Philomath School District High School Menu 2024-2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Yogurt Parfait V Whole Grain Donuts V Cheesy Garlic Bread w/ Marinara V Assorted Homemade Pizza V P	Assorted Waffles w/Sausage Links P Assorted Breakfast Sandwiches P BBQ Pulled Pork Sandwich DF P Chicken Fajitas	Pancake Sausage Dogs DF Biscuits and Gravy V Carnitas Chili Verde Pork Quesadilla P Mac & Cheese w/Chicken Strips	Freshly Baked Cinnamon Roll V Breakfast Burritos BBQ Chicken Sandwich DF Pancakes, Scrambled Eggs & Pork Sausage Links P	French Toast Sticks & Hashbrowns V Pancake & Sausage Links P Meatloaf w/Mashed Potatoes, Gravy & Roll Chicken Patty Sandwiches & Fries DF
Week 2	Yogurt Parfait V Whole Grain Donuts V BBQ Grilled Chicken Sandwich & Fries Assorted Homemade Pizza V P	Assorted Waffles w/Sausage Links P Assorted Breakfast Sandwiches P Teriyaki Chicken and Rice DF Pulled Pork Cubano Sandwich & Fries P	Pancake Sausage Dogs DF Biscuits and Gravy V Chicken Cordon Blue Sandwich w/ Fries P Cheeseburger Mac & Cheese w/ Roll	Freshly Baked Cinnamon Roll V Breakfast Burritos Chicken Parmesan Over Pasta Corndog & Fries DF	French Toast Sticks & Hashbrowns V Pancake & Sausage Links P Country Fried Chicken Bowl Hamburgers DF or Cheeseburgers & Fries
Week 3	Yogurt Parfait V Whole Grain Donuts V Assorted Homemade Pizza V P Bean & Cheese Enchiladas V	Assorted Waffles w/Sausage Links P Assorted Breakfast Sandwiches P Hotdog & Fries DF Carolina BBQ Rubbed Chicken w/ Mashed Potatoes & Cornbread	Pancake Sausage Dogs DF Biscuits and Gravy V Meatball Sub Sandwich Spaghetti & Meat Sauce w/ Breadsticks DF	Freshly Baked Cinnamon Roll V Breakfast Burritos Southwest Chicken Quesadillas Pancakes, Scrambled Eggs & Pork Sausage Links P	French Toast Sticks & Hashbrowns V Pancake & Sausage Links P Beef Patty w/Mashed Potatoes, Gravy & Roll Chicken Patty Sandwiches & Fries DF
Week 4	Yogurt Parfait V Whole Grain Donuts V Pulled Pork Cubano Sandwich & Fries P Assorted Homemade Pizza V P	Assorted Waffles w/Sausage Links P Assorted Breakfast Sandwiches P Corndog and Fries DF Chicken Stir Fry	Pancake Sausage Dogs DF Biscuits and Gravy V Chicken Gravy w/Mashed Potatoes & Roll Bean & Cheese Burrito with Chips & Cheese V	Freshly Baked Cinnamon Roll V Breakfast Burritos Chicken Alfredo w/ Garlic Bread Mini Corndog & Pretzel w/Cheese	French Toast Sticks & Hashbrowns V Pancake & Sausage Links P Country Fried Chicken Bowl Hamburgers DF or Cheeseburgers & Fries

Under the Community Eligibility Provision from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free reimbursable breakfast and lunch, regardless of income.

Families do not need to fill out free and reduced lunch applications for these benefits.

Reimbursable Meals:

Breakfast: At least 3 food items being offered including at least 1/2 cup of a fruit or vegetable.

Lunch: At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.

Meal Components: Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit LINQ Connect Portal, or cash and check are also accepted at our schools.

Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact:
nutrition.services@philomath.k12.or.us

Menus are subject to change, please refer to school day calendar for days in session

Dietary Key:
GF: Does not contain gluten ingredients
DF: Does not contain dairy ingredients
P: Contains Pork
V: Vegetarian
Fruit & Vegetable always GF DF

Offered Daily

Breakfast: Assorted Cereal GF, Assorted Benefit Bars V, Assorted Muffins V, Fresh Fruit or Juice, Milk

Lunch: Peanut Butter & Jelly V, Assorted Sandwiches, Assorted Pack Meals V, Full Salad Bar, Assorted Fruit, Milk

September 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2023

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2023

S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2024

S	M	T	W	T	F	S
			1	2	3	4
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2024

S	M	T	W	T	F	S
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2	3	4	5	6	7	8
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16	17	18	19	20	21	22
23	24	25	26	27	28	1

March 2024

S	M	T	W	T	F	S
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2024

S	M	T	W	T	F	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

This Institution is an equal opportunity provider.