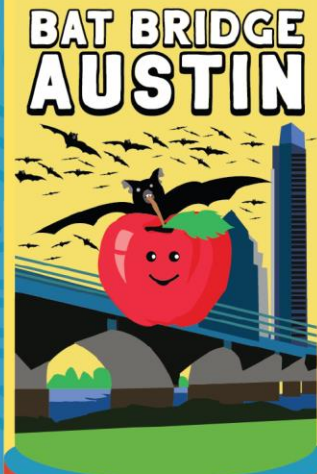


Pharr-San Juan-Alamo ISD

Pre-K Lunch Menu

OCT

2024



Choices of
Low Fat or Skim Milk
 (flavored & unflavored)
 offered daily
 Assorted
100% Juice & Fruit
 offered Daily for
Breakfast

“This institution is an
 equal opportunity
 provider”

*Menu is subject to
 change without notice
 due to deliveries and
 nation-wide shortages.

REV. 2
9/27/24

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9/30

CHICKEN POPPERS(S) W/
SLICED BREAD(G)(1 EA)
MAC & CHEESE(S)
 MASHED POTATOES(G)
 DICED PEARS(S)
 KETCHUP

10/1

FRITO PIE(S)
 CHEESE SAUCE CUP(S)
 LETTUCE & TOMATO BITS(S)
 100% FRUIT JUICE SLUSH(S)
 LF DRESSING

10/2

WARM HAM & CHEESE HOAGIE(S)
 CHEESY BROCCOLI(G)
 HONEY DEW MELON(G)
 KETCHUP/MUSTARD/MAYO

10/3

DILLY CHICKEN SANDWICH(S)
CURLY FRIES(S)
 PINEAPPLE TIDBITS(S)
 KETCHUP/
 MUSTARD/MAYO

10/4

CHEESY FRENCH BREAD(S)
 CUCUMBER SLICES(G)
 MIXED FRUIT CUP(S)
 LF DRESSING

10/7

ARTISAN CHICKEN TENDERS(S) W/
 DINNER ROLL(S)
 MASHED POTATOES(G)
 DICED PEARS(S)
 KETCHUP

10/8

BEAN & CHEESE PUPUSA(S)
 LETTUCE & TOMATO BITS(S)
 100% FRUIT JUICE SLUSH(S)
 LF DRESSING

10/9

TURKEY ALFREDO PASTA W/
 GARLIC BREAD STICK(S)
 STEAMED BABY CARROTS(G)
 CANTALOUPE CHUNKS(G)
 LF DRESSING

10/10

HAMBURGER/CHEESEBURGER(S)
 TATOR TOTS(S)
 PINEAPPLE TIDBITS(S)
 KETCHUP/
 MUSTARD/MAYO

10/11

PEPPERONI PIZZA(S)
 CUCUMBER SLICES(S)
 MIXED FRUIT CUP(S)
 LF DRESSING

10/14

**NON – SCHOOL
 DAY**

10/15

STEAK FINGERS(S) W/
 DINNER ROLL(G)
 MASHED POTATOES(G)
 100% FRUIT JUICE SLUSH(S)
 KETCHUP

10/16

RIB-B-Q ON A HOAGIE BUN
 CHEESY BROCCOLI(G)
 DICED PEACHES(S)
 KETCHUP/MUSTARD/MAYO/

10/17

OVEN FRIED CHICKEN(S)(1 EA) W/
 DINNER ROLL(G)
 CRINKLE CUT FRIES(S)
 PINEAPPLE TIDBITS(S)
 KETCHUP

10/18

PEPPERONI PIZZA(S)
 CUCUMBER SLICES(G)
 MIXED FRUIT CUP(S)
 LF DRESSING

10/21

CHICKEN SMACKERS(S) W/
 DINNER ROLL(S)
 MASHED POTATOES(G)
 FRESH ORANGE WEDGES(G)
 KETCHUP

10/22

CRISPY BEEF TACOS(S)
 SHREDDED CHEESE(G)
 SOPA DE FIDEO(G)
 LETTUCE & TOMATO BITS(S)
 100% FRUIT JUICE SLUSH(S)
 LF DRESSING

10/23

ORANGE CHICKEN(S) W/
 STEAMED WHITE RICE(G)
Organic STEAMED ZUCCHINI(G)
 WATERMELON CUBES(G)

10/24

HAMBURGER/CHEESEBURGER(S)
 CURLY FRIES(S)
 PINEAPPLE TIDBITS(S)
 KETCHUP/
 MUSTARD/MAYO

10/25

CHEESE FRENCH BREAD(S)
 MARINARA SAUCE(G)
Organic CUCUMBER SLICES(G)
 MIXED FRUIT CUP(S)
 LF DRESSING

10/28

CHICKEN POPPERS(S) W/
 DINNER ROLL(S)
 MASHED POTATOES(G)
 DICED PEARS(S)
 KETCHUP

10/29

WALKING TACO(S)
 CHEESE SAUCE CUP(S)
 LETTUCE & TOMATO BITS(S)
 100% FRUIT JUICE SLUSH(S)
 LF DRESSING

10/30

WARM HAM & CHEESE HOAGIE(S)
 CHEESY BROCCOLI(G)
 HONEY DEW MELON(G)
 KETCHUP/MUSTARD/MAYO

10/31

DILLY CHICKEN SANDWICH(S)
Organic STEAMED ZUCCHINI(G)
 PINEAPPLE TIDBITS(S)
 KETCHUP/
 MUSTARD/MAYO

11/1

PEPPERONI PIZZA(S)
Organic CUCUMBER SLICES(G)
 MIXED FRUIT CUP(S)
 LF DRESSING



Food and Nutrition Division
 National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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