MTSD ELEMENTARY MENU

BREAKFAST IS FREE FOR FVERYONE @

FOOD • FUN • FRIENDS

Free Lunch Meals for Eligible Students -Apply Online@ www.mtsd.org

Daily Breakfast Entrée Choices: Assorted Reduced Sugar Cereals, Whole Grain Pop Tarts, Hard-Boiled Eggs, & Yogurt

Daily Fruit Choices: Assorted Fresh Fruit, Assorted Fruit Cups *100% Fruit Juice is offered Monday through Friday @ Breakfast *100% Fruit Juice is offered Tuesday and Thursday @ Lunch

FOR EVERTONE ®		Daily Vegetable Choices: Fresh Cut Cold Vegetables, Hot Vegetable Dujour		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Student Meal Prices: Breakfast: FREE Paid Lunch: \$ 2.55 Daily Milk Selections: Skim Chocolate Milk 1% White Milk Milk (Ala Carte) \$ 0.95	BKFST: Colby Cheese Omelet Buttered Toast Entrée: Chicken Patty Sandwich Hot Vegetable: Baked Beans Grill: Hamburger Cheeseburger Deli: Turkey & Cheese Sub	BKFST: Glazed Cinnamon Roll Entree: Salisbury Steak Dinner Roll Hot Vegetable: Mashed Potatoes Brown Gravy Grill: Chicken Tenders Goldfish Crackers Salad: Italian Ham Goldfish Crackers	BKFST: Blueberry Muffin Top Entree: French Toast Sticks Chicken Sausage Hot Vegetable: Hashbrown Grill: Buttermilk Pancakes Deli: Ham & Cheese Sandwich	BKFST: Egg & Cheese Bagel Entree: Cheese Pizza Pepperoni Pizza Vegetable: Broccoli Grill: Smith's Hot Dog Deli: Pretzel, Yogurt, & Cheese Lunch Pack
BKFST: Mini Maple Pancakes Entree: Pasta w/ Meat Sauce Garlic Bread Hot Vegetable: Green Beans Grill: Popcom Chicken Goldfish Crackers Salad: Chicken Chef Goldfish Crackers	BKFST: Banana C.C. Benefit Bar Entree: Chicken Tenders Goldfish Crackers Hot Vegetable: Baked Beans Grill: Hamburger Cheeseburger Deli: Turkey & Cheese Sub	BKFST: Turkey Pancake Wrap Entree: Beef Nachos w/ Cheese Hot Vegetable: Buttered Corn Grill: Corn Dog Salad: Turkey Chef Goldfish Crackers	BKFST: Eggoji Waffle Chicken Sausage Entree: Popcorn Chicken & Rice w/ Orange Sauce Hot Vegetable: Steamed Broccoli Grill: Grilled Cheese Melt Deli: Ham & Cheese Sandwich	BKFST: Mini Cinni Entree: Cheese Pizza Pepperoni Pizza Vegetable: Assorted Fresh Cut Vegetables Grill: Smith's Hot Dog Deli: Pretzel, Yogurt, & Cheese Lunch Pack
NO SCHOOL National School	BKFST: Egg & Cheese Biscuit Entree: Beef Soft Tacos Hot Vegetable: Buttered Com Grill: Cheese Dippers w/ Sauce Deli: Ham & Cheese Sub Lunch Week	Hot Vegetable: Green Beans Grill: Chicken Patty Sandwich Salad: Egg Chef Goldfish Crackers	BKFST: Sausage, Egg, & 17 Cheese Bagel Entree: Bacon Cheeseburger Hot Vegetable: Baked Beans Grill: Chicken Tenders Goldfish Crackers Deli: Turkey & Cheese Sandwich	BKFST: Vanilla Glazed Donut 18 Entree: Cheese Pizza Pepperoni Pizza Vegetable: Assorted Fresh Cut Vegetables Grill: Smith's Hot Dog Deli: Pretzel, Yogurt, & Cheese Lunch Pack
BKFST: Colby Cheese Omelet Buttered Toast Entree: Popcorn Chicken Goldfish Crackers Hot Vegetable: Steamed Broccoli Grill: Cheese Stuffed Breadsticks w/ Sauce Salad: Italian Ham	BKFST: Celebration Benefit Bar Entree: Sloppy Joe Sandwich Hot Vegetable: Baked Beans Grill: Chicken Nuggets Goldfish Crackers Deli: Turkey & Cheese Sub	BKFST: Glazed Cinnamon Roll Entree: Chicken Alfredo w/ Pasta Hot Vegetable: Green Beans Grill: Hamburger Cheeseburger Salad: Ham & Turkey Cobb Goldfish Crackers	BKFST: Egg & Cheese Muffin Entree: Buttermilk Pancakes Chicken Sausage Hot Vegetable: Hashbrown Grill: Chicken Patty Sandwich Deli: Ham & Cheese Sandwich	BKFST: Chocolate Chip Muffin Top Entree: Cheese Pizza Pepperoni Pizza Vegetable: Assorted Fresh Cut Vegetables Grill: Smith's Hot Dog Deli: Pretzel, Yogurt, & Cheese

NOTES

28

BKFST: Mini Maple Pancakes Entree: Totally Taco Max Snax Hot Vegetable: Buttered Corn Grill: Chicken Tenders Goldfish Crackers Deli: Turkey & Cheese Sub

Goldfish Crackers

BKFST: Egg & Cheese Bagel Entree: BBQ Chicken Cheddar Melt Hot Vegetable: Steamed Broccoli Grill: Cheese Dippers w/ Sauce Salad: Popcorn Chicken w/ Cheese Goldfish Crackers

29

30 BKFST: Scrambled Eggs w/ Bacon **Buttered Toast** Entree: Chicken Patty Sandwich Hot Vegetable: Green Beans Grill: Cheese Quesadilla Deli: Ham & Cheese Sub

31 Happy Halloween! BKFST: Turkey Pancake Wrap

Entree: Hamburger Cheeseburger Hot Vegetable: Baked Beans

Goldfish Crackers

Grill: Corn Dog Salad: Ham & Turkey Chef

Smucker's Uncrustable PBJ Pack: Includes Uncrustable & Cheese Stick Available daily as a Lunch Entrée

Lunch Pack