



Burr Elementary School Newsletter

October 2024

From Principal Whidden

Dear Families,

Happy October! We were excited to have our first cultural arts assembly of the year-The Language of the Drum last month. Students learned about North India and West Africa and the important role drums play in those cultures. Thank you to our PTO for sponsoring these wonderful events!

There are lots of exciting things happening in October as well! Our Lyman pie fundraiser kicked off earlier in September and all orders are due back by October 14th. The Fall Book Fair will take place at the end of October as well. We also have parent teacher conferences happening on October 23rd and 24th. Students will participate in a fire safety/prevention assembly with our local volunteer fire department members and also have a second cultural arts assembly entitled World of Wonder.

Our character trait for the month of October is responsibility. We will talk about what it means to be a responsible student and community member throughout the month. I encourage you to talk with your child about responsibility at home as well. Each class will set a goal for showing responsible behavior throughout the month of October.

We will be holding our annual school-wide Halloween Parade again this year. The parade will take place on October 31st. Costumes should be brought to school and put on before the parade, not worn all day. Costumes worn for the parade cannot include a mask or any weapons. Those accessories should be left at home. A time for the parade will be finalized and shared soon!

Happy Fall!

Brienne Whidden

Important Dates in October

Oct 2nd-National Custodians Day. Thank a custodian!

Oct 10th- Early Dismissal at 1:05

Oct 11th- No School for Students-Staff Professional Development

Oct 14th- No School- Indigenous Peoples' Day/Columbus Day

Oct 23rd- Early Dismissal at 1:05- Parent/Teacher Conferences

Oct 24th- Early Dismissal at 1:05- Parent/Teacher Conferences

Oct 30th- Picture Retake Day- students must bring in original pictures. Students absent on picture day will also be photographed

Notes from the Office

Please submit your daily dismissal request by 2:00pm if possible.

If you need to report your student absent or have a change in dismissal please email besattendance@rsd17.org. The office replies to all emails so if you do not receive a reply please call.

If your student has a change in buses or bus stops STA transportation also needs to be notified. The person to email is George Papadopoulos at gpapadopoulos@ridesta.com. Please include first and last names in your communications. We will reply to all emails if you have not received a reply from an email please call the office.

Please label your students backpack, water bottle and outerwear. This will help us to return lost and found items to their owners.

School Year Calendar

2024-2025 School Calendar

<https://www.rsd17.org/calendar/school-year-calendars>

Kindergarten News

October

Kindergarten is a busy place! Your wonderful children have been learning the routines and procedures of the classroom as we foster their independence. In language arts, students have been exploring many books to find out how our five senses help us learn about the world. We continue to practice naming letters and the letter sounds. We have been focusing on writing names with one uppercase letter and the rest in lowercase. In math, we will be finishing our first unit on position, length, height, and sorting and moving into our next unit that will include numbers to 5, shapes, and weight. We will also be continuing to learn about fall. Students will be discussing fire safety during the month of October.

Mrs. Aithal, Mrs. Boudreau, Mrs. Burt, & Mrs. Macauley

First Grade News

Our classes are in full swing and we are very busy! We are learning about short vowel words and words with digraphs (ch, sh, th, wh, ck). We are focusing on sliding through the sounds to increase automaticity. Our goal is to eventually be able to read words automatically without having to segment the individual sounds. We do encourage them to tap out the sounds when writing the words. We are learning about nouns, both common and proper, verbs, adjectives, and how to construct a complete sentence. In math, we are working on adding and subtracting numbers within 10. Children are exploring different tools and strategies such as ten frames, number paths, and number bonds to solve problems. We will be working on using addition to subtract, understanding teen numbers, and adding three numbers. We will continue to work on story problems. We hope you are enjoying this beautiful fall weather! We look forward to meeting with you at October conferences.

Happy fall! –

Mrs. Blasiak, Mrs. Kulmann, Mrs. Reynolds, and Mrs. Smedley

Second Grade News

It was a pleasure seeing so many families at Curriculum Night and having the opportunity to share the grade level expectations and curriculum. We feel fortunate to be working alongside parents that are deeply invested in their children's education and encourage learning at home. Homework communication sheets come home with students on Monday, and should be returned the following Monday morning in red folders. These are to record both their reading and their math fact practice.

Second graders are working hard across all subject areas. In math, we are learning strategies to add and subtract within 20. We are also solving word problems by identifying the correct operation and applying fact strategies. We started reading bar and picture graphs and using the data to solve addition and subtraction questions.

In language arts, students continue to focus on the essential question, how does change impact people and nature? We have moved from an informational read aloud to fiction, and will read three more titles to build students' knowledge and understanding. Students continue to focus on developing topic statements and choosing relevant details as evidence to support their ideas in a paragraph. Students are also practicing identifying the subject and verb in complete sentences.

We look forward to discussing each individual child's progress at Parent-Teacher Conferences on October 23rd and 24th.

The Second Grade Team

Mrs. Harkin, Mrs. Lonergan, Mrs. Masci and Mrs. Penney

Third Grade News

It's hard to believe the first month of school is behind us! Students are doing a great job adjusting to the new expectations and procedures in third grade and working hard toward their classroom respect goals. In reading, we have been busy establishing routines and building stamina. We have launched our first unit in Wit and Wisdom about how artists explore the sea. Students have been responding to questions with evidence, learning about elements of art, incorporating grammar knowledge, and working on paragraph structure. Students have begun drafting paragraphs using a topic sentence, evidence, elaboration and a conclusion statement. In math, multiplication and division has been a focus already this year. Students began the year learning to relate addition and subtraction to multiplication and division and the strategies behind problems in order to solve equations in various ways. In social studies, we have started our study of Indigenous People of Connecticut. Happy Fall!

-Mrs Bovey, Mrs Formica, Miss Narducci and Mr Snow

Art News



Artists of the Month!

September

Kindergarten
Orion Palmieri



First Grade
Madison Jemiola



Second Grade
Harrison Parker



Third Grade
Quinn Mitchill



Literacy

Wit & Wisdom Module 1: Big questions=big ideas!

Grade Level	Our class will answer these questions...
K	Our Five Senses <ul style="list-style-type: none">• What are our five senses?• How do people use their senses to learn about the world?• How does CJ use his senses to learn about the world in <i>Last Stop on Market Street</i>?• How do our senses help us learn from <i>Chicka Chicka Boom Boom</i>?• How do our senses help us learn from <i>Rap a Tap Tap</i>?• How do our senses help us learn?
1	A World of Books <ul style="list-style-type: none">• How do library books change life for Tomás?• How does the Biblioburro change life for Ana?• How do people around the world get books?• How does the packhorse librarian change life for Cal?• How do books change my life?
2	A Season of Change <ul style="list-style-type: none">• What changes in “Weather”?• How do changes in fall weather impact people and nature?• How does the Little Yellow Leaf change?• How does the chameleon change?• How does weather impact leaves in fall?• How does <i>Sky Tree</i> show the cycle of seasons?• How does change impact people and nature?
3	The Sea <ul style="list-style-type: none">• How do artists explore the sea?• Why and how do scientists explore the sea?• Why and how do scientists explore sea creatures?• Why do people explore the sea?

Math News

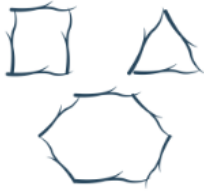


Fall Math



Shapely Sticks

Twigs are a fabulous resource for making shapes and demonstrating what kids know about their attributes.

	<ul style="list-style-type: none">❖ Collect a large bunch of twigs❖ Give ideas for what to make<ul style="list-style-type: none">➢ Name a shape (triangle, square, etc)➢ Name a category<ul style="list-style-type: none">■ Quadrilaterals■ Pentagons■ Polygons■ Shapes with 4 angles
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Count The Chestnuts

Acorns or chestnuts are a great resource to practice place value.

You will need:

- Baskets or buckets (which will act as 100s, 10s, 1s columns and so on...)
- Chestnuts or acorns (to throw into the baskets/buckets)

How to run the activity:

1. Collect 10 of 3 items from outside (Ex rocks, acorns, chestnuts)
2. Designate each item as representing 100s, 10s or 1s.
3. Set up and label baskets and assign them a place value 100s, 10s, 1s.
4. Shout out a number.
5. Child throws acorns or chestnuts into the respective baskets to make up the number.
6. Ex. If you shout out 684. Then the child would throw 6 chestnuts in the 100's bucket, 8 rocks in the 10s bucket and 4 acorns into the 1's bucket.
7. Adjust the place value for different ages (Ex. Use 2 buckets for younger children to practice two-digit numbers).

Music News

THIS MONTH IN MUSIC



Kindergarten



Kindergartners are developing the concept of steady beat! We're practicing playing the steady beat on drums and learning about famous Latino drummer Tito Puente. The students are so excited to apply their skills to instruments!

First Grade

First grade students are exploring creating their own accompaniment for songs and experiencing partwork (multiple lines in a musical piece). We're using a traditional chant "Bate Bate Chocolate" to explore how to make these musical decisions, and learn about a tasty Mexican dish!



Second Grade



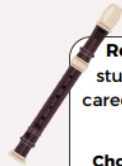
Second graders are learning about traditional drumming practices in Cuba through storytelling, drumming, and dancing. Our book "Drum Dream Girl" tells the true story of a young girl who overcame Cuba's taboo against female drummers, and inspired the next generation of musicians!

Third Grade

Third grade students reviewed instrument safety, and learned a stick routine to Jennifer Lopez's song "Let's Get Loud". They're exploring similarities and differences between Hispanic musicians expanding their knowledge about the singer Selena Quintanilla.



Chorus/Recorder



Recorders are set to begin the week of October 1st! I know your students have been so excited for this next chapter in their music career. I encourage you to help your child practice creating beautiful sounds at home to promote their musical growth!

Chorus permission slips have gone home! Our first rehearsal is Tuesday, October 1st. If you have any questions, or your child wants to join 3rd grade chorus, please email me at aforet@rsd17.org

Physical Education



October News: Health and Physical Education



September P.E. Recap

In the month of September students in all grades participated in a Teamwork and Cooperative Games Unit. Students were tasked with various challenges and activities that required them to work with other students to accomplish or achieve a common goal. Some of the activities that students participated in during this unit include:

- Pinball
- Hula hut relay
- Escape the Island
- The Very Hungry Caterpillar

The reason for incorporating this unit into the beginning of the year is to build the comradery between students and to get them used to working with different students in their class to potentially form new friendships!

Sneakers are required for P.E.

September Health Recap

Optimal wellness and disease prevention was our topic for our first health lesson. Across all grade levels, we discussed the importance of preventing the spread of germs and sickness to others.

Kindergarten participated in a fun "Wash your hands tag" where students demonstrated that they could wash their hands at the pretend sink for 20 seconds when they were tagged by a germ.

Grades 1-3 participated in a Germ ball activity where students could visualize how fast germs can spread and how someone can spread sickness to others.

In the Month of October...

PE:

Students will be diving into a unit on throwing and catching. This is one of my favorite units to teach because there are so many different activities and sports that throwing and catching apply to. Students will be working on improving their underhand and overhand throws in fun and engaging activities.

Health:

Grades 2-3: We will be discussing the importance of choosing healthy foods and beverages. We will also discuss the food groups and the various choices within each group.

Grades 1-2: We will discuss why eating a variety of foods and trying new foods is important to staying healthy!



Behavior Expectations

Students will do their...

- Personal Best;
- Act Responsibly;
- Work and be Safe;
- Show Respect

P.E. Schedules

Grade 3

Monday: Narducci

Tuesday: Formica

Wednesday: Health Rotation

Thursday: Bovey

Friday: Snow

Grade 2

Monday: Masci

Tuesday: Loneragan

Wednesday: Health Rotation

Thursday: Harkin

Friday: Penney

Grade 1

Monday: Reynolds

Tuesday: Kulmann

Wednesday: Health Rotation

Thursday: Blasiak

Friday: Smedley

Kindergarten

Monday: Burt and

Macauley

Tuesday: Burt and

Boudreau

Wednesday: Health

Rotation

Thursday: Boudreau and

Aithal

Friday: Aithal and

Macauley

Contact Me!

Name: Garrett Lemke

Email: glemke@rsd17.org

Health Office

From the Health Office

Vision Screenings:

The State of Connecticut requires vision and hearing screenings to be done on all K, 1st, and 3rd grade students each school year. In the past, students have been screened in the Health Office utilizing the Snellen Chart. Once again this school year the District has partnered with the local Lions Club to provide vision screenings as part of KidSight, a Lions Club community service program. The Lions Club representatives will come to Burr Elementary on a set date to perform the screenings during school hours. The vision screening is done with a device similar to a camera, a quick scan of the student's eyes and a report will be generated. This screening is non-invasive, fast and can detect a number of issues which if detected would require following up with a healthcare professional. There is no cost for this screening. If a discrepancy is noted, parents will receive a note from me with a copy of the report from the scanner recommending further evaluation with a healthcare professional. We are tentatively looking at **Monday, November 4th** for the screenings to be performed. I will be working alongside the Lions Club representatives to assist with a smooth screening day. This is a screening tool, not an eye exam. If your child wears glasses, please be sure they have them on screening day. If you wish for your child to opt out of this vision service, please email me eulizio@rsd17.org by Monday, October 28th.

Head Lice

Lice causes itching and irritation of the scalp. If your child experiences itchiness to their head, examining their scalp for any signs of lice would be best practice. If lice is detected at home, you can reach out to your pediatrician for guidance in regard to products for treatment. Also, pharmacists can be a good resource of current recommended products. If lice is detected at school you will be notified via a phone call. I can offer assistance if you have any questions or concerns during school hours. Included with this newsletter is a flier with some general information regarding lice. This information can be found on the District website *Parent/Guardian* tab.

RSD 17 Procedure regarding head lice is:

- If live lice or nits (eggs) appear on a child, the child's parents will be contacted so treatment can occur.
- After a child has been properly treated at home, the child may return to school.
- To ensure confidentiality, cases of head lice will not be shared with parents or students.

Flu Shots

I have included the flyer from the Connecticut River Area Health District located in Old Saybrook. The flyer has information on the days they are offering flu shots this year. If you have not yet received your flu shot, this may be an option that works for you.

Eileen Ulizio, RN - elulizio@rsd17.org

Head Lice 101

What You Should Know About Head Lice

Lice LESSONS

Overview

Head lice are a common community problem. An estimated 6 to 12 million infestations occur each year in the United States, most commonly among children ages 3 to 11 years old. Children attending preschool or elementary school, and those who live with them, are the most commonly affected.¹

Head lice are not dangerous.¹ They do not transmit disease, but they do spread easily, making it a community issue.¹ Additionally, despite what you might have heard, head lice often infest people with good hygiene and grooming habits.^{2,3} Your family, friends or community may experience head lice. It's important to know some basics, including how to recognize symptoms and what to do if faced with an infestation.

What Are Head Lice?

Head lice are tiny, wingless insects that live close to the human scalp. They feed on human blood.¹ An adult louse is the size of a sesame seed. Baby lice, or nymphs, are even smaller. Nits are the tiny, teardrop-shaped lice eggs. They attach to the hair shaft, often found around the nape of the neck or the ears. Nits can look similar to dandruff, but cannot be easily removed or brushed off.¹

Fast Facts

- An estimated 6 to 12 million infestations occur each year among U.S. children 3 to 11 years of age¹
- Head lice often infest people with good hygiene^{2,3}
- Head lice move by crawling; they cannot jump or fly¹
- Head lice do not transmit disease, but they do spread easily¹
- If you or your child exhibits signs of an infestation, it is important to talk to your doctor to learn about treatment options

How Are Head Lice Spread?

- Head lice move by crawling and cannot jump or fly.¹
- Head lice are mostly spread by direct head-to-head contact – for example, during play at home or school, slumber parties, sports activities or camp.¹
- It is possible, but not common, to spread head lice by contact with items that have been in contact with a person with head lice, such as clothing, hats, scarves or coats, or other personal items, such as combs, brushes or towels.¹
- Head lice transmission can occur at home, school or in the community.¹

What Are the Signs & Symptoms of Infestation?

Signs and symptoms of infestation include¹:

- Tickling** feeling on the scalp or in the hair
- Itching** (caused by the bites of the louse)
- Irritability** and difficulty sleeping (lice are more active in the dark)
- Sores on the head** (caused by scratching, which can sometimes become infected)

Finding a live nymph or adult louse on the scalp or in the hair is an indication of an active infestation. They are most commonly found behind the ears and near the neckline at the back of the head.⁴

NIT

Nymph

Full-Grown Louse

Head Lice 101

What You Should Know About Head Lice

headfirst
Lice LESSONS

What If My Child Gets Head Lice?

If you suspect your child might have head lice, it's important to talk to a school nurse, pediatrician or family physician to get appropriate care. There are a number of available treatments, including new prescription treatment options that are safe and do not require nit combing. Other things to consider in selecting and starting treatment include:

- Follow treatment instructions. Using extra amounts or multiple applications of the same medication is not recommended, unless directed by healthcare professional.⁵
- Resistance to some over-the-counter head lice treatments has been reported. The prevalence of resistance is not known.^{6,7}
- There is no scientific evidence that home remedies are effective treatments.⁸
- Head lice do not infest the house. However, family bed linens and recently used clothes, hats and towels should be washed in very hot water.⁴
- Personal articles, such as combs, brushes and hair clips, should also be washed in hot soapy water or thrown away if they were exposed to the persons with active head lice infestation.⁴
- All household members and other close contacts should be checked, and those with evidence of an active infestation should also be treated at the same time.⁴

References

¹ Centers for Disease Control and Prevention (CDC). Parasites: Lice: Head Lice: Frequently Asked Questions. http://www.cdc.gov/parasites/lice/head/gen_info/faqs.html. Accessed April 15, 2015.

² Centers for Disease Control and Prevention (CDC). Parasites: Lice: Head Lice: Diagnosis <http://www.cdc.gov/parasites/lice/head/diagnosis.html>. Accessed April 15, 2015.

³ Meinking T, Taplin D, Vicaria M. Infestations. In: Schachner LA, Hansen RC, eds. *Pediatric Dermatology*. 4th ed. Mosby Elsevier; 2011:1525-1583.

⁴ Centers for Disease Control and Prevention (CDC). Parasites: Head lice: Epidemiology And Risk Factors. <http://www.cdc.gov/parasites/lice/head/epi.html>. Accessed April 15, 2015.

⁵ Centers for Disease Control and Prevention (CDC). Parasites: Lice: Head lice: Treatment. <http://www.cdc.gov/parasites/lice/head/treatment.html>. Accessed April 15, 2015.

⁶ Burkhardt CG. Relationship of treatment resistant head lice to the safety and efficacy of pediculicides. *Mayo Clin Proc*. 2004;79(5):661-666.

⁷ Meinking TL, Serrano L, Hand B, et al. Comparative in vitro pediculicidal efficacy of treatments in a resistant head lice population on the US. *Arch Dermatol*. 2002;138 (2):220-224.

⁸ Centers for Disease Control and Prevention (CDC). Parasites: Lice: Head lice: Treatment Frequently Asked Questions. http://www.cdc.gov/parasites/lice/head/gen_info/faqs_treat.html. Accessed April 15, 2015.

Myths & Facts About Head Lice

Myth: Only dirty people get head lice.

Fact: Personal hygiene or household or school cleanliness are not factors for infestation. In fact, head lice often infest people with good hygiene and grooming habits.^{2,3}

Myth: Head lice carry diseases.

Fact: Head Lice do not spread diseases.¹

Myth: Head lice can be spread by sharing hairbrushes, hats, clothes and other personal items.

Fact: It is uncommon to spread head lice by contact with clothing or other personal items, such as combs, brushes or hair accessories, that have been in contact with a person with head lice.¹

Myth: Head lice can jump or fly, and can live anywhere.

Fact: Head lice cannot jump or fly, and only move by crawling. It is unlikely to find head lice living on objects like helmets or hats because they have feet that are specifically designed to grasp on to the hair shaft of humans. Additionally, a louse can only live for a few hours off the head.¹

Myth: You can use home remedies like mayonnaise to get rid of head lice.

Fact: There is no scientific evidence that home remedies are effective treatments.⁸ A healthcare provider can discuss appropriate treatment options, including prescription products.

⁹ Parison J, Canyon DV. Head lice and the impact of knowledge, attitudes and practices – a social science overview. In: *Management and Control of Head Lice Infestations*. UNI-MED, Bremen, Germany. 2010:103-109.

¹⁰ Gordon SC. Shared vulnerability: a theory of caring for children with persistent head lice. *J Sch Nurs*. 2007;23(5):283-292.

¹¹ Gordon S. Management of head lice in school settings. Presented at the Florida Association of School Nurses conference, Orlando, FL, February 7, 2009.

¹² National Association of School Nurses. Pediculosis management in the school setting. Position statement. January 2011. <http://www.nasn.org/PolicyAdvocacy/PositionPapersandReports/NASNPositionStatementsFullView/tabid/462/ArticleId/40/Pediculosis-Management-in-the-School-Setting- Revised-2011>. Accessed April 15, 2015.

¹³ Schoessler SZ. Treating and managing head lice: the school nurse perspective. *Am J Manag Care*. 2004;10(suppl 9):S273-S276.

¹⁴ Frankowski BL, Bocchini JA, Jr. Council on School Health and Committee on Infectious Diseases. American Academy of Pediatrics. Clinical report – head lice. *Pediatrics*. 2010;126(2):392-403.

Headfirst! Lice Lessons educational initiative is made possible through a collaboration with Sanofi Pasteur

SANOFI PASTEUR





FALL 2024/WINTER 2025

Avoid The Flu!

EVERY WEDNESDAY

OCTOBER 9TH, 2024 - JANUARY 2025

8:00AM - 6:00PM

Available to anyone Ages 3 & Over
No APPOINTMENTS NEEDED

Please bring a Photo ID and Insurance Card(s)

GET YOUR FLU SHOT

CRAHD Office
455 Boston Post Road, Suite 7
Old Saybrook, CT 06475

LOCATED IN SAYBROOK JUNCTION

INSURANCES ACCEPTED

ANTHEM BC/BS
CONNECTICARE
CIGNA
UNITED/OXFORD
AETNA
MEDICARE
HUSKY

IF YOU HAVE OTHER OR NO INSURANCE THE FEE IS: \$35.00
65+ HIGH DOSE \$65.00

However, all are welcome to receive a flu shot despite the inability to pay

KIDS ARE ALWAYS FREE REGARDLESS OF INSURANCE STATUS

www.crahd.info
860-661-3300

Second Step

Second Step lessons are off to a great start! All classes are working on Unit 1: Growth Mindset and Goal-Setting. Students are learning how to develop a growth mindset, the idea that one's abilities can be improved through effort, learning, and persistence. Students are learning to apply this concept to their grade level objectives such as the task of paying attention, using helpful thoughts to persevere through challenges, and making an effective plan for how to get better at a skill. As our students continue to develop a growth mindset, we will practice embracing challenges, learning from our mistakes, and treating ourselves and others with kindness as we work to improve our skills. This unit will continue into mid-October and will provide a foundation for continued learning in Unit 2, where we will shift our focus to Emotion Management. I am excited to continue working with our amazing students as they learn valuable social-emotional skills. Please reach out to me if you have any questions or concerns. I can be reached at nhyman@rsd17.org.

-Ms. Hyman

School Menus

BREAKFAST OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Full pay breakfast- \$2.75 Free or reduced eligible students-\$0.00 Milk- \$0.65	1. Cinnamon Roll, Sliced Apples, Juice, Milk	2. Breakfast Breads, Peaches, Juice, Milk	3. Muffin, Strawberries, Juice, Milk	4. Breakfast Variety, Applesauce, Juice, Milk
7.. Breakfast Break Cereal Pack, Craisins, Milk	8. Cinnamon Roll, Sliced Apples, Juice, Milk	9. Breakfast Breads, Peaches, Juice, Milk	10. Muffin, Strawberries, Juice, Milk	11. Staff Professional Development Day- No School for Students
14. Columbus Day- Indigenous Peoples' Day NO SCHOOL	15. Cinnamon Roll, Sliced Apples, Juice, Milk	16. Breakfast Breads, Peaches, Juice, Milk	17. Muffin, Strawberries, Juice, Milk	18. Breakfast Variety, Applesauce, Juice, Milk
21 Breakfast Break Cereal Pack, Craisins, Milk	22. Cinnamon Roll, Sliced Apples, Juice, Milk	23. Breakfast Breads, Peaches, Juice, Milk	24. Muffin, Strawberries, Juice, Milk	25. Breakfast Variety, Applesauce, Juice, Milk
28. Breakfast Break Cereal Pack, Craisins, Milk	29. Cinnamon Roll, Sliced Apples, Juice, Milk	30 Breakfast Breads, Peaches, Juice, Milk	31. Muffin, Strawberries, Juice, Milk	



Menu is subject to change

This institution is an equal opportunity provider."

October 2024 Lunch

ELEMENTARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH PRICES Full Pay- \$4.00 Reduced- \$0.00 Milk- \$0.65	1. Meatballs W/ Gravy, Egg Noodles, Broccoli, Fruit of the Day Milk	2. Pancakes, Scrambled Eggs, Breakfast Potatoes, Fruit of the Day, Milk	3. Chicken Nacho's, Lettuce, Salsa, Cheese, Black Bean and Corn Salad, Fruit of the Day Milk	4. Pizza Chef Choice Vegetables, Fruit of the Day Milk
7. Homemade Macaroni and Cheese, Peas, Roll, Fruit of the Day, Milk Fresh Local Grown Apple	8. Chicken Patty Sandwich Fresh Local Green Beans, Fruit of the Day Milk	9 Sausage, Egg and Cheese Sandwich, Local Baked Acorn Squash Fruit of the Day, Milk	10 Pasta w/ Chicken Alfredo, Garlic Knot, Local Lettuce Garden Salad Fruit of the Day, Milk	11. Professional Development Day- No School for Students
14. 	15. First Mates Feast- Italian Sampler- Mozzarella Sticks, Meatballs, Marinara Sauce, Garlic Roll, Side Salad, Fruit, Milk	16 Blackbeard's Breakfast- Waffles Sausage Patty, Hash Brown Blueberry and Pear Cobbler Milk,	17. Captains Treasure Bowl- Popcorn Chicken, Rice, Broccoli, Fortune Cookie, Fruit, Milk	18. Pirates Pizza Side Garden Salad, Fruit of the Day Milk
21. All Beef Frank, Steak Fries, Fruit of the Day, Milk	22. Pasta w/ Meat Sauce Roll, Cucumber Salad Peaches, Milk,	23. French Toast Sticks Hash Brown Patty Sausage Patty Fruit of the Day Milk, Syrup	24 Cheeseburger Smiley Fries Carrots Fruit of the Day Milk	25. Pizza Side Garden Salad, Fruit of the Day Milk
28. Crispy Chicken Tenders, Mashed Potatoes, Roasted Carrots, Fruit of the Day Milk	29. Steak and Cheese Grinder Oven Fries, Fruit of the Day, Milk	30 Colby Cheese Omelet, Biscuit, Chicken Bacon Breakfast Potatoes, Fruit of the Day Milk	31. HALLOWEEN Bat Nuggets, Corn Cobweb, Jack O lantern Fries Frightful Frozen Treat	

**OCTOBER 7-11 IS
Ct Grown For Ct Kids
Week**



**OCTOBER 14-18th IS
NATIONAL SCHOOL
LUNCH WEEK**



**A MEAL IS HOT ENTRÉE LISTED
ON LEFT**

**B MEAL IS A SUNBUTTER AND
JELLY SANDWICH, CHEESE STICK,
VEGETABLES,
FRUIT OF THE DAY AND MILK**

*This institution is an equal
opportunity provider."*



Cougar Paw Recipients

These are students that have displayed The Burr School Pledge:

Personal best,

Act Responsibly,

Work and play safely, and always

Show respect.

Week of 9/3-9/6



Week of 9/9-9/13



Week of 9/16-9/20



Week of 9/23-9/27



BURR PTO NEWSLETTER

OCTOBER
2024

Upcoming Events

Lyman Pies Fundraiser

Pie Order Forms went home the week of 9/23. Pie orders are due 10/14, with a delivery date of 11/26.

Parent-Teacher Conferences

Parent-teacher Conferences will be 10/23 & 10/24. Please remember these are **half days** for students!

Scholastic Book Fair

Scholastic Book Fair will be held the week of 10/25-11/1. Family Night will be on 10/30!



Meeting Schedule - Join Us!

October 16, 2024
November 20, 2024
December 18, 2024

All meetings are at
6 pm in the BES library.

PTO Members

President, Jay Salafia
Vice President, Jen Clark
Treasurer, Cristal Dillon
Events Chair, Jamie Sierpinski
Secretary, Emily Kyle

 BurrElementaryPTO@gmail.com
<https://Burr.PTBoard.com>
 Facebook: Burr PTO

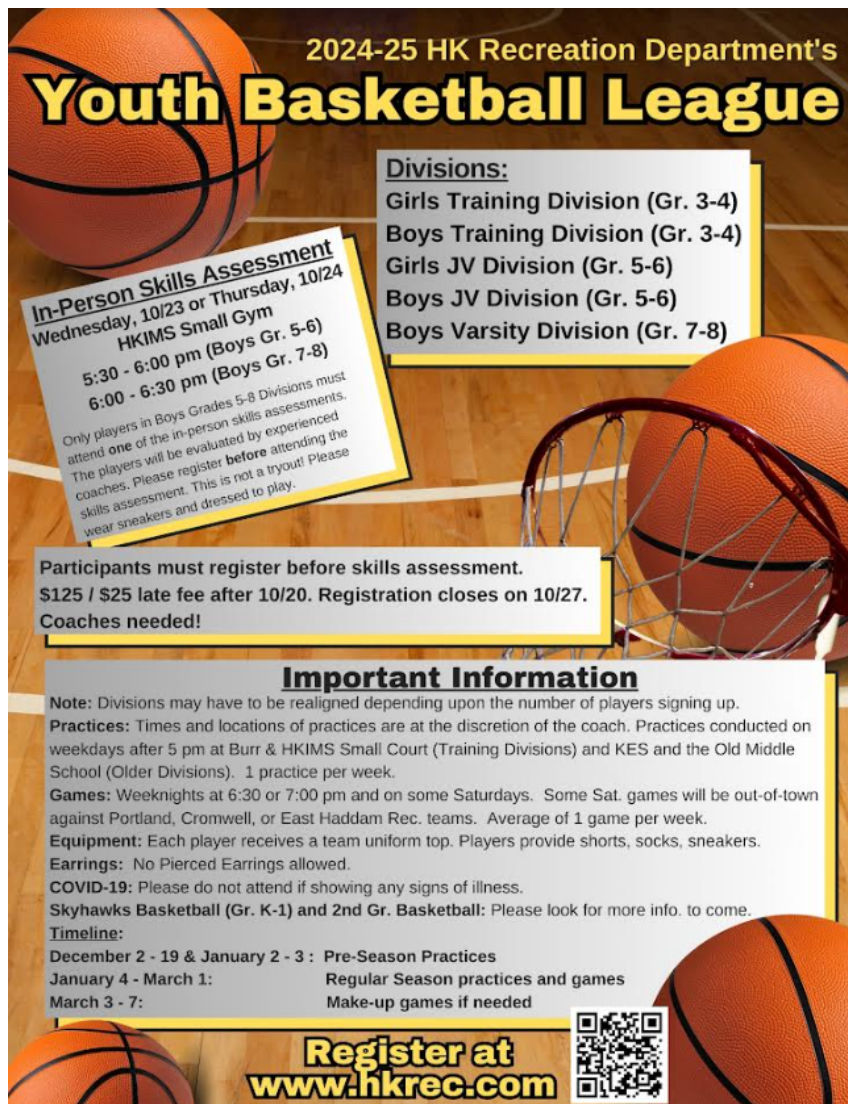
Dates to Remember

- **10/14** Lyman Pie Orders due
- **10/23 & 10/24** Parent/Teacher Conferences
- **10/25-11/1** Scholastic Book Fair
- **11/2** Harvestfest at Burr!

October Cultural Arts

Your students will participate in the
World of Wonder!
on October 9th.

Park & Rec

The poster features a basketball court background with several basketballs and a hoop. The title '2024-25 HK Recreation Department's Youth Basketball League' is at the top in bold yellow and black text. Below it, a box lists divisions: Girls Training (Gr. 3-4), Boys Training (Gr. 3-4), Girls JV (Gr. 5-6), Boys JV (Gr. 5-6), and Boys Varsity (Gr. 7-8). To the left, a tilted box details an 'In-Person Skills Assessment' on Wednesday, 10/23 or Thursday, 10/24, at HKIMS Small Gym, with times 5:30-6:00 pm for Boys Gr. 5-6 and 6:00-6:30 pm for Boys Gr. 7-8. It notes that only one player per division must attend and that players will be evaluated by coaches. A central box states that participants must register before the assessment, with a fee of \$125 / \$25 late fee after 10/20, registration closing on 10/27, and a need for coaches. The 'Important Information' section includes notes on realignment, practices (weekdays after 5 pm at Burr & HKIMS Small Court or KES/Old Middle School), games (weeknights at 6:30 or 7:00 pm), equipment (team uniforms, shorts, socks, sneakers), earring rules (no pierced earrings), and COVID-19 precautions. A timeline shows pre-season practices from Dec 2-19 and Jan 2-3, regular season from Jan 4-March 1, and make-up games from March 3-7. At the bottom, it says 'Register at www.hkrec.com' next to a QR code.

2024-25 HK Recreation Department's Youth Basketball League


Divisions:
Girls Training Division (Gr. 3-4)
Boys Training Division (Gr. 3-4)
Girls JV Division (Gr. 5-6)
Boys JV Division (Gr. 5-6)
Boys Varsity Division (Gr. 7-8)

In-Person Skills Assessment
Wednesday, 10/23 or Thursday, 10/24
HKIMS Small Gym
5:30 - 6:00 pm (Boys Gr. 5-6)
6:00 - 6:30 pm (Boys Gr. 7-8)
Only players in Boys Grades 5-8 Divisions must attend **one** of the in-person skills assessments. The players will be evaluated by experienced coaches. Please register **before** attending the skills assessment. This is not a tryout! Please wear sneakers and dressed to play.

Participants must register before skills assessment.
\$125 / \$25 late fee after 10/20. Registration closes on 10/27.
Coaches needed!

Important Information
Note: Divisions may have to be realigned depending upon the number of players signing up.
Practices: Times and locations of practices are at the discretion of the coach. Practices conducted on weekdays after 5 pm at Burr & HKIMS Small Court (Training Divisions) and KES and the Old Middle School (Older Divisions). 1 practice per week.
Games: Weeknights at 6:30 or 7:00 pm and on some Saturdays. Some Sat. games will be out-of-town against Portland, Cromwell, or East Haddam Rec. teams. Average of 1 game per week.
Equipment: Each player receives a team uniform top. Players provide shorts, socks, sneakers.
Earrings: No Pierced Earrings allowed.
COVID-19: Please do not attend if showing any signs of illness.
Skyhawks Basketball (Gr. K-1) and 2nd Gr. Basketball: Please look for more info. to come.
Timeline:
December 2 - 19 & January 2 - 3 : Pre-Season Practices
January 4 - March 1: Regular Season practices and games
March 3 - 7: Make-up games if needed

Register at
www.hkrec.com



HK Youth and Family Services

Collaborative Problem Solving® (CPS)

6 Week Parent/Caregiver Class!

Instructor:

Divinna Schmitt, MEd
CPS Certified*



No charge!

11/7 (in person), 11/14,
11/21, 12/5, 12/12, 12/19
REGISTER SOON!

11/7 6:30-8:30

at HKIMS

Family Dinner and
Childcare Provided

Remaining Dates
ZOOM 7-8:30PM

TO REGISTER:

www.hkyfs.org/event/

Questions:

DivinnaSchmitt@gmail.com
or Text (860)-676-0236

**Class is independent of
Massachusetts General
Hospital, Boston*



- Develop new understanding of challenging behavior and how to help your child
- Learn the Collaborative Problem Solving approach and effective ways to reduce conflict
- Rethink conventional approaches to behavioral difficulties and strengthen relationships
- Gain support from other parents



Offered with generous support from



The Collaborative Problem Solving® (CPS) approach is owned and developed by Think-Kids (www.thinkkids.org), a program in the Department of Psychiatry at the Massachusetts General Hospital* in Boston, MA. The CPS approach is an evidence-based, trauma-informed method of responding to challenging behavior that promotes the understanding that people with **challenging behavior lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility, and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control, and motivational procedures, and instead focuses on collaborating with the young person to solve the problems leading to challenging behavior and building the skills they need to succeed.

SCREEN AGERS NEXT CHAPTER

ADDRESSING YOUTH MENTAL HEALTH IN THE DIGITAL AGE

- FREE SCREENING of AWARD WINNING FILM
- PANEL DISCUSSION w/RSD17 and HK EXPERTS

IMPACT OF TODAY'S DIGITAL AGE
ON OUR KIDS' MENTAL HEALTH

HOW CAN WE WORK TOGETHER
AS FAMILIES AND COMMUNITY TO
SUPPORT HK YOUTH?



Haddam Killingworth
Intermediate/Middle School
Auditorium



November 13, 2024



6:30-8:15 PM



Adults and Youth
(6th grade and up)

Childcare Available

SIGN UP!

www.hkyfs.org/event/



**Fast 5K, 2 Mile Walk,
and Kids Fun Run!**

**SUNDAY
OCTOBER 27, 2024
10AM START @ HK HIGH SCHOOL
95 LITTLE CITY RD, HIGGANUM**



**T-shirts/ Costume Contests /Food Truck/
Finisher Medals/Custom Prizes/DJ/Live Music/
Kids Activities /and More!**



**Questions or to Be A Donor:
events@hkyfs.org
REGISTER HERE
or
www.hkyfs.org**



Lost and Found

The following items were found and not labeled. If they belong to you please contact the office.



Heather Strom

Heather is using Smore to create beautiful newsletters

