

CHS

OCTOBER

2024



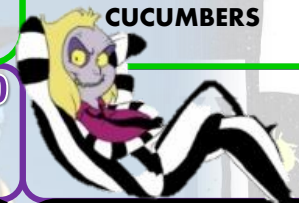
Monday

Tuesday

Wednesday

Thursday

Friday



CHOCOLATE MUFFIN
ASADO W/TOSTADAS
SPANISH RICE
REFRIED PINTO BEANS
SHREDDED SALAD

LEMON BAR
CHICKEN PARMESAN
W/SPAGHETTI
GARLIC BREADSTICK
CHOPPED SALAD
MIX VEGGIES

WHOLE GRAIN CONCHA
BONELESS CHICKEN
WINGS W/ROLL
SWEET POTATO FRIES
CARROTS & CELERY
STICKS

BREAKFAST WRAP
GREEN CHILE BURGER
SMILEY FRIES
CUCUMBERS

FALL BREAK

CEREAL
CHICKEN STRIPS
W/ROLL
MASHED POTATOES
W/GRAVY

**CHICKEN SAUSAGE
PANCAKE SANDWICH**
NACHOS SUPREME
PINTO BEANS
SHREDDED SALAD
OATMEAL COOKIE

**STRAWBERRY MINI
BAGELS**
BEEFARONI W/ROLL
STEAMED CARROTS
CHOPPED SALAD

**WHOLE GRAIN
MARRANITO**
HOT DOG
TATER TOTS
CARROTS & CELERY
STICKS

BANANA BREAD
ASIAN PLATE
W/ DUMPLINGS
MIXED VEGGIES
JICAMA

CEREAL
BACON
CHEESEBURGER
POTATO WEDGES
BURGER SALAD

BREAKFAST PIZZA
TACOS SALAD
SPANISH RICE
REFRIED PINTO BEANS
SHREDDED SALAD

**WHOLE GRAIN
CINNAMON BAR**
LASAGNA W/MEAT &
GARLIC BREADSTICK
STEAMED CARROTS
CUCUMBERS

**MINI WAFFLES or
MINI PANCAKES**
BAKED CHICKEN W/ROLL
CHARRO BEANS
CUCUMBERS

CRUMB BREAD
KENTUCKY BOWL
MASHED POTATOES
W/GRAVY
SEASONED CORN
CARROT BITES
OATMEAL COOKIE

CEREAL
MINI CORNDOGS
SWEET POTATO FRIES
CUCUMBERS

**WHOLE
GRAIN TARTS**
CHICKEN TAMALES
W/CHILE CON QUESO
REFRIED PINTO BEANS
CHOPPED SALAD

FRENCH TOAST
CHICKEN ALFREDO PASTA
W/GARLIC BREAD STICK
CHOPPED SALAD
SEASONED CORN
STEAMED BROCCOLI

**APPLE
BREAKFAST BITES**
LOADED POTATO BOAT
JICAMA
CUCUMBERS
OATMEAL COOKIE



Fresh Fruit & Milk Served

Menu Subject to Change

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FOOD & NUTRITIONAL DIVISION
NATIONAL SCHOOL BREAKFAST & LUNCH PROGRAMS

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



October 2024



CHS
Alternative Menu

MONDAY

Italian Cold Cut Sub
Sandwich

Spicy Buffalo Ranch

Chicken Salad

Pepperoni Pizza

TUESDAY

Spicy Buffalo Chicken
Wrap

Crispy Oriental Salad

Buffalo Chicken Pizza

WEDNESDAY

Ham Sandwich

Grilled Chicken Caesar

Salad

Cheese Pizza

THURSDAY

Turkey Bacon Wrap

Mexi-Ranch Chicken

Salad

Mega Meats Pizza

FRIDAY

Pepperoni Pizza



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