

Shaker Heights Schools



2024-25		October			Lunch Menu
Monday	Tuesday	Wednesday	Thursday	Friday	
	1 Cheese Quesadilla Buttered Corn Salsa, Sour Cream Mandarin Oranges A Variety of Fluid Milks	2 <u>*Breakfast for Lunch</u> Maple Apple French Toast Casserole Roasted Potatoes Fruit Cup A Variety of Fluid Milks	3 Chicken Parmesan w/Marinara & Cheese Buttered Green Beans Breadstick Fresh Fruit A Variety of Fluid Milks	4 Cheese Pizza Carrots & Hummus Applesauce A Variety of Fluid Milks	
7 Teriyaki Chicken w/Fried Rice Buttered Edamame Fresh Fruit A Variety of Fluid Milks	8 Chicken Soft Taco's Lettuce, Salsa, Cheese Buttered Corn Mandarin Oranges A Variety of Fluid Milks	8 <u>*Breakfast for Lunch</u> Pancakes Turkey Sausage Potato Smiles Fruit Cup A Variety of Fluid Milks	10 Chicken Nuggets Baked Fries Seasoned Broccoli Dinner Roll Fresh Fruit A Variety of Fluid Milks	11 French Bread Pizza Snap Pea's Applesauce A Variety of Fluid Milks	
14 BBQ Chicken Drumstick Au Gratin Potatoes Seasoned Broccoli Corn Bread Fresh Fruit A Variety of Fluid Milks	15 Walking Beef Taco's Lettuce, Tomato, Cheese Seasoned Black Beans Mandarin Oranges A Variety of Fluid Milks	16 <u>*Breakfast for Lunch</u> Maple French Toast Turkey Sausage O'Brien Potatoes Fruit Cup A Variety of Fluid Milks	17 Popcorn Chicken Bowl, Mashed Potatoes, Corn, Gravy, Biscuit Fresh Fruit A Variety of Fluid Milks	18 Cheese Pizza Buttered Carrots Applesauce A Variety of Fluid Milks	
21 Rotini Pasta & Meatballs w/Marinara Buttered Green Beans Dinner Roll Fresh Fruit A Variety of Fluid Milks	22 Chicken Tex Mex Bowl Seasoned Rice, Corn, Salsa, Cheese, Lettuce Mandarin Oranges A Variety of Fluid Milks	23 <u>*Breakfast for Lunch</u> Chicken & Belgium Waffles Cinnamon Glazed Carrots Fruit cup A Variety of Fluid Milks	24 Mini Chicken Corn Dogs Potato Wedges Seasoned Broccoli Fresh Fruit A Variety of Fluid Milks	25 Pizza Crunchers w/Marinara Fresh Cucumbers & Tomato Salad Applesauce A Variety of Fluid Milks	
28 Mac & Cheese Seasoned Broccoli Pretzel Stick Fresh Fruit A Variety of Fluid Milks	29 Cheese Quesadilla Buttered Corn Salsa, Sour Cream Mandarin Oranges A Variety of Fluid Milks	30 <u>*Breakfast for Lunch</u> Maple Apple French Toast Casserole Roasted Potatoes Fruit Cup A Variety of Fluid Milks	31 No school Conferences		
<u>2nd Entrée Option</u> Hot Dog	<u>2nd Entrée Option</u> Cheeseburger	<u>2nd Entrée Option</u> Chicken Sandwich	<u>2nd Entrée Option</u> Bosco Sticks w/Marinara	<u>2nd Entrée Option</u> Grilled Cheese	
Lunch-\$3.50 Milk-\$.75					

Menu subject to change based on availability of product

Vegetarian options: WOW butter & Jelly Sandwich, Veggie & Hummus Wrap, or Tossed Salad to order please

****these are served with the daily side items****

WOW Butter - A peanut butter substitute made from sunflower seeds.

Call 216-295-4289 between 8:00am-9:30am to order.

Please let us know students name, grade, & school

Lunch Includes: Two Servings of Fruits or Vegetables, One Serving of Grain or Bread, One Low-Fat or Fat Free Milk

Low-Fat and Fat Free Milk Available Daily

Please discuss any food allergy issues concerning your child with the Food Service Office 216.295.4289

USDA is an equal opportunity provider and employer.

