

Greenwood Lake UFSD

Breakfast and Lunch are free as part of the Community Eligibility Program

TUESDAY

WEDNESDAY

THURSDAY



100% Fruit Juice, Fresh & Cupped Fruit Low-Fat Milk Choices

**Everyday Choices:** 

Cereal, Muffins & Yogurt

Lunch Includes:

Vegetable, Fresh and Cupped Fruit, Low Fat Milk Choices

**Everyday Lunch Choices:** 

Ham, Ham & Cheese, Turkey, Turkey & Cheese, Salami, Cheese, PB&J, Egg & Tuna Salad

Middle School Salad Bar: Includes Lettuce, Tomato, Carrots & Cucumbers



**Breakfast: French Toast** 

**Pizza with Assorted Toppings** 

Fresh Garden Salad Low Fat Milk Choices

**Breakfast: Bagels** 

**Chicken Teriyaki Noodles** 

Vegetable Egg Roll Mixed Vegetables Low Fat Milk

**Breakfast: Waffles** 

**Superintendent Conference Day** 

No School for Students

**Breakfast: WG Donut Build a Burger** 

Lettuce, Tomato, Cheese

Tater Tots Low Fat Milk

Henry in 1st Grade's favorite meal. "I like to add onions"

**Breakfast: Pancakes** 

**Chicken Drumstick** 

Mashed Potatoes **Green Beans** Low Fat Milk

**Pizza with Assorted Toppings** 

Fresh Garden Salad Low Fat Milk Choices

Johnny in 2nd Grade says he loves the "Pepperoni Pizza because it's Spicy!"

**Veterans Day** 

No School for Students

Seasoned Taco Meat, Rice Black Beans, Tortilla Chips Low Fat Milk

**Taco Tuesday** 

**Cheesy Breadstick** 

Marinara Sauce Roasted Butternut Squash Low Fat Milk

Fresh Local Squash from Dagele Farms!

**Half Day Parent Teacher Conferences Only Breakfast Served** 

15

**Pizza with Assorted Toppings** 

Fresh Garden Salad Low Fat Milk Choices

**Toasted Cheese Sandwich** 

**Tater Tots** Chicken Soup Low Fat Milk 19

12

Homemade Chili

**Tortilla Chips** Sweet Corn Low Fat Milk

20

13

Half day **Parent Teacher Conferences Only Breakfast Served** 

21

Middle School **Thanksgiving Meal** 

**Elementary School Pizza with Assorted Toppings** Fresh Garden Salad

Low Fat Milk

22

**Elementary School Thanksgiving Meal** 

Middle School Pizza with Assorted Toppings

Fresh Garden Salad Low Fat Milk

**Buffalo Chicken Nuggets** 

Sweet Potato Fries Low Fat Milk James in 6<sup>th</sup> Grade says his favorite meal is the "Buffalo Nuggets with the spicy sauce!"

26

**Taco Pizza Bites** 

**Tater Tots Black Beans** Low Fat Milk 27

Half day

**Only Breakfast Served** 

28

**Thanksgiving Recess** 

**No School for Students** 

29

**Thanksgiving Recess** 

No School for Students