## **October Breakfast**

This institution is an equal opportunity provider. Menus are subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Mantecada Muffin	Cinnamon Chex Cereal w/ Honey Grahams NEW! Maple Beef Sausage & Pancake Sandwich	NEW! Apple Jacks Cereal w/ Honey Grahams	Cinnamon Roll NEW! Froot Loops Cereal w/ Honey Grahams
7	8	9	10	11
Cinnamon Crumble NEW! Froot Loops Cereal w/ Honey Grahams	Pancakes w/ Syrup Bagel w/ Cream Cheese	Banana Bread NEW! Egg Scramble w/ Roasted Potatoes & Dinner Roll	NEW! Sweet Potato Sunrise Muffin	
14	15	16	17	18
		NEW! Strawberry Yogurt Parfait w/ Cinnamon Granola NEW! Maple Beef Sausage & Pancake Sandwich	NEW! Chocolate Chip Muffin Top	NEW! Froot Loops Cereal w/ Honey Grahams
21	22	23	24	25
NEW! Froot Loops Cereal w/ Honey Grahams	Pancakes w/ Syrup	Banana Bread	NEW! Sweet Potato Sunrise Muffin	Conchita w/ String Cheese
28	29	30	31	
NEW! Double Chocolate Chip Muffin	Mantecada Muffin	NEW! Strawberry Yogurt Parfait w/ Cinnamon Granola NEW! Maple Beef Sausage & Pancake Sandwich	Halloween Concha (Orange-Colored)	
Breakfast Includes:	Featured Fruit:		RevUp Rewards:	
Choice of Fat Free White Milk or 1% Low Fat White Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams		Slices (1/2 C),Apple (1/2 C),Banana (1/2 C), sauce Cup (1/2 C),Orange (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

NORCAL Breakfast SBP