



# Elementary E-Learning Plan

## Dear First Grade Parents and Guardians,

This year it has been decided that all classes (P-6) will participate in e-learning days by completing the attached work “packets” and returning it completed with a parent/guardian signature the next school day. This is how we will be marking attendance for the school day.

Attached you will find 3 days worth of work for your student to complete on e-learning days ONLY. Please only complete one day's worth of work on an e-learning day, ei. Day 1 work to be completed on e-learning day number one, Day 2 work to be completed on e-learning day number two, etc. Please do NOT complete all the packets on the first e-learning day.

Included in the packet of work is review of skills your student has seen before in reading and math. If any questions arise while you are working with your student, your student’s teacher is available via phone, or email until 3:30p.m. Please do not hesitate to reach out and ask questions.

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Have fun learning today!




# First Grade E-learning Packet

**Day 1**

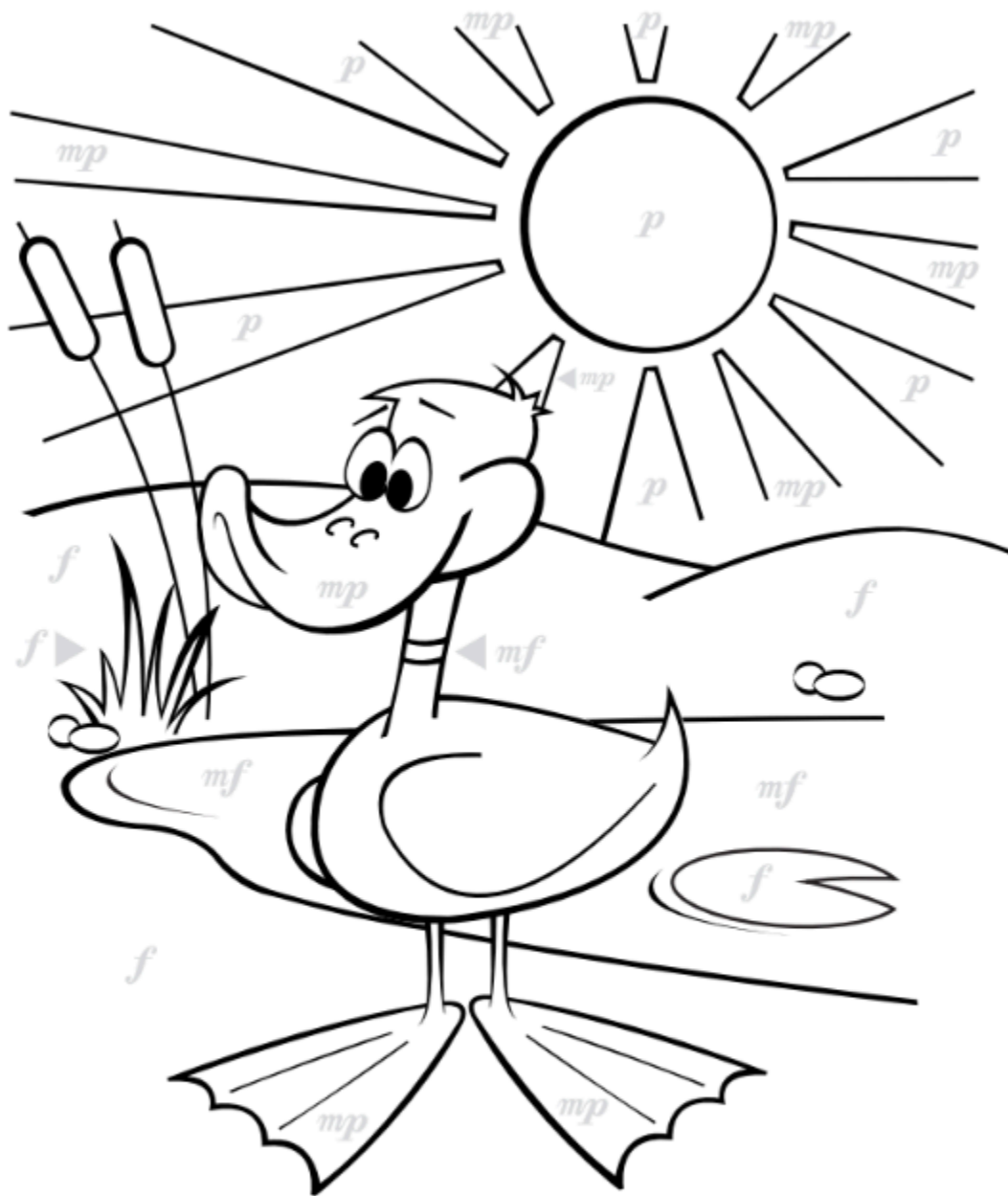
**Date:** \_\_\_\_\_

**Name:**

<p><b>Independent Reading</b></p>	<p><input type="checkbox"/> 10 minutes read to self <input type="checkbox"/> 10 minutes read to self <input type="checkbox"/> Write about the following prompt:</p> <p>Today I would like to _____ _____</p>
<p><b>SEL Social Skills</b></p>	<p>Tell someone in your house about a rule we have at school and why you follow it. Draw a picture of the rule and write a sentence to explain your picture.</p>
<p><b>Reading Work</b></p>	<p>Find a word that you don't know, you think sounds funny, or you don't know what it means and write it down.</p> <p>Word : _____</p> <p>What I think it looks like. _____</p> <p>What I think it means: _____ _____</p>

<p><b>Math Work</b></p>	<p>Draw a picture to solve the following word problems and then write an equation in the space below.</p> <p><i>Jon has Four apples. Sarah has 5 apples. How many apples do they have all together?</i></p> <p><i>Ellen has 10 apples. She gives four apples to Jerry. How many apples does Ellen have left?</i></p>
<p><b>Music</b></p>	<p>Color the "Everything is Ducky" page using the dynamic shown for each color.  <a href="#">everything-is-ducky-dynamics-worksheet.pdf</a></p>
<p><b>PE</b></p>	<p><b>Negen: 10 minutes of exercise (jumping jacks, squats, sit-ups, mountain climbers, push-ups and jog in place)</b>  <b>Pick a square to finish from <a href="#">fitness challenge board</a></b>  <b>Other activities: Shovel Snow, build snowman/snow fort, or other activities outside.</b></p>
<p><b>English Language Development (Mrs. Marcus)</b></p>	<p><b><a href="#">"5 Seconds" Game</a></b></p>
<p><b>Letter Work (Mrs. Elfering/Ms. Hagen)</b></p>	<p><b>How many CVC (Consonant, Vowel, Consonant) words can you make with the letters a, c, d, f, h, m, n, t, and x?</b>  <b>(ex. had)</b></p>

**Parent Signature** \_\_\_\_\_



# EVERYTHING IS DUCKY

Piano = Yellow  
(soft)

Mezzo Piano = Orange  
(Mezzo Piano)

Mezzo Forte = Blue  
(Medium Loud)

Forte = Green  
(Loud)



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# E-Learning

## RCW Health Challenge

Complete all 25 challenges to have a chance to win extra Phy Ed or Recess Time

Cross off with an X as you complete

Cardio	Strength	Mind	Core	Be a Kid
3 separate 1-mile walks timed	Push-up variation 10 a day for one week	Complete a puzzle	Have a plank contest with family or friend	Challenge 4 friend or family to rock paper scissors
2 sets of 50 reps jumping jacks	Squat 3 sets of 20 reps with or without weight	Read a complete book at current reading level	Sit-ups 3 sets of 12 reps	Play in snow
Complete a Just Dance video on YouTube.	Challenge a friend or family to arm wrestle	Play a board or card game with family member(s)	Mountain Climbers 2 cycles of As many reps as possible	Cook your own meal or help an adult
Be outside for 60 minutes	Leg raises 2 sets of 15 reps	Create a maze	Create 3 yoga poses	Invent a Tag game and play it
Complete a H.I.I.T video from YouTube	Find the heaviest object you can lift safely in your home	Give 5 positive compliments out in a day	Walk 100 yards on all four limbs	Build a fort

K-4 e-Learning: Day #1

ELL assignment from Mrs. Marcus

This game is called "5 Seconds." You can play by yourself OR with other people. Use a timer to list 3 things from each card within 5 seconds. If playing with another person, they have to say 3 new words, no repeats. Try 10-20 seconds if 5 seconds isn't long enough.

EXTRA CHALLENGE: write down the 3 ideas (untimed). Have fun!

Name 3 things that are yellow	Name 3 farm animals	Name 3 fruits
Name 3 heavy items	Name 3 light items	Name 3 holidays
Name 3 books	Name 3 movies	Name 3 types of shoes




# First Grade E-learning Packet

**Day 2**

**Date:** \_\_\_\_\_

**Name:**

<b>Independent Reading</b>	<input type="checkbox"/> 10 minutes read to self <input type="checkbox"/> 10 minutes read to self <input type="checkbox"/> Write about the following prompt: In the Winter I like to____.
<b>SEL Social Skills</b>	Tell someone in your family what you would do if someone dropped their sweatshirt at recess.
<b>Reading Work</b>	Find seven different items in your house and try your best to sound out and spell each item.
<b>Math Work</b>	Write your doubles facts from 0-10 and then 5 near doubles facts in the space below.

<b>Music</b>	<p>Complete the Mystery Musical Sounds Scavenger Hunt.</p> <p> Musical Sounds Scavenger Hunt - K-2.pdf</p>
<b>PE</b>	<p>Negen: 10 minutes of exercise (jumping jacks, squats, sit-ups, mountain climbers, push-ups and jog in place)</p> <p>Pick a square to finish from <a href="#">fitness challenge board</a></p> <p>Other activities: Shovel Snow, build snowman/snow fort, or other activities outside.</p>
<b>English Language Development (Mrs. Marcus)</b>	<p><a href="#">"5 Seconds" Game</a></p>
<b>Letter Work (Mrs. Elfering/Ms. Hagen)</b>	<p>How many CVC (Consonant, Vowel, Consonant) words can you make with the letters b, d, e, g, l, m, n, p, t, and w? (ex. peg)</p>

**Parent Signature** \_\_\_\_\_



## Mystery Musical Sounds Scavenger Hunt!

Find **5** objects around your house or apartment that make a musical sound. It would be fun if you and someone else in your family had a contest to each find 5 sounds.

When you find a musical sound, write the name of the object in a bubble and practice making its sound with your voice.

**I can use my voice to echo musical sounds.**



After all your bubbles are filled, make one of musical sounds again with your voice and have a family member guess what object makes that sound.

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Complete a Just Dance video on YouTube.	Challenge a friend or family to arm wrestle	Play a board or card game with family member(s)	Mountain Climbers 2 cycles of As many reps as possible	Cook your own meal or help an adult
Be outside for 60 minutes	Leg raises 2 sets of 15 reps	Create a maze	Create 3 yoga poses	Invent a Tag game and play it
Complete a H.I.I.T video from YouTube	Find the heaviest object you can lift safely in your home	Give 5 positive compliments out in a day	Walk 100 yards on all four limbs	Build a fort

K-4 e-Learning: Day #2

ELL assignment from Mrs. Marcus

This game is called "5 Seconds." You can play by yourself OR with other people. Use a timer to list 3 things from each card within 5 seconds. If playing with another person, they have to say 3 new words, no repeats. Try 10-20 seconds if 5 seconds isn't long enough.

EXTRA CHALLENGE: write down the 3 ideas (untimed). Have fun!

Name 3 things that are blue	Name 3 forest animals	Name 3 vegetables
Name 3 things at a bakery	Name 3 pieces of clothing	Name 3 things to pack
Name 3 places to visit	Name 3 stinky animals	Name 3 books you like




# First Grade E-learning Packet

**Day 3**

**Date:** \_\_\_\_\_

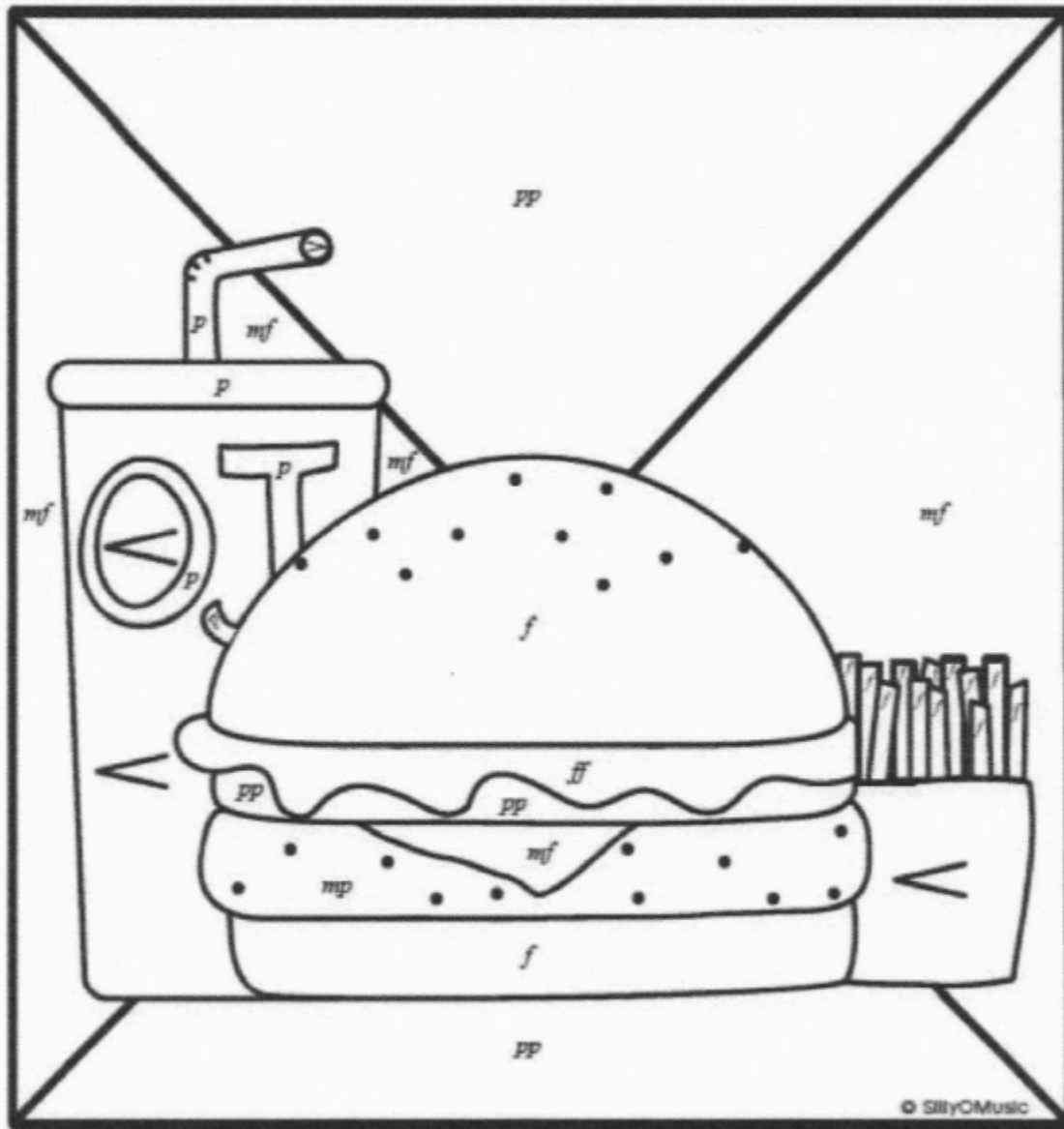
**Name:**

<b>Independent Reading</b>	<input type="checkbox"/> 10 minutes read to self <input type="checkbox"/> 10 minutes read to self <input type="checkbox"/> Write about the following prompt: I am special because _____ _____
<b>SEL Social Skills</b>	Tell someone in your family what makes you unique. Then ask them what makes them unique. Write the answers below.
<b>Reading Work</b>	Read a picture story to someone. Draw what happened in the beginning, middle, and end on the sheet of paper in this packet.
<b>Math Work</b>	Write the addition facts that equal ten with turn around facts in the space below:

<b>Music</b>	<p>Color the Burger &amp; Fries Dynamics page.</p> <p> <b>Burger and Fries Dynamics.pdf</b></p> <p><i>pp=very soft p=soft mp=moderately soft mf=moderately loud f=loud ff=very loud &lt;=gradually get louder &gt;=gradually get softer</i></p>
<b>PE</b>	<p><b>Negen: 10 minutes of exercise (jumping jacks, squats, sit-ups, mountain climbers, push-ups and jog in place)</b></p> <p><b>Pick a square to finish from <a href="#">fitness challenge board</a></b></p> <p><b>Other activities: Shovel Snow, build snowman/snow fort, or other activities outside.</b></p>
<b>English Language Development (Mrs. Marcus)</b>	<p><b><a href="#">“5 Seconds” Game</a></b></p>
<b>Letter Work (Mrs. Elfering/Ms.Hagen)</b>	<p><b>How many CVC (Consonant, Vowel, Consonant) words can you make with the letters b, d, g, h, i, n, p, s, and t?</b></p> <p><b>(ex. dig)</b></p>

**Parent Signature** \_\_\_\_\_

# BURGER & FRIES DYNAMICS



- |           |                 |           |                      |
|-----------|-----------------|-----------|----------------------|
| green     | yellow          | orange    | blue                 |
| very loud | moderately loud | soft      | gradually get louder |
| tan       | brown           | red       | black                |
| loud      | moderately soft | very soft | gradually get softer |

Name: \_\_\_\_\_

Class: \_\_\_\_\_

# E-Learning

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## EL Students Only

K-4 e-Learning: Day #3

ELL assignment from Mrs. Marcus

This game is called "5 Seconds." You can play by yourself OR with other people. Use a timer to list 3 things from each card within 5 seconds. If playing with another person, they have to say 3 new words, no repeats. Try 10-20 seconds if 5 seconds isn't long enough. EXTRA CHALLENGE: write down the 3 ideas (untimed). Have fun!

Name 3 things that are green	Name 3 ocean animals	Name 3 types of meat
Name 3 types of snacks	Name 3 friends	Name 3 sticky foods
Name 3 places to eat	Name 3 places at school	Name 3 rooms in your house