellitus
- Persistent asthma
- Seizures
- Severe food/environmental allergy



Parents/guardians of these students should provide the school with at least one dose of each emergency medication in case the student has a medical emergency while at school. If your child understands and is able to demonstrate how and when to use their prescribed epinephrine pen and/or rescue inhaler, they may carry their emergency medication with them during school. In order to do this, a Self-Carry Consent form must be completed and signed by the parent/guardian. The student must also demonstrate to the school nurse how to properly, self-administer their emergency medication.

If your child has a medical condition that requires them to have access to snacks throughout the school day, the snacks must be provided by the parent/guardian. If your child does not have access to an assigned locker, the snacks may be stored in the nurse's office.



NEMOURS LINK

The Caesar Rodney High School nurses have teamed up with Nemours/A.I. Dupont to improve communication with the students' physicians. Nemours has developed an electronic medical record system that school nurses may log into and view pertinent medical information that is needed for your child's medical file at school, but only with parent/guardian permission. If you are interested in participating, please find the additional information and instructions on the CRHS Nurse webpage, or directly contact the nurse



SCHOOL HEALTH SCREENINGS

Hearing, vision, and postural/gait screenings will be conducted by school nurses to students, as required by Delaware state regulations. This includes a vision, hearing, and scoliosis screening for all 9th graders, and 10th graders who were not able to be screened during the last school year. Screenings can also be done upon request.




RESOURCES

Caesar Rodney High School participates in the Food Bank of Delaware's Backpack Program. This program is free, and it provides food to children for weekends and holidays when school is not in session and federal school meal programs are not available. If you are interested in enrolling your child into this program, please complete the Google form found on the CRHS Nurse webpage.

Caesar Rodney High School students also have access to the Wellness Center, as long as they are able to produce a completed consent form signed by their parent/guardian. More information can be found on the Wellness Center webpage.

School nurse-related forms and other information can be found on the CRHS Nurse webpage.



Again, we look forward to working with you and your child during this school year! Please feel free to contact us with any questions.



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