



# Emergency Care Plan

## FOOD ALLERGY

Student: \_\_\_\_\_ Grade: \_\_\_\_\_ School Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Asthmatic:  Yes  No (increased risk for severe reaction) Allergen(s): \_\_\_\_\_

Parent: \_\_\_\_\_ Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Parent: \_\_\_\_\_ Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

### SYMPTOMS OF AN ALLERGIC REACTION MAY INCLUDE ANY/ALL OF THESE:

#### Give medication as ordered by doctor:

- **MOUTH** Itching & swelling of lips, tongue or mouth, mouth “feels hot”      \_\_\_ Epinephrine      \_\_\_ Antihistamine
- **THROAT** Itching, tightness in throat, hoarseness, cough      \_\_\_ Epinephrine      \_\_\_ Antihistamine
- **SKIN** Hives, itchy rash, swelling of face and extremities      \_\_\_ Epinephrine      \_\_\_ Antihistamine
- **STOMACH** Nausea, abdominal cramps, vomiting, diarrhea      \_\_\_ Epinephrine      \_\_\_ Antihistamine
- **LUNG** Shortness of breath, repetitive cough, wheezing      \_\_\_ Epinephrine      \_\_\_ Antihistamine
- **HEART** “Thready pulse”, “passing out”, pale, blueness      \_\_\_ Epinephrine      \_\_\_ Antihistamine
- **The severity of symptoms can change quickly – it is important that treatment is given immediately.**

#### STAFF MEMBERS INSTRUCTED:

- Administration       Classroom Teacher(s)       Special Area Teacher(s)  
 Support Staff       Transportation Staff

#### TREATMENT: **Rinse contact area with water if appropriate**

This student needs to sit at an allergy free table Yes \_\_\_\_\_ No \_\_\_\_\_

Treatment should be initiated  with symptoms  without waiting for symptoms

Benadryl ordered:  Yes  No Give \_\_\_\_\_ mg. Benadryl /per Provider’s orders

Administer:  Epi-pen  Epi-pen Jr./ per Provider’s orders

**Call school nurse.      Call parent/guardian if off school grounds.**

Special Instructions: \_\_\_\_\_

**IF INGESTION OR SUSPECTED INGESTION OF ALLERGEN OCCURS, SYMPTOMS ARE PRESENT AND EPINEPHRINE IS ORDERED, GIVE EPINEPHRINE IMMEDIATELY AND CALL 911.**

If transported from school: The ambulance will go to GOOD SAMARITAN HOSPITAL

Epinephrine provides a 20 minute response window. After epinephrine, a student may feel dizzy or have an increased heart rate. This is a normal response. Students receiving epinephrine should be transported to the hospital by ambulance. A staff member should accompany the student to the emergency room if the parent, guardian or emergency contact is not present and adequate supervision for other students is present.

**Transportation Plan:**  Medication NOT available on bus  Medication available on bus  Does not ride bus

Special instructions: No food is to be consumed on buses

Healthcare Provider Signature: \_\_\_\_\_ Phone: \_\_\_\_\_

**Parent/Guardian Signature** giving permission to share this plan with School Staff: \_\_\_\_\_

Date: \_\_\_\_\_

