

# What's on the Menu?

## Islander Middle School Lunch Menu: October 28-Nov 1

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>
<b>create</b>	<b>POTATO DAY:</b> Baked Potato Bar	Waffles and Sausage	Chicken Stirfry
<b>2<sup>nd</sup> mate</b>	Cheese Pizza Pepperoni Pizza	Cheese Pizza Meat Lovers Pizza	Cheese Pizza Pepperoni Pizza
<b>grilled</b>	Daily Selections: Cheeseburger, Breaded Chicken Sandwich, Spicy C		
<b>SO DELI</b>	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie
<b>ON THE GO</b>	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons
	Assorted Parfait Buffalo Chicken Wrap	Assorted Parfait Buffalo Chicken Wrap	Assorted Parfait Buffalo Chicken Wrap
	Sunbutter and Jelly Sandwich	Sunbutter and Jelly Sandwich	Sunbutter and Jelly Sandwich
	Salads offered with dinner roll or bre		
<b>extra<sup>®</sup></b>	Spring Salad	Spring Salad	Hummus
	Peaches	OJ	Peaches
	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit



**Thursday**

**Friday**

Sweet & Sour Meatballs with Rice	Chicken Tenders
Cheese Pizza Meat Lovers Pizza	Cheese Pizza Pepperoni Pizza
Chicken Sandwich, or Chicken Nuggets	
Turkey and Cheese Hoagie	Turkey and Cheese Hoagie
Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons
Assorted Parfait Buffalo Chicken Wrap	Assorted Parfait Buffalo Chicken Wrap
Sunbutter and Jelly Sandwich	Sunbutter and Jelly Sandwich
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Caeser Salad	Caeser Salad
Mixed Fruit	Applesauce
Assorted Fresh Vegetables	Assorted Fresh Vegetables
Local Fresh Fruit	Local Fresh Fruit