



October 2024



Ferndale Area High School Lunch Menu * Menu Subject to Change*

<p>Chef Salad Available Daily **Fat Free Chocolate, Strawberry, 1% white</p>	<p>1. Pasta W Meat Sauce, or Ham & Cheese, Tossed Salad, Garlic Bread Stick, Steamed Peas, Pears, Frozen Fruit Cup,</p>	<p>2. BBQ Pork Sand., or Ham & Cheese, French Fries, Baby Carrots, Veg. Beans, Pineapple, Mandarin Oranges, Milk</p>	<p>3. Meatballs in Gravy or Ham & Cheese, Seasoned Noodles, Geen Beans, Pears, Peaches, Dinner Roll, Milk</p>	<p>4. Maxx Sticks W Sauce, or Ham & Cheese Sand., Tossed Salad, Broccoli, Mixed Fruit, Pineapple, Milk</p>
<p>7. Hamburger on Bun, or Ham & Cheese Sandwich, Lettuce & Tomato, Veg Beans, Tator Tots, Pineapple, Pears, Milk</p>	<p>8. Hot Ham & Cheese on Pretzel Bun or Ham & Cheese Sandwich, Steamed Broccoli, French Fries, Pears, Banana, Milk</p>	<p>9. Chicken & Gravy over Biscuit or Ham & Cheese Sandwich, Broccoli. Apples, Peaches, Milk</p>	<p>10. BREAKFAST FOR LUNCH: Breakfast Sand., or Ham & Cheese Sand., Sausage Links, Baby Cakes, Peaches, Pineapple, Milk</p>	<p>11. Personal Pizza or Buffalo Chicken Pizza or Ham & Cheese Sand., Green Beans, Baby Carrots, Mandarin Oranges, Banana, Milk</p>
<p>14. No School</p>	<p>15. Meatball Hoagie or Deli Sandwich, Steamed Broccoli, Shredded Mozz Cheese, Mandarin Oranges, Apple, Milk</p>	<p>16. Chicken Taco or Turkey & Cheese Sandwich, Steamed Rice, Corn, Black Beans, Shredded Lettuce, Salsa, Pears, Peaches, Milk</p>	<p>17. Pizza Burgers or Turkey & Cheese Sandwich, Steamed Broccoli, Baby Carrots, Peaches, Oranges, Snack Bag, Milk</p>	<p>18. Stromboli w Sauce or Deli Combo, Tossed Salad, Green Beans, Peaches, Pears, Milk</p>
<p>21. Taco or Turkey & Cheese Sand, Steamed Rice, Shredded Lettuce & Shred Cheese, Corn, Baby Carrots, Mixed Fruit, Pears, Milk</p>	<p>22. Chicken Patty on Bun, or Turkey & Cheese Sand., Tator Tots, Green Beans, Mixed Fruit, Pears, Milk</p>	<p>23. Hot Dog on Bun or Turkey & Cheese, Veg. Beans, Baby Carrots, Peaches, Orange Pineapple Frozen Fruit Cup, Cheezits, Milk</p>	<p>24. Chicken Strips or Turkey & Cheese Sand., Dinner Roll, French Fries, Peas, Applesauce, Pineapple, Milk</p>	<p>25. Pizza or Turkey & Cheese, Baby Carrots, Broccoli, Mixed Fruit, Mandarin Oranges, Milk</p>
<p>28. BBQ Riblet Sand; or Deli Sand., Potato Wedges, Green Beans, Pineapple, Banana, Milk</p>	<p>29. Grilled Cheese Sand., or Deli Sand. Tomato Soup, Baby Carrots & Celery Cup, Goldfish Crackers, Pineapple, Apple, Milk</p>	<p>30. General Tso Chicken or Chicken Strips or Deli Sandwich, Steamed Rice, Steamed Broccoli, Pears, Peaches, Milk</p>	<p>31. Grande Nachos or Deli Sandwich, Lettuce, Cheddar Cheese, Salsa, Steamed Corn, Salsa, Black Beans, Peaches, Mixed Fruit, Milk</p>	<p>1. Pizza Or Buffalo Chicken Pizza, or Deli Sand., Tossed Salad, Pineapple, Pears, Snack Bag, Milk</p>
<p>Free Lunch & Breakfast for all Students!! Adult Prices Lunch \$4.75 Breakfast 2.85</p>				

