

# Deshler Middle School

**Lunch October 2024**

*"Goooo....Deshler Tigers"*

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
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| <p><b>Lunch Meal Prices</b><br/>Employee: \$5.00 Visitor \$5.50<br/>FREE to all students<br/><a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a><br/>Convenient access to meal balances, purchases, and make payments.<br/>This menu is subject to change due to food shortages and delivery issues.</p> | <p><b>Crispito or Chicken Quesdilla</b><br/>Lettuce &amp; Tomato<br/>Seasoned Beans<br/>Cheese Dip, Salsa, Chips<br/>Fruit<br/>Dessert<br/><b>1</b></p> | <p><b>Hotdog or Rib Sandwich</b><br/>Slaw<br/>Carrot Sticks w/ Ranch<br/>Baked Beans<br/>Baked Chips<br/>Fruit<br/><b>2</b></p>                         | <p><b>Taco Soup</b><br/>PB&amp;J or Grilled Cheese<br/>Crackers<br/>Broccoli<br/>Romaine Salad<br/>Fruit<br/><b>3</b></p>   | <p><b>Cheese Sticks or Pizza</b><br/>Marinara Sauce<br/>Corn<br/>Romaine Salad<br/>Fruit<br/>Dessert<br/><b>4</b></p>  |
| <p><b>Chicken Bites or Grilled Chicken</b><br/>Mashed Potatoes<br/>Blackeyed Peas<br/>Romaine Salad<br/>Biscuit<br/>Fruit<br/><b>7</b></p>  | <p><b>BBQ Sandwich or Fish Sandwich</b><br/>Tater Tots<br/>Slaw<br/>Green Beans<br/>Fruit<br/>Dessert<br/><b>8</b></p>                                  | <p><b>Hot Ham and Cheese or Deli Turkey Sub</b><br/>Corn<br/>Carrot Sticks w/ Ranch<br/>Lettuce &amp; Tomato<br/>Baked Chips<br/>Fruit<br/><b>9</b></p> | <p><b>Burrito Bowl Taco or Chicken Fajita</b><br/>Rice &amp; Beans<br/>Chips, Cheese Dip, Salsa<br/>Lettuce &amp; Tomato<br/>Fruit<br/>Dessert<br/><b>10</b></p>      | <p><b>Hot Pocket or Corndog</b><br/>Broccoli &amp; Cheese<br/>Romaine Salad<br/>Fruit<br/><b>11</b></p>  |
| <p><b>FALL BREAK</b><br/><br/><b>14</b></p>   | <p><b>FALL BREAK</b><br/><br/><b>15</b></p>   | <p><b>Chicken Tenders or Breaded Beef Steak</b><br/>Mashed Potatoes<br/>Green Peas<br/>Romaine Salad<br/>Fruit<br/><b>16</b></p>                        | <p><b>Chicken Spaghetti or Salisbury Steak</b><br/>Green Beans<br/>Romaine Salad<br/>Roll<br/>Fruit<br/>Dessert<br/><b>17</b></p>                                     | <p><b>Pizza Crunchers or Pizza</b><br/>Marinara Sauce<br/>Corn<br/>Romaine Salad<br/>Fruit<br/><b>18</b></p>   |
| <p><b>Chicken Bites or Deli Sandwich</b><br/>Mashed Potatoes<br/>Blackeyed Peas<br/>Romaine Salad<br/>Fruit<br/><b>21</b></p>   | <p><b>Hamburger or Cheeseburger</b><br/>French Fries<br/>Baked Beans<br/>Lettuce &amp; Tomato<br/>Fruit<br/>Cookie<br/><b>22</b></p>                    | <p><b>Crispito or Chicken Quesdilla</b><br/>Lettuce &amp; Tomato<br/>Cheese Dip, Salsa, Chips<br/>Seasoned Beans<br/>Fruit<br/><b>23</b></p>            | <p><b>Spicy Chicken Sandwich or Regular Chicken Sandwich</b><br/>Green Beans<br/>Lettuce &amp; Tomato<br/>Carrot Sticks<br/>Baked Chips<br/>Dessert<br/><b>24</b></p> | <p><b>Cheese Sticks or Pizza</b><br/>Marinara Sauce<br/>Broccoli<br/>Garlic Butter Noodles<br/>Fruit<br/><b>25</b></p>   |
| <p><b>Chicken Tenders or Breaded Beef Steak</b><br/>Mashed Potatoes<br/>Green Beans<br/>Romaine Salad<br/>Fruit<br/><b>28</b></p>   | <p><b>BBQ Sandwich or Fish Sandwich</b><br/>Baked Beans<br/>Slaw<br/>Baked Chips<br/>Fruit<br/>Dessert<br/><b>29</b></p>                                | <p><b>Chicken Fajita or Taco Salad</b><br/>Lettuce &amp; Tomato<br/>Cheese Dip, Salsa, Chips<br/>Seasoned Beans<br/>Fruit<br/><b>30</b></p>             | <p><b>Chili</b><br/>PB&amp;J or Grilled Cheese<br/>Crackers<br/>Broccoli<br/>Romaine Salad<br/>Fruit<br/>Cookie<br/><b>31</b></p>                                     | <p><b>Offer Vs Serve</b><br/>A full meal for a student includes 3 of the 5 items and must include a fruit or vegetable.<br/><b>MILK OFFERED DAILY</b><br/><b>Grab &amp; Go Salads</b><br/>Offered Mon, Wed, &amp; Fri<br/><b>Grab &amp; Go PBJ Sandwich Meal</b><br/>Offered Tues &amp; Thur</p> |