



October 2024



Ferndale Area Elementary School Lunch Menu * Menu Subject to Change*

**Fat Free Chocolate, Strawberry, 1% white	1. Pasta W Meat Sauce, or Ham & Cheese, Tossed Salad, Garlic Bread Stick, Steamed Peas, Pears, Frozen Fruit Cup, Milk	2. Chicken Nuggets or Ham & Cheese, French Fries, Baby Carrots, Veg, Beans, Pineapple, Milk	3. Meatballs in Gravy or Ham & Cheese, Seasoned Noodles, Geen Beans, Peaches, Dinner Roll, Milk	4. Maxx Sticks W Sauce, or Ham & Cheese Sand., Tossed Salad, Broccoli, Pineapple, Milk
7. Hamburger on Bun, or Ham & Cheese Sandwich, Lettuce & Tomato, Veg Beans, Tator Tots, Pineapple, Milk	8. Hot Ham & Cheese on Pretzel Bun or Ham & Cheese Sandwich, Steamed Broccoli, French Fries, Pears, Milk	9. Chicken Fajita & Cheese Sandwich, Steamed Rice, Black Beans, Lettuce/Cheese/Salsa, Peaches, Milk	10. BREAKFAST FOR LUNCH: French Toast Sticks, or Ham & Cheese Sand., Sausage Links, Baby Cakes, Peaches, Milk	11. Personal Pizza or Ham & Cheese Sand., Green Beans, Baby Carrots, Mandarin Oranges, Milk
14. No School	15. Meatball Hoagie or Deli Sandwich, Steamed Broccoli, Shredded Mozz Cheese, Mandarin Oranges, Milk	16. Chicken Taco or Turkey & Cheese Sandwich, Steamed Rice, Corn, Black Beans, Shredded Lettuce, Pears, Milk	17. Chicken & Gravy over Biscuits, or Turkey & Cheese Sandwich, Steamed Broccoli, Baby Carrots, Peaches, Milk	18. Stromboli w Sauce or Deli Combo, Tossed Salad, Green Beans, Peaches, Pears, Milk
21. Taco or Turkey & Cheese Sand, Steamed Rice, Shredded Lettuce & Shred Cheese, Corn, Baby Carrots, Mixed Fruit, Milk	22. Chicken Patty on Bun, or Turkey & Cheese Sand., Tator Tots, Green Beans, Pears, Milk	23. Hot Dog on Bun or Turkey & Cheese, Veg. Beans, Baby Carrots, Peaches, Orange Pineapple frozen Fruit Cup, Cheezits, Milk	24. Chicken Strips or Turkey & Cheese Sand., Dinner Roll, French Fries, Peas, Applesauce, Milk	25. French Bread Pizza or Turkey & Cheese, Baby Carrots, Broccoli, Mandarin Oranges, Milk
28. BBQ Pulled Pork Sand., or Deli Sand., Smiley Fries, Baby Carrots, Mandarin Oranges, Milk	29. Grilled Cheese Sand., or Deli Sand. Tomato Soup, Baby Carrots & Celery Cup, Goldfish Crackers, Pineapple, Milk	30. Chicken Nuggets or Deli Sandwich, Steamed Rice, Steamed Broccoli, Pears, Milk	31. Grande Nachos or Deli Sandwich, Lettuce, Cheddar Cheese, Salsa, Steamed Corn, Salsa, Black Beans, Peaches, Milk	1. Peperoni Pizza or Deli Sand., Tossed Salad, Green Beans, Pineapple, Milk
Free Lunch & Breakfast for all Students!! Adult Prices Lunch \$4.75 Breakfast 2.85				