


# TCMS Menu

# October 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Salad Shakers available daily at lunch.</b>  <b>Assorted Fruit &amp; Milk available daily at breakfast &amp; lunch.</b>  <b>Assorted cereal, cereal bars &amp; juice available daily at breakfast.</b></p>		<p><b>Grab &amp; Go Menu available at Lunch</b>                      PBJ Combo and Ham &amp; Cheese Combo plates available daily.                      Salad Combo: M/W/F- Crispy Chicken Salad, Tuesday/Thursday- Chef Salad</p>		
	<p><b>1 BREAKFAST PIZZA</b>                      Smart Mouth Pizza/Marinara                      Corn Dogs/French Fries                      Beef &amp; Cheese Nachos                      Mexicali Corn                      Lettuce &amp; Tomato Cup                      Sour Cream / Salsa                      Veggie Cup</p>	<p><b>2 MINI PANCAKES</b>                      Smart Mouth Pizza/Marinara                      Spicy Chicken Sandwich/Fries                      Hamburger Steak &amp; Gravy                      Homemade Rolls                      Mashed Potatoes                      Green Beans                      Veggie Cup</p>	<p><b>3 YOGURT &amp; GRAHAMS</b>                      Smart Mouth Pizza/Marinara                      Popcorn Chicken                      Boneless Hot Wings                      Assorted Dipping Sauces                      Texas Toast                      French Fries                      Carrot &amp; Celery Sticks</p>	<p><b>4 CINNI MINIS</b>                      Smart Mouth Pizza/Marinara                      Hamburger &amp; Cheeseburger                      Lettuce/Tomato/Pickle                      Tater Tots                      Baked Beans                      Treat</p>
<p><b>~No School ~ FALL BREAK ~No School~</b></p>				
<p><b>14</b>                       Teacher Workday                       No School</p>	<p><b>15 SAUSAGE BISCUIT</b>                      Smart Mouth Pizza/Marinara                      Chicken Sandwich/Waffle Fries  <b>Brunch for Lunch</b>                      Sausage Links                      Biscuit/French Toast Sticks                      Hashbrowns                      Veggie Cup</p>	<p><b>16 MUFFINS</b>                      Smart Mouth Pizza/Marinara                      BBQ Chicken /Texas Toast                      Ham &amp; Cheese Sub Sandwiches                      Lettuce/Tomato/Pickle                      Assorted Chips                      Green Beans/Mashed Potatoes                      Celery Sticks &amp; Ranch                      Cinnamon Rolls</p>	<p><b>17 PANCAKE PUP</b>                      Smart Mouth Pizza/Marinara                      Chicken &amp; Waffles                      Potato Wedges                      Whole Kernel Corn                      Carrot &amp; Celery Sticks</p>	<p><b>18 MINI WAFFLES</b>                      Smart Mouth Pizza/Marinara                      Bacon Cheeseburger/ Corndog                      Lettuce/Tomato/Pickle                      French Fries                      Meaty Baked Beans                      Treat</p>
<p><b>21 CHICKEN BISCUIT</b>                      Smart Mouth Pizza/Marinara                      Chicken Sandwich                      Baked Spaghetti                      Garlic Breadsticks                      Broccoli &amp; Cheese                      Lettuce/Tomato/Pickle                      Waffle Fries</p>	<p><b>22 BREAKFAST PIZZA</b>                      Smart Mouth Pizza/Marinara                      Hot Dogs/French Fries                      Beef &amp; Cheese Nachos                      Mexicali Corn                      Lettuce &amp; Tomato Cup                      Sour Cream / Salsa                      Veggie Cup</p>	<p><b>23 MINI PANCAKES</b>                      Smart Mouth Pizza/Marinara                      Spicy Chicken Sandwich/Fries                      Hamburger Steak &amp; Gravy                      Homemade Rolls                      Mashed Potatoes                      Green Beans                      Veggie Cup</p>	<p><b>24 DONUTS</b>                      Smart Mouth Pizza/Marinara                      Popcorn Chicken                      Boneless Hot Wings                      Assorted Dipping Sauces                      Texas Toast                      Side Winders / Baked Beans                      Carrot &amp; Celery Sticks</p>	<p><b>25 CINNI MINIS</b>                      Smart Mouth Pizza/Marinara                      Chili/Cheese/Crackers                      Hamburger/Cheeseburger                      Lettuce/Tomato/Pickle                      French Fries                      Whole Kernel Corn                      Treat</p>
<p><b>28 PANCAKE BITES</b>                      Smart Mouth Pizza/Marinara                      General Tso's Chicken w/ Rice                      Chicken Sandwich                      Lettuce/Tomato/Pickle                      Vegetable Spring Rolls                      Stir-Fry Vegetables                      Waffle Fries</p>	<p><b>29 SAUSAGE BISCUIT</b>                      Smart Mouth Pizza/Marinara                      Mini Corn Dogs/French Fries  <b>Brunch for Lunch</b>                      Sausage Links                      Biscuit/French Toast Sticks                      Hashbrown Patty                      Veggie Cup</p>	<p><b>30 MUFFINS</b>                      Smart Mouth Pizza/Marinara                      Ham &amp; Cheese Croissants                      Oven Fried Chicken /Roll                      Black Eyed Peas                      Collard Greens                      Side Winders                      Veggie Cup</p>	<p><b>31 PANCAKE PUP</b>                      Smart Mouth Pizza/Marinara                      Chicken &amp; Waffles                      Potato Wedges                      Whole Kernel Corn                      Carrot &amp; Celery Sticks</p>	<p><b>Nov 1st</b>   <b>MINI WAFFLES</b>                      Smart Mouth Pizza/Marinara                      Hamburger &amp; Cheeseburger                      Lettuce/Tomato/Pickle                      French Fries                      Meaty Baked Beans                      Treat</p>

\*\*Menu subject to change based on food availability.\*\*

This institution is an equal opportunity provider.