

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
10/01/24 - ServingDate: 10/01/2024																			
Beef Taco Stick - LR1318 (1 ea.)	0	345.01	12.82	8.35	0.00	52.41	630.69	31.87	3.85	0.81	(M)	20.07	2.77	328.80	252.00	6.37	(M)	(M)	(M)
Elote Corn Salad, 60 serv - LR1623 (1/2 c.)	0	140.49	7.71	1.28	0.00	1.00	152.96	18.52	2.21	7.10	0.00(M)	2.49	0.10(M)	18.26 (M)	158.15 (M)	0.06(M)	0.00(M)	3.25(M)	0.00(M)
Oranges - LR1122 (1 ea.)	0	42.00	0.00	0.00	0.00	0.00	0.00	11.00	2.00	8.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sour Cream, Rockview 5# - LR1691 (3 1/2 ounces)	0	193.00	18.00	11.00	0.00	68.00	104.00	5.00	0.00	4.00	0.00	3.00	0.00	110.00	700.00	0.60	0.00	0.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/02/24 - ServingDate: 10/02/2024																			
Chicken, Tenders, 150/3ea, Tyson - LR1225 (3 ea.)	0	260.00	15.00	2.50	0.00	25.00	390.00	16.00	3.00	1.00	(M)	15.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
Waffle, Belgian, 8/9ct pkg, 72/2.5oz - LR1589 (1 waffle)	0	180.00	6.00	1.00	0.00	30.00	370.00	27.00	1.00	6.00	0.00	3.00	0.36	40.00	0.00	0.00	0.00	0.00	0.00
Copy of Orange Glazed Carrots I-13A - LR1444 (1/3 c.)	0	28.26	1.87	0.66	0.00	0.00	120.87	2.77	0.71	1.34	0.00(M)	0.30	0.28(M)	12.19 (M)	4830.77 (M)	1.15(M)	0.00(M)	0.05(M)	4.73(M)
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	13.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Syrup, Cup, Goldstar, 100/1.5oz, - LR1861 (1 ea.)	0	130.00	0.00	0.00	0.00	0.00	40.00	31.00	0.00	22.00	22.00	0.00	0.00	0.00	(M)	(M)	0.00	0.00	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/03/24 - ServingDate: 10/03/2024																			
Breadsticks, Cheese, 56/2ct - LR1603 (2 breadstick)	0	280.00	12.00	4.00	0.00	30.00	540.00	30.00	2.00	2.00	0.00	14.00	1.44	200.00	600.00	0.00	0.00	0.00	0.00
Green Beans - LR1110 (1/2 c.)	0	20.00	0.00	0.00	0.00	0.00	380.00	3.00	1.00	1.00	(M)	1.00	0.36	(M)	300.00	2.40	(M)	100.00	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
10/01/24 - ServingDate: 10/01/2024	
Beef Taco Stick - LR1318 (1 ea.)	(M)
Elote Corn Salad, 60 serv - LR1623 (1/2 c.)	(M)
Oranges - LR1122 (1 ea.)	(M)
Sour Cream, Rockview 5# - LR1691 (3 1/2 ounces)	0.00
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/02/24 - ServingDate: 10/02/2024	
Chicken, Tenders, 150/3ea, Tyson - LR1225 (3 ea.)	(M)
Waffle, Belgian, 8/9ct pkg, 72/2.5oz - LR1589 (1 waffle)	0.00
Copy of Orange Glazed Carrots I-13A - LR1444 (1/3 c.)	0.01(M)
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	(M)
Syrup, Cup, Goldstar, 100/1.5oz, - LR1861 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/03/24 - ServingDate: 10/03/2024	
Breadsticks, Cheese, 56/2ct - LR1603 (2 breadstick)	0.00
Green Beans - LR1110 (1/2 c.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
10/03/24 - ServingDate: 10/03/2024																			
Sauce, Spaghetti - LR1364 (4 ounces)	0	45.00	1.00	0.00	0.00	0.00	140.00	9.00	1.00	7.00	(M)	1.00	0.72	20.00	400.00	2.40	(M)	(M)	(M)
Fresh Strawberries - LR1238 (1/2 c.)	0	0.00	0.00	0.00	0.00	0.00	0.02	0.12	0.03	0.07	(M)	0.01	0.01	0.24	0.18	0.88	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/04/24 - ServingDate: 10/04/2024																			
Taco, CrispUps, Beef and Cheese, 53srv/2 Tacos - LR1886 (2 tacos)	0	360.00	24.00	9.00	0.00	50.00	660.00	24.00	2.00	2.00	0.00	14.00	2.00	434.00	(M)	(M)	2.00	260.00	(M)
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	0	55.83	1.67	0.33	0.00	0.00	142.92	9.00	1.50	3.50	(M)	1.75	0.09(M)	0.00(M)	116.67 (M)	0.60(M)	(M)	25.00 (M)	(M)
Pears, Diced, Cnd, 6/10#, 138sv - LR1035 (1/2 c.)	0	80.00	0.00	0.00	0.00	0.00	5.00	19.00	2.00	(M)	(M)	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/07/24 - ServingDate: 10/07/2024																			
Grilled Cheese - LR1006 (1 ea.)	0	280.00	9.91	5.56	0.00	31.85	580.79	30.96	3.00	5.65	(M)	18.55	1.64	465.89	523.96	0.00	(M)	(M)	(M)
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	0	90.00	1.00	0.00	0.00	0.00	140.00	16.00	3.00	6.00	(M)	4.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	1.00	18.00	(M)	0.00	0.24	4.18	30.32	22.17	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)

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Item Name (Serving Size)	Ash (g)
10/03/24 - ServingDate: 10/03/2024	
Sauce, Spaghetti - LR1364 (4 ounces)	(M)
Fresh Strawberries - LR1238 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/04/24 - ServingDate: 10/04/2024	
Taco, CrispUps, Beef and Cheese, 53srv/2 Tacos - LR1886 (2 tacos)	(M)
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	(M)
Pears, Diced, Cnd, 6/10#, 138sv - LR1035 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/07/24 - ServingDate: 10/07/2024	
Grilled Cheese - LR1006 (1 ea.)	(M)
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0.00(M)
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)

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Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
10/08/24 - ServingDate: 10/08/2024																			
Chicken Taquito - LR1302 (1 ea.)	0	227.00	4.00	0.50	0.00	55.00	226.00	27.00	5.20	0.00	0.00	22.00	1.76	52.00	12.00	0.00	(M)	(M)	(M)
Fiesta Corn - LR1497 (1/2 c.)	0	88.45	3.51	0.62	0.00	0.00	35.81	15.59	1.81	6.35	(M)	1.81	0.01	0.44	107.62	0.69	(M)	1.32(M)	(M)
Green Apple - LR1098 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	0.00	25.00	4.00	19.00	(M)	0.00	0.36	20.00	100.00	9.00	(M)	(M)	(M)
Salsa - LR1136 (2 tbsp.)	0	10.00	0.00	0.00	0.00	0.00	35.00	2.00	1.00	1.00	(M)	0.00	0.36	0.00	100.00	4.80	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/09/24 - ServingDate: 10/09/2024																			
Pretzel Dog, Chicken, 60ct - LR1602 (1 pkg.)	0	330.00	8.50	2.00	0.00	20.00	600.00	40.50	5.00	5.00	0.00	15.00	0.54	80.00	6.00	100.00	0.00	0.00	0.00
Potato, Tater Tots, 6/5#bag, 156 serv - LR1681 (8 tots)	0	130.00	6.00	1.00	0.00(M)	0.00	310.00	16.00	2.00	0.00	0.00(M)	2.00	0.36	0.00	0.00	3.60	0.00(M)	200.00	(M)
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	13.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Ketchup - LR1104 (1 tbsp.)	0	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard Packets - 500ct - LR1542 (1 packet)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/10/24 - ServingDate: 10/10/2024																			
Pizza, French Bread Pep, 60ct, Tony's - LR1489 (1 serv.)	0	350.00	16.00	8.00	0.00	50.00	640.00	35.00	0.00	5.00	2.00	19.00	2.50	330.00	0.00	0.00	0.00	0.00	0.00
Green Beans - LR1110 (1/2 c.)	0	20.00	0.00	0.00	0.00	0.00	380.00	3.00	1.00	1.00	(M)	1.00	0.36	(M)	300.00	2.40	(M)	100.00	(M)
Fresh Strawberries - LR1238 (1/2 c.)	0	0.00	0.00	0.00	0.00	0.00	0.02	0.12	0.03	0.07	(M)	0.01	0.01	0.24	0.18	0.88	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
10/08/24 - ServingDate: 10/08/2024	
Chicken Taquito - LR1302 (1 ea.)	(M)
Fiesta Corn - LR1497 (1/2 c.)	(M)
Green Apple - LR1098 (1 ea.)	(M)
Salsa - LR1136 (2 tbsp.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/09/24 - ServingDate: 10/09/2024	
Pretzel Dog, Chicken, 60ct - LR1602 (1 pkg.)	0.00
Potato, Tater Tots, 6/5#bag, 156 serv - LR1681 (8 tots)	(M)
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	(M)
Ketchup - LR1104 (1 tbsp.)	(M)
Mustard Packets - 500ct - LR1542 (1 packet)	0.00
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/10/24 - ServingDate: 10/10/2024	
Pizza, French Bread Pep, 60ct, Tony's - LR1489 (1 serv.)	0.00
Green Beans - LR1110 (1/2 c.)	(M)
Fresh Strawberries - LR1238 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
10/10/24 - ServingDate: 10/10/2024																				
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	
10/11/24 - ServingDate: 10/11/2024																				
Beef, Cheeseburger, IW, 75ct - LR1293 (1 Piece/Port)	0	334.80	12.36	5.04	0.00	45.60	490.80	36.12	3.24	4.80	(M)	21.24	3.00	144.00	240.00	0.00	(M)	(M)	(M)	
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	0	55.83	1.67	0.33	0.00	0.00	142.92	9.00	1.50	3.50	(M)	1.75	0.09(M)	0.00(M)	116.67 (M)	0.60(M)	(M)	25.00 (M)	(M)	
Pears, Diced, Cnd, 6/10#, 138sv - LR1035 (1/2 c.)	0	80.00	0.00	0.00	0.00	0.00	5.00	19.00	2.00	(M)	(M)	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)	
Ketchup - LR1104 (1 tbsp.)	0	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	
10/21/24 - ServingDate: 10/21/2024																				
Chicken Salad, Canned, 144 serv - LR1891 (2 1/2 oz.)	0	69.21	5.01	1.00	0.00(M)	0.00	170.03	5.72	0.12	0.07(M)	0.00(M)	0.05	0.10(M)	4.81(M)	10.10 (M)	0.17(M)	0.00(M)	10.44 (M)	0.00(M)	
Tuna Salad, 144 serv - LR1512 (2 1/2 oz.)	0	159.21	5.51	1.00	0.00(M)	45.00	520.03	5.72	0.12	0.07(M)	0.00(M)	21.05	1.10(M)	30.81 (M)	10.10 (M)	0.17(M)	2.20(M)	190.44 (M)	(M)	
Tostitos Scoops - LR1022 (1 Bag)	0	110.00	2.50	0.00	0.00	0.00	125.00	19.00	2.00	0.00	(M)	2.00	0.36	20.00	0.00	0.00	(M)	(M)	(M)	
Aloha Roll - LR1024 (1 ea.)	0	80.00	1.00	0.00	0.00	0.00	120.00	15.00	1.00	3.00	3.00	2.00	0.70	0.00	(M)	(M)	0.00	40.00	(M)	
Three Bean Salad E-11 - LR1442 (1/4 c.)	0	33.62	1.49	0.21	0.00(M)	0.00	99.94	4.35	1.38	0.17(M)	0.00(M)	1.54	0.37	10.45 (M)	50.70	0.48	0.00(M)	16.89 (M)	0.00(M)	
Raisels, Watermelon Shock, 200/1.66oz - LR1740 (1 pkg.)	0	160.00	0.00	0.00	0.00	0.00	5.00	37.00	2.00	31.00	0.00	1.00	0.36	300.00	0.00	24.00	0.00	0.00	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
 Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
10/10/24 - ServingDate: 10/10/2024	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/11/24 - ServingDate: 10/11/2024	
Beef, Cheeseburger, IW, 75ct - LR1293 (1 Piece/Port)	(M)
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	(M)
Pears, Diced, Cnd, 6/10#, 138sv - LR1035 (1/2 c.)	(M)
Ketchup - LR1104 (1 tbsp.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/21/24 - ServingDate: 10/21/2024	
Chicken Salad, Canned, 144 serv - LR1891 (2 1/2 oz.)	0.00(M)
Tuna Salad, 144 serv - LR1512 (2 1/2 oz.)	(M)
Tostitos Scoops - LR1022 (1 Bag)	(M)
Aloha Roll - LR1024 (1 ea.)	(M)
Three Bean Salad E-11 - LR1442 (1/4 c.)	0.00(M)
Raisels, Watermelon Shock, 200/1.66oz - LR1740 (1 pkg.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
10/22/24 - ServingDate: 10/22/2024																				
Quesadilla, Two Cheese, Green Chile, IW, 48ct - LR1734 (1 ea.)	0	321.99	13.98	6.91	0.00	40.19	403.01	32.19	4.43	1.07	0.00	16.83	2.46	310.71	393.46	2.17	0.00	207.65	0.00	
Fiesta Corn - LR1497 (1/2 c.)	0	88.45	3.51	0.62	0.00	0.00	35.81	15.59	1.81	6.35	(M)	1.81	0.01	0.44	107.62	0.69	(M)	1.32(M)	(M)	
Pear - LR1188 (1 ea.)	0	111.51	0.28	0.00	0.00	0.00	1.77	26.57	5.49	0.00	(M)	0.69	0.34	15.93	49.56	7.79	(M)	(M)	(M)	
Sour Cream, Rockview 5# - LR1691 (3 1/2 ounces)	0	193.00	18.00	11.00	0.00	68.00	104.00	5.00	0.00	4.00	0.00	3.00	0.00	110.00	700.00	0.60	0.00	0.00	0.00	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	
10/23/24 - ServingDate: 10/23/2024																				
Pork Rib-B-Que - LR1270 (1 ea.)	0	151.00	9.50	3.30	0.00	45.00	358.00	3.60	0.00	(M)	(M)	12.00	0.60	17.00	175.00	0.00	(M)	(M)	(M)	
Roll, Dinner, Artisan, 2oz/144ct - LR1625 (1 roll.)	0	160.00	2.00	0.00	0.00	0.00	270.00	34.00	5.00	3.00	0.00	5.00	1.80	40.00	0.00	4.80	0.00	0.00	0.00	
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Mashed Potatoes - LR1165 (1/2 c.)	0	79.20	1.36	0.23	0.00	0.09	309.63	15.22	1.35	0.37	(M)	1.66	0.26	8.10	0.00	3.23	(M)	(M)	(M)	
Applesauce, Cnd, 6/#10 - LR1003 (1/2 c.)	0	50.00	0.00	0.00	0.00	0.00	15.00	15.00	2.00	11.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sauce, BBQ, 4GL/cs - LR1380 (2 tablespoon)	0	25.00	0.00	0.00	0.00	0.00	310.00	5.00	0.00	4.00	(M)	0.00	0.00	3.00	0.00	0.00	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	
10/24/24 - ServingDate: 10/24/2024																				
Lunch Kit, Pepperoni Pizza, 48ct/5.58oz - LR1887 (1 ea.)	0	350.00	13.00	5.00	0.00	45.00	840.00	41.00	4.00	5.00	0.00	20.00	3.00	399.00	(M)	(M)	6.00	290.00	(M)	

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL

Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
10/22/24 - ServingDate: 10/22/2024	
Quesadilla, Two Cheese, Green Chile, IW, 48ct - LR1734 (1 ea.)	2.39
Fiesta Corn - LR1497 (1/2 c.)	(M)
Pear - LR1188 (1 ea.)	(M)
Sour Cream, Rockview 5# - LR1691 (3 1/2 ounces)	0.00
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/23/24 - ServingDate: 10/23/2024	
Pork Rib-B-Que - LR1270 (1 ea.)	(M)
Roll, Dinner, Artisan, 2oz/144ct - LR1625 (1 roll.)	0.00
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0.00(M)
Mashed Potatoes - LR1165 (1/2 c.)	(M)
Applesauce, Cnd, 6/#10 - LR1003 (1/2 c.)	(M)
Sauce, BBQ, 4GL/cs - LR1380 (2 tablespoon)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/24/24 - ServingDate: 10/24/2024	
Lunch Kit, Pepperoni Pizza, 48ct/5.58oz - LR1887 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
10/24/24 - ServingDate: 10/24/2024																			
Baby Carrots - LR1125 (1 ea.)	0	16.00	0.06	0.01	0.00	0.00	35.00	3.74	1.32	2.00	(M)	0.29	0.40	14.50	6255.00	1.18	(M)	(M)	(M)
Produce, Grapes, IW, 100ct/3oz - LR1889 (1 Bag)	0	60.00	0.00	0.00	0.00	0.00	10.00	15.00	1.00	13.00	(M)	0.00	0.00	10.00	0.00	1.20	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/25/24 - ServingDate: 10/25/2024																			
Chicken Corn Dog - LR1105 (1 ea.)	0	238.00	9.20	2.50	0.00	40.00	690.00	27.80	2.30	7.60	(M)	11.60	1.40	25.00	120.00	0.00	(M)	(M)	(M)
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	0	55.83	1.67	0.33	0.00	0.00	142.92	9.00	1.50	3.50	(M)	1.75	0.09(M)	0.00(M)	116.67 (M)	0.60(M)	(M)	25.00 (M)	(M)
Pears, Diced, Cnd, 6/10#, 138sv - LR1035 (1/2 c.)	0	80.00	0.00	0.00	0.00	0.00	5.00	19.00	2.00	(M)	(M)	0.00	0.00	0.00	0.00	(M)	(M)	(M)	(M)
Ketchup - LR1104 (1 tbsp.)	0	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard Packets - 500ct - LR1542 (1 packet)	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/28/24 - ServingDate: 10/28/2024																			
Teriyaki Beef Dunkers - LR1283 (4 ea.)	0	152.00	6.50	2.60	0.00	39.00	344.00	10.00	0.00	0.00	(M)	13.60	1.70	37.00	74.00	0.00	(M)	(M)	(M)
Rice Pilaf - LR1113 (1/2 c.)	0	116.79 (M)	4.19(M)	1.33(M)	0.00(M)	0.00(M)	39.29 (M)	17.73 (M)	0.52(M)	0.00(M)	(M)	1.57(M)	0.03(M)	0.03(M)	166.67 (M)	0.00(M)	(M)	(M)	(M)
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0	0.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	0	90.00	1.00	0.00	0.00	0.00	140.00	16.00	3.00	6.00	(M)	4.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	1.00	18.00	(M)	0.00	0.24	4.18	30.32	22.17	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
10/24/24 - ServingDate: 10/24/2024	
Baby Carrots - LR1125 (1 ea.)	(M)
Produce, Grapes, IW, 100ct/3oz - LR1889 (1 Bag)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/25/24 - ServingDate: 10/25/2024	
Chicken Corn Dog - LR1105 (1 ea.)	(M)
Canned Mixed Veggies, 96 serv - LR1469 (1/2 c.)	(M)
Pears, Diced, Cnd, 6/10#, 138sv - LR1035 (1/2 c.)	(M)
Ketchup - LR1104 (1 tbsp.)	(M)
Mustard Packets - 500ct - LR1542 (1 packet)	0.00
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/28/24 - ServingDate: 10/28/2024	
Teriyaki Beef Dunkers - LR1283 (4 ea.)	(M)
Rice Pilaf - LR1113 (1/2 c.)	(M)
New Salad Bar, 100 servings - LR1779 (3/4 c.)	0.00(M)
Peas, Cnd, 6/10#, 144sv - LR1036 (1/2 c.)	(M)
Applesauce, Cup, 96ct, USDA - LR1119 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
10/28/24 - ServingDate: 10/28/2024																			
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/29/24 - ServingDate: 10/29/2024																			
Cheese Sauce, 6/5#, 126/4oz, JTM - LR1585 (3.8 ounces)	0	182.00	10.00	6.00	0.00	38.00	762.00	10.00	0.00	8.00	0.00	12.00	0.00	374.00	489.00	0.00	0.00	0.00	0.00
Tortilla Chips - LR1203 (2 oz.)	0	280.00	12.00	2.00	0.00	0.00	200.00	38.00	6.00	0.00	(M)	4.00	3.60	80.00	200.00	0.00	(M)	(M)	(M)
Beans, Texas Ranchero, 138/4oz serv - LR1683 (4 oz.)	0	110.00	0.50	0.00	0.00	0.00	490.00	20.00	5.00	1.00	0.00	6.00	2.00	42.00	0.00	0.00	0.00	400.00	(M)
Oranges - LR1122 (1 ea.)	0	42.00	0.00	0.00	0.00	0.00	0.00	11.00	2.00	8.00	(M)	1.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Salsa - LR1136 (2 tbsp.)	0	10.00	0.00	0.00	0.00	0.00	35.00	2.00	1.00	1.00	(M)	0.00	0.36	0.00	100.00	4.80	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/30/24 - ServingDate: 10/30/2024																			
Pasta Meat Sauce, 50 portions, 1/2cup - LR1365 (1/2 c.)	0	273.87	14.73	5.32	0.96(M)	80.00	178.91	8.22	1.42	4.91(M)	(M)	26.18	3.76	54.99	367.34	2.90	(M)	(M)	(M)
Spaghetti - LR1247 (1/2 c.)	0	92.00	1.00	0.00	0.00	0.00	3.00	18.00	3.00	(M)	(M)	3.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Green Beans - LR1110 (1/2 c.)	0	20.00	0.00	0.00	0.00	0.00	380.00	3.00	1.00	1.00	(M)	1.00	0.36	(M)	300.00	2.40	(M)	100.00	(M)
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	13.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)
10/31/24 - ServingDate: 10/31/2024																			
Chicken, Nugget, Bat, 4ea/50serv - LR1466 (4 Piece)	0	164.00	8.50	1.00	0.00	27.00	399.00	13.50	1.00	1.50	(M)	13.50	1.98	50.00	100.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL

Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
10/28/24 - ServingDate: 10/28/2024	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/29/24 - ServingDate: 10/29/2024	
Cheese Sauce, 6/5#, 126/4oz, JTM - LR1585 (3.8 ounces)	0.00
Tortilla Chips - LR1203 (2 oz.)	(M)
Beans, Texas Ranchero, 138/4oz serv - LR1683 (4 oz.)	(M)
Oranges - LR1122 (1 ea.)	(M)
Salsa - LR1136 (2 tbsp.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/30/24 - ServingDate: 10/30/2024	
Pasta Meat Sauce, 50 portions, 1/2cup - LR1365 (1/2 c.)	(M)
Spaghetti - LR1247 (1/2 c.)	(M)
Green Beans - LR1110 (1/2 c.)	(M)
Peaches, Diced, Cnd, 6/10#, 144/4oz - LR1032 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)
10/31/24 - ServingDate: 10/31/2024	
Chicken, Nugget, Bat, 4ea/50serv - LR1466 (4 Piece)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
10/31/24 - ServingDate: 10/31/2024																				
Pumpkin Cookie - LR1317 (1 ea.)	0	130.00	4.50	1.00	0.00	10.00	100.00	22.00	1.00	1.00	6.00	2.00	1.00	7.00	(M)	(M)	0.00	32.90	(M)	
Carrots, Cnd, 6/10#, 223sv - LR1404 (1/4 c.)	0	14.00	0.11	0.02	0.00	0.00	137.21	3.14	0.85	1.41	(M)	0.36	0.36	14.17	6333.28	1.53	(M)	(M)	(M)	
Fruit, Fzn, Bat, Orange, Rosati, 90ct - LR1468 (1 c.)	0	99.00	0.00	0.00	0.00	0.00	15.00	25.00	0.00	25.00	0.00	0.00	0.00	0.00	0.00	12.00	0.00	0.00	0.00	
Ketchup - LR1104 (1 tbsp.)	0	20.00	0.00	0.00	0.00	0.00	160.00	5.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	0	120.00	0.00	0.00	0.00	5.00	200.00	23.00	0.00	22.00	(M)	7.00	0.36	300.00	500.00	2.40	5.00	(M)	(M)	

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Elementary
Menu Line: Main
Serving Group: K-5
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
 Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
10/31/24 - ServingDate: 10/31/2024	
Pumpkin Cookie - LR1317 (1 ea.)	(M)
Carrots, Cnd, 6/10#, 223sv - LR1404 (1/4 c.)	(M)
Fruit, Fzn, Bat, Orange, Rosati, 90ct - LR1468 (1 c.)	0.00
Ketchup - LR1104 (1 tbsp.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Chocolate Milk, Non-Fat - LR1118 (1 ea.)	(M)