

What's on the Menu?

Islander Middle School Lunch Menu: October 14-18

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
create	Teriyaki Beef	Pancakes with Sausage	GLOBAL EATS: Beef Taco or Pork Carnita Quesadilla	DISCOVERY KITCHEN: PASTA DAY with Cauliflower Mac and Cheese	Corn Dog
2nd mate	Cheese Pizza Pepperoni Pizza	Cheese Pizza Meat Lovers Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Meat Lovers Pizza	Cheese Pizza Pepperoni Pizza
grilled	Daily Selections: Cheeseburger, Breaded Chicken Sandwich, Spicy Chicken Sandwich, or Chicken Nuggets				
SO DELI					
	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie
ON THE GO	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons
	Mixed Berry Parfait	Mixed Berry Parfait	Mixed Berry Parfait	Mixed Berry Parfait	Mixed Berry Parfait
	Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap	Buffalo Chicken Wrap
	Sunbutter and Jelly Sandwich	Sunbutter and Jelly Sandwich	Sunbutter and Jelly Sandwich	Sunbutter and Jelly Sandwich	Sunbutter and Jelly Sandwich
	Salads offered with dinner roll or breadstick				
extra	Spring Salad	Spring Salad	Hummus	Caesar Salad	Caesar Salad
	Peaches	OJ	Peaches	Mixed Fruit	Applesauce
	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit