

# What's on the Menu?

## Islander Middle School Lunch Menu: October 7-11

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>create</b>	Fried Rice with Chicken	Eggs with Cinnamon Rolls	Beef and/or Cheese Nachos	Baked Pasta	No School
<b>2<sup>mate</sup></b>	Cheese Pizza Pepperoni Pizza	Cheese Pizza Meat Lovers Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Meat Lovers Pizza	No School
<b>grilled</b>	Daily Selections: Cheeseburger, Breaded Chicken Sandwich, Spicy Chicken Sandwich, or Chicken Nuggets				
<b>SO DELI</b>	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	No School
<b>ON THE GO</b>	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	No School
	Strawberry Parfait Buffalo Chicken Wrap	Strawberry Parfait Buffalo Chicken Wrap	Strawberry Parfait Buffalo Chicken Wrap	Strawberry Parfait Buffalo Chicken Wrap	
	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich	
	Salads offered with dinner roll or breadstick				
<b>extra<sup>extra</sup></b>	Spring Salad	Spring Salad	Hummus	Caeser Salad	No School
	Peaches	Strawberry cups	Peaches	Mixed Fruit	
	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	
	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	