

# What's on the Menu?

## Islander Middle School Lunch Menu: Sept 30 - Oct 4

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>create</b>	Chicken Fajitas with <b>MOOD BOOST</b> Black Beans	Pizza Bagel	Cheese Enchiladas	<b>NOODLE DAY:</b> Chicken Alfredo	Philly Cheese Sandwich
	Cheese Pizza Pepperoni Pizza	Cheese Pizza Meat Lovers Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Meat Lovers Pizza	Cheese Pizza Pepperoni Pizza
<b>grilled</b>	Daily Selections: Hamburger, Cheeseburger, Breaded Chicken Sandwich, Spicy Chicken Sandwich, or Chicken Nuggets				
<b>SO DELI</b>					
	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie	Turkey and Cheese Hoagie
<b>ONE GO</b>	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons	Chicken Caesar Salad w/ Croutons
	Blueberry Parfait	Blueberry Parfait	Blueberry Parfait	Blueberry Parfait	Blueberry Parfait
	Buffalo Chicken Ranch Wrap	Buffalo Chicken Ranch Wrap	Buffalo Chicken Ranch Wrap	Buffalo Chicken Ranch Wrap	Buffalo Chicken Ranch Wrap
	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich	SunButter and Jelly Sandwich
	Salads offered with dinner roll or breadstick				
<b>extra extra</b>	Spring Salad	Spring Salad	Hummus	Caesar Salad	Caesar Salad
	Peaches	OJ	Peaches	Mixed Fruit	Applesauce
	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit	Local Fresh Fruit