

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
2024Oct-Tuesdays - ServingDate: 10/01/2024																				
French Toast, Bites, Cinnamon, 53ct - LR1865 (8 Bites)	0	250.00	8.00	1.00	0.00	10.00	270.00	38.00	2.00	12.00	0.00	6.00	0.60	21.00	(M)	(M)	0.00	50.00	(M)	
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)	
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
2024Oct-Wednesdays - ServingDate: 10/02/2024																				
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	3.01	60.21	15.05	0.00	9.03	(M)	4.01	0.00	100.40	502.00	0.00	(M)	(M)	(M)	(M)
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	0	230.00	6.00	1.00	0.00	0.00	480.00	43.00	3.00	20.00	19.00	3.00	8.10	150.00	(M)	(M)	0.00	94.00	(M)	
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	0	110.00	3.50	0.50	0.00	0.00	95.00	20.00	2.00	0.00	(M)	2.00	2.00	13.00	336.00	4.00	(M)	(M)	(M)	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)	(M)
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	0.00	1.01	23.07	2.63	12.35	(M)	1.10	0.26	5.05	64.64	8.79	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	(M)
2024Oct-Thursdays - ServingDate: 10/03/2024																				
Pancakes, Mini Confetti, 72ct - LR1572 (1 Pouch)	0	220.00	7.00	1.00	0.00	10.00	300.00	36.00	4.00	11.00	0.00	4.00	3.60	60.00	0.00	0.00	0.00	0.00	140.06	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)	
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
2024Oct-Tuesdays - ServingDate: 10/01/2024	
French Toast, Bites, Cinnamon, 53ct - LR1865 (8 Bites)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Wednesdays - ServingDate: 10/02/2024	
Trix Yogurt - LR1286 (1 portion)	(M)
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	(M)
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
Banana - LR1147 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Thursdays - ServingDate: 10/03/2024	
Pancakes, Mini Confetti, 72ct - LR1572 (1 Pouch)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024Oct-Thursdays - ServingDate: 10/03/2024																			
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Fridays - ServingDate: 10/04/2024																			
Benefit Bar, BananaChunk, 48ct - LR1002 (1 ea.)	0	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	(M)	5.00	1.80	20.00	0.00	0.00	(M)	(M)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Mondays - ServingDate: 10/07/2024																			
Muffin Top, Blueberry, 120ct, BV - LR1117 (1 ea.)	0	240.00	7.00	0.50	0.00	25.00	210.00	42.00	2.00	17.00	(M)	4.00	1.80	20.00	0.00	0.00	(M)	(M)	(M)
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	0.00	20.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Tuesdays - ServingDate: 10/08/2024																			
French Toast, Bites, Cinnamon, 53ct - LR1865 (8 Bites)	0	250.00	8.00	1.00	0.00	10.00	270.00	38.00	2.00	12.00	0.00	6.00	0.60	21.00	(M)	(M)	0.00	50.00	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)

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Item Name (Serving Size)	Ash (g)
2024Oct-Thursdays - ServingDate: 10/03/2024	
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Fridays - ServingDate: 10/04/2024	
Benefit Bar, BananaChunk, 48ct - LR1002 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Mondays - ServingDate: 10/07/2024	
Muffin Top, Blueberry, 120ct, BV - LR1117 (1 ea.)	(M)
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Tuesdays - ServingDate: 10/08/2024	
French Toast, Bites, Cinnamon, 53ct - LR1865 (8 Bites)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024Oct-Tuesdays - ServingDate: 10/08/2024																			
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Wednesdays - ServingDate: 10/09/2024																			
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	3.01	60.21	15.05	0.00	9.03	(M)	4.01	0.00	100.40	502.00	0.00	(M)	(M)	(M)
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	0	230.00	6.00	1.00	0.00	0.00	480.00	43.00	3.00	20.00	19.00	3.00	8.10	150.00	(M)	(M)	0.00	94.00	(M)
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	0	110.00	3.50	0.50	0.00	0.00	95.00	20.00	2.00	0.00	(M)	2.00	2.00	13.00	336.00	4.00	(M)	(M)	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	0.00	1.01	23.07	2.63	12.35	(M)	1.10	0.26	5.05	64.64	8.79	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Thursdays - ServingDate: 10/10/2024																			
Pancakes, Mini Confetti, 72ct - LR1572 (1 Pouch)	0	220.00	7.00	1.00	0.00	10.00	300.00	36.00	4.00	11.00	0.00	4.00	3.60	60.00	0.00	0.00	0.00	140.06	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL

Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
2024Oct-Tuesdays - ServingDate: 10/08/2024	
Sliced Peaches - LR1034 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct- Wednesdays - ServingDate: 10/09/2024	
Trix Yogurt - LR1286 (1 portion)	(M)
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	(M)
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
Banana - LR1147 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Thursday - ServingDate: 10/10/2024	
Pancakes, Mini Confetti, 72ct - LR1572 (1 Pouch)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)

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Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2024Oct-Fridays - ServingDate: 10/11/2024																			
Benefit Bar, BananaChunk, 48ct - LR1002 (1 ea.)	0	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	(M)	5.00	1.80	20.00	0.00	0.00	(M)	(M)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Mondays - ServingDate: 10/21/2024																			
Muffin Top, Blueberry, 120ct, BV - LR1117 (1 ea.)	0	240.00	7.00	0.50	0.00	25.00	210.00	42.00	2.00	17.00	(M)	4.00	1.80	20.00	0.00	0.00	(M)	(M)	(M)
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	0.00	20.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Tuesdays - ServingDate: 10/22/2024																			
French Toast, Bites, Cinnamon, 53ct - LR1865 (8 Bites)	0	250.00	8.00	1.00	0.00	10.00	270.00	38.00	2.00	12.00	0.00	6.00	0.60	21.00	(M)	(M)	0.00	50.00	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

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Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
2024Oct-Fridays - ServingDate: 10/11/2024	
Benefit Bar, BananaChunk, 48ct - LR1002 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Mondays - ServingDate: 10/21/2024	
Muffin Top, Blueberry, 120ct, BV - LR1117 (1 ea.)	(M)
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Tuesdays - ServingDate: 10/22/2024	
French Toast, Bites, Cinnamon, 53ct - LR1865 (8 Bites)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024Oct-Wednesdays - ServingDate: 10/23/2024																			
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	3.01	60.21	15.05	0.00	9.03	(M)	4.01	0.00	100.40	502.00	0.00	(M)	(M)	(M)
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	0	230.00	6.00	1.00	0.00	0.00	480.00	43.00	3.00	20.00	19.00	3.00	8.10	150.00	(M)	(M)	0.00	94.00	(M)
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	0	110.00	3.50	0.50	0.00	0.00	95.00	20.00	2.00	0.00	(M)	2.00	2.00	13.00	336.00	4.00	(M)	(M)	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	0.00	1.01	23.07	2.63	12.35	(M)	1.10	0.26	5.05	64.64	8.79	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Thursdays - ServingDate: 10/24/2024																			
Pancakes, Mini Confetti, 72ct - LR1572 (1 Pouch)	0	220.00	7.00	1.00	0.00	10.00	300.00	36.00	4.00	11.00	0.00	4.00	3.60	60.00	0.00	0.00	0.00	140.06	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Fridays - ServingDate: 10/25/2024																			
Benefit Bar, BananaChunk, 48ct - LR1002 (1 ea.)	0	280.00	8.00	3.00	0.00	15.00	220.00	48.00	3.00	23.00	(M)	5.00	1.80	20.00	0.00	0.00	(M)	(M)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL

Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
2024Oct- Wednesdays - ServingDate: 10/23/2024	
Trix Yogurt - LR1286 (1 portion)	(M)
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	(M)
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
Banana - LR1147 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Thursdays - ServingDate: 10/24/2024	
Pancakes, Mini Confetti, 72ct - LR1572 (1 Pouch)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Fridays - ServingDate: 10/25/2024	
Benefit Bar, BananaChunk, 48ct - LR1002 (1 ea.)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024Oct-Fridays - ServingDate: 10/25/2024																			
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Mondays - ServingDate: 10/28/2024																			
Muffin Top, Blueberry, 120ct, BV - LR1117 (1 ea.)	0	240.00	7.00	0.50	0.00	25.00	210.00	42.00	2.00	17.00	(M)	4.00	1.80	20.00	0.00	0.00	(M)	(M)	(M)
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	0	90.00	0.00	0.00	0.00	0.00	0.00	20.00	2.00	16.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Tuesdays - ServingDate: 10/29/2024																			
French Toast, Bites, Cinnamon, 53ct - LR1865 (8 Bites)	0	250.00	8.00	1.00	0.00	10.00	270.00	38.00	2.00	12.00	0.00	6.00	0.60	21.00	(M)	(M)	0.00	50.00	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Wednesdays - ServingDate: 10/30/2024																			
Trix Yogurt - LR1286 (1 portion)	0	80.00	0.50	0.00	0.00	3.01	60.21	15.05	0.00	9.03	(M)	4.01	0.00	100.40	502.00	0.00	(M)	(M)	(M)
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	0	230.00	6.00	1.00	0.00	0.00	480.00	43.00	3.00	20.00	19.00	3.00	8.10	150.00	(M)	(M)	0.00	94.00	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL

Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
2024Oct-Fridays - ServingDate: 10/25/2024	
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Mondays - ServingDate: 10/28/2024	
Muffin Top, Blueberry, 120ct, BV - LR1117 (1 ea.)	(M)
Mixed Berries, Cup, Frozen, 96ct - LR1313 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Tuesdays - ServingDate: 10/29/2024	
French Toast, Bites, Cinnamon, 53ct - LR1865 (8 Bites)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct- Wednesdays - ServingDate: 10/30/2024	
Trix Yogurt - LR1286 (1 portion)	(M)
Cereal, 2oz, Assorted, 48ct, Malt O Meal - LR1856 (1 cereal bow)	(M)

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2024Oct-Wednesdays - ServingDate: 10/30/2024																			
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	0	110.00	3.50	0.50	0.00	0.00	95.00	20.00	2.00	0.00	(M)	2.00	2.00	13.00	336.00	4.00	(M)	(M)	(M)
Sliced Pears - LR1134 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	16.00	2.00	12.00	(M)	0.00	0.00(M)	0.00(M)	0.00(M)	0.00(M)	(M)	(M)	(M)
Banana - LR1147 (1 ea.)	0	90.00	0.33	0.11	0.00	0.00	1.01	23.07	2.63	12.35	(M)	1.10	0.26	5.05	64.64	8.79	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2024Oct-Thursdays - ServingDate: 10/31/2024																			
Pancakes, Mini Confetti, 72ct - LR1572 (1 Pouch)	0	220.00	7.00	1.00	0.00	10.00	300.00	36.00	4.00	11.00	0.00	4.00	3.60	60.00	0.00	0.00	0.00	140.06	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	12.00	0.00	1.00	0.00	(M)	(M)	27.00	0.00	188.00	(M)
Sliced Peaches - LR1034 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	10.00	14.00	0.00	12.00	(M)	0.00	(M)	(M)	(M)	(M)	(M)	(M)	(M)
1% Milk - LR1289 (1 ea.)	0	120.00	2.50	1.50	0.00	15.00	140.00	16.00	0.00	(M)	(M)	10.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fat-Free Milk - LR1288 (1 ea.)	0	90.00	0.00	0.00	0.00	5.00	120.00	12.00	0.00	(M)	(M)	9.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Elementary
Menu Line: Main
Serving Group: K-5
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - October, 2024

Site: ALL
 Date: 10/01/2024 - 10/31/2024

Item Name (Serving Size)	Ash (g)
2024Oct- Wednesdays - ServingDate: 10/30/2024	
Cracker, Graham, Vanilla Bear, 300/2pk - LR1054 (1 ea.)	(M)
Sliced Pears - LR1134 (1/2 c.)	(M)
Banana - LR1147 (1 ea.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)
2024Oct-Thursdays - ServingDate: 10/31/2024	
Pancakes, Mini Confetti, 72ct - LR1572 (1 Pouch)	(M)
Juice, Orange, RockView, 4oz - LR1884 (1 ea.)	(M)
Sliced Peaches - LR1034 (1/2 c.)	(M)
1% Milk - LR1289 (1 ea.)	(M)
Fat-Free Milk - LR1288 (1 ea.)	(M)