

Elementary E-Learning Plan 24-25 School Year

Dear Kindergarten Parents and Guardians,

This year it has been decided that all classes (K-6) will participate in e-learning days by completing the attached work "packets" and returning it completed with a parent/guardian signature the next school day. This is how we will be marking attendance for the school day.

Attached you will find five days worth of work for your student to complete on e-learning days ONLY. Please only complete one day's worth of work on an e-learning day, ei. Day 1 work to be completed on e-learning day number one, Day 2 work to be completed on e-learning day number two, etc. Please do NOT complete all the packets on the first e-learning day.

Included in the packet of work is review of skills your student has seen before in reading and math. If any questions arise while you are working with your student, your student's teacher is available via phone or email until 3:30 p.m. Please do not hesitate to reach out and ask questions.

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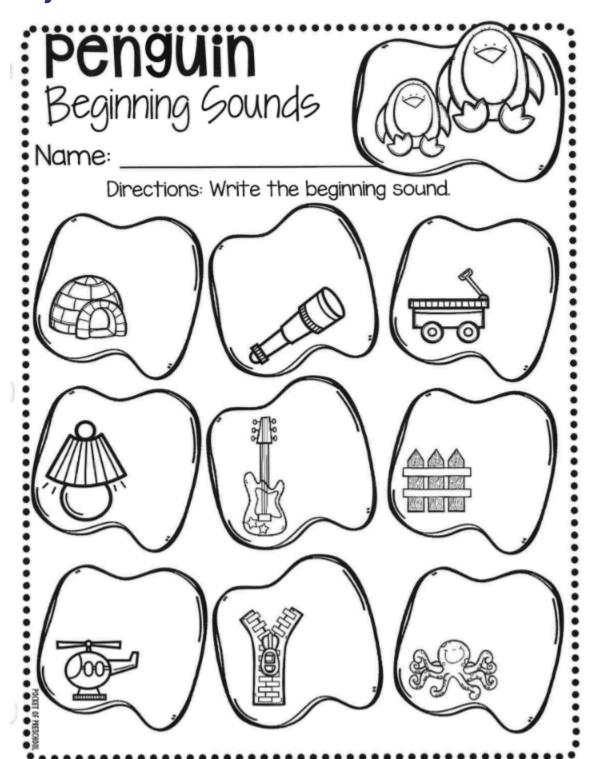


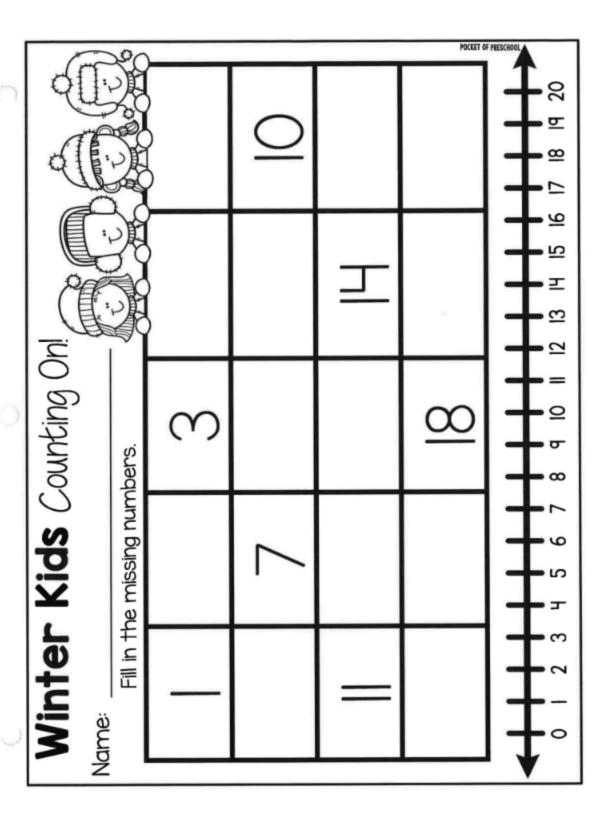
Kindergarten E-learning Packet

Day 1 Date: _____

Independent Reading	☐ 10 minutes read to self	
	Read a book with a silly voice	
SEL Social Skills	Staring Contest Many children have trouble maintaining eye contact in conversation. A staring contest can help kids make and keep eye contact in a way that allows them to focus on that task, rather than trying to communicate simultaneously. If your child still feels uncomfortable, you can start smaller. Place a sticker on your forehead for them to look at and then build toward having a conversation.	
Reading Work	Penguin Beginning Sounds	
Math Work	Winter Kids Counting On	
Music	Color, draw, or do a craft while listening to your favorite music.	
PE	Negen: 10 minutes of exercise (jumping jacks, squats, sit-ups, mountain climbers, push-ups and jog in place) Pick a square to finish from <u>fitness challenge board</u> Other activities: Shovel Snow, build snowman/snow fort, or other activities outside.	
English Language Development (Mrs. Marcus)	<u>"5 Seconds" Game</u>	
Letter Work (Mrs. Elfering/Ms. Hagen)	Find something in your house that starts with a, m, t, and p. Draw them below.	

Parent Signature:	
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EL Students Only

K-4 e-Learning: Day #1 ELL assignment from Mrs. Marcus

This game is called "5 Seconds." You can play by yourself OR with other people. Use a timer to list 3 things from each card within 5 seconds. If playing with another person, they have to say 3 new words, no repeats. Try 10-20 seconds if 5 seconds isn't long enough. EXTRA CHALLENGE: write down the 3 ideas (untimed). Have funi

Name 3 things that are yellow	Name 3 farm animals	Name 3 fruits
Name 3 heavy items	Name 3 light items	Name 3 holidays
Name 3 books	Name 3 movies	Name 3 types of shoes

E-Learning

RCW Health Challenge

Complete all 25 challenges to have a chance to win extra Phy Ed or Recess Time Cross off with an X as you complete

Cardio	Strength	Mind	Core	Be a Kid
3 separate 1-mile walks timed	Push-up variation 10 a day for one week	Complete a puzzle	Have a plank contest with family or friend	Challenge 4 friend or family to rock paper scissors
2 sets of 50 reps jumping jacks	Squat 3 sets of 20 reps with or without weight	Read a complete book at current reading level	Sit-ups 3 sets of 12 reps	Play in snow
Complete a Just Dance video on YouTube.	Challenge a friend or family to arm wrestle	Play a board or card game with family member(s)	Mountain Climbers 2 cycles of As many reps as possible	Cook your own meal or help an adult
Be outside for 60 minutes	Leg raises 2 sets of 15 reps	Create a maze	Create 3 yoga poses	Invent a Tag game and play it
Complete a H.I.I.T video from YouTube	Find the heaviest object you can lift safely in your home	Give 5 positive compliments out in a day	Walk 100 yards on all four limbs	Build a fort



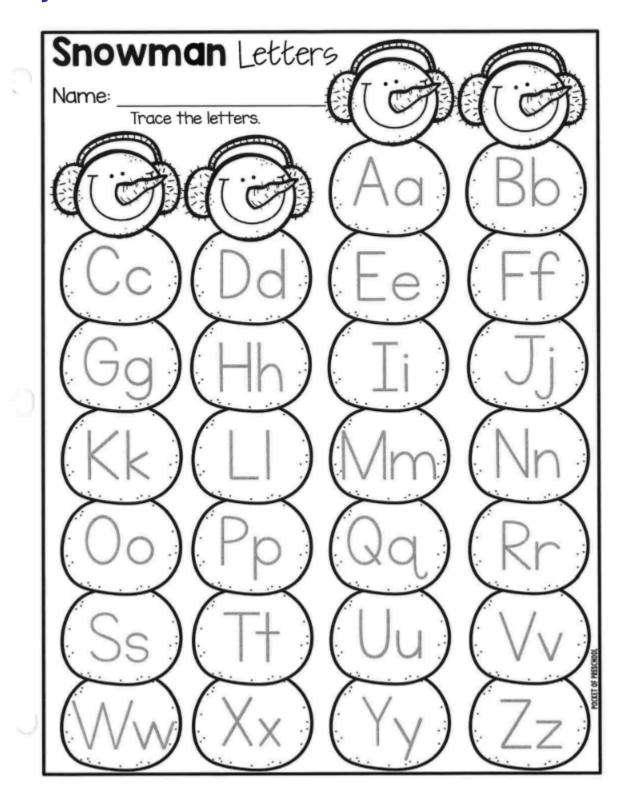
Kindergarten E-learning Packet

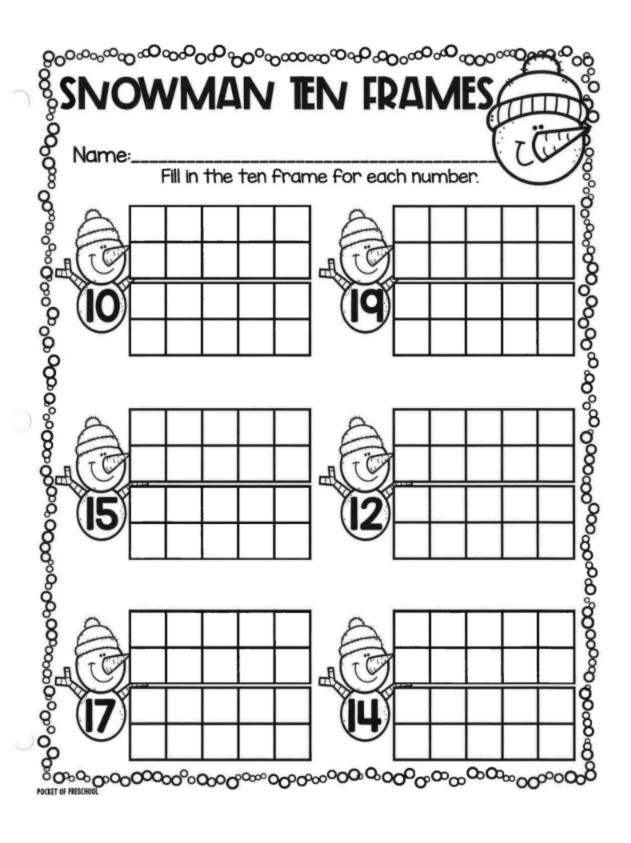
Day 2 Date: _____

Independent Reading	☐ 10 minutes read to self☐ Read a rhyming book	
SEL Social Skills	Roll the Ball It's never too early to start building social skills, and a game of roll the ball suits children as young as toddlers. Kids take turns rolling a ball back and forth between them, laying the foundation for other social skills. Kids learn to carry this skill into taking turns in conversation or when doing joint activities. They also learn self-control by aiming the ball toward their friend and rolling it hard enough to reach them yet with limited force.	
Reading Work	Snowman Letters	
Math Work	Snowman Ten Frames	
Music	Find something you can use as a drum and echo rhythm patterns with a partner.	
PE	Negen: 10 minutes of exercise (jumping jacks, squats, sit-ups, mountain climbers, push-ups and jog in place) Pick a square to finish from <u>fitness challenge board</u> Other activities: Shovel Snow, build snowman/snow fort, or other activities outside.	
English Language Development (Mrs. Marcus)	<u>"5 Seconds" Game</u>	
Letter Work (Mrs. Elfering/Ms. Hagen)	Find something in your house that starts with o, n, c, and d.	

Parent Signature:	

Day 2





EL students Only

K-4 e-Learning: Day #2 ELL assignment from Mrs. Marcus

This game is called "5 Seconds." You can play by yourself OR with other people. Use a timer to list 3 things from each card within 5 seconds. If playing with another person, they have to say 3 new words, no repeats. Try 10-20 seconds if 5 seconds isn't long enough. EXTRA CHALLENGE: write down the 3 ideas (untimed). Have funl

Name 3	Name 3	Name 3
things that	forest	vegetables
are blue	animals	
Name 3	Name 3	Name 3
things at a	pieces of	things to
bakery	clothing	pack
Name 3	Name 3	Name 3
places to	stinky	books you
visit	animals	like

E-Learning

RCW Health Challenge

Complete all 25 challenges to have a chance to win extra Phy Ed or Recess Time Cross off with an X as you complete

Cardio	Strength	Mind	Core	Be a Kid
3 separate 1-mile walks timed	Push-up variation 10 a day for one week	Complete a puzzle	Have a plank contest with family or friend	Challenge 4 friend or family to rock paper scissors
2 sets of 50 reps jumping jacks	Squat 3 sets of 20 reps with or without weight	Read a complete book at current reading level	Sit-ups 3 sets of 12 reps	Play in snow
Complete a Just Dance video on YouTube.	Challenge a friend or family to arm wrestle	Play a board or card game with family member(s)	Mountain Climbers 2 cycles of As many reps as possible	Cook your own meal or help an adult
Be outside for 60 minutes	Leg raises 2 sets of 15 reps	Create a maze	Create 3 yoga poses	Invent a Tag game and play it
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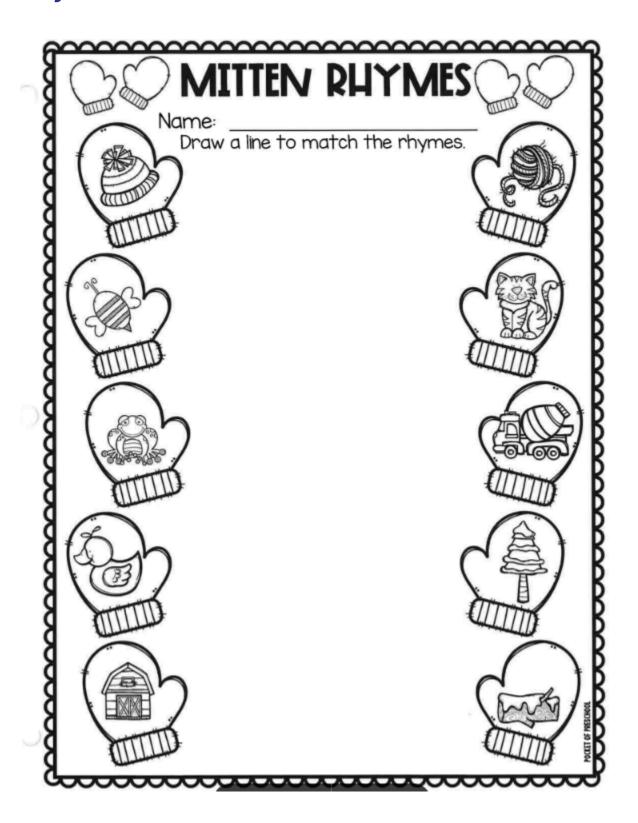


Kindergarten E-learning Packet

Day 3 Date: _____

Independent Reading	 10 minutes read to self Read a book to a stuffed animal
SEL Social Skills	Expression Mimicking When you play this game with your child, you're teaching social skills with expressions. Mimicking your expressions allows your child to understand what certain expressions mean and recognize them when others make them in real conversations. When kids with social challenges learn to read facial expressions, they become more comfortable in situations involving them.
Reading Work	Mitten Rhymes
Math Work	Hot Chocolate Addition
Music	Find things around the house to tap or shake (gently!) that can be an instrument.
PE	Negen: 10 minutes of exercise (jumping jacks, squats, sit-ups, mountain climbers, push-ups and jog in place) Pick a square to finish from <u>fitness challenge board</u> Other activities: Shovel Snow, build snowman/snow fort, or other activities outside.
English Language Development (Mrs. Marcus)	<u>"5 Seconds" Game</u>
Letter Work (Mrs. Elfering/Ms. Hagen)	Find something in your house that starts with u, s, g, and h. Draw a picture of them. Sound out how to spell them and label your picture.

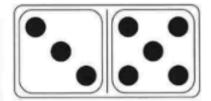
Parent Signature:	



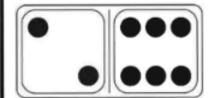
Hot Chocolate **ADDDDDD**

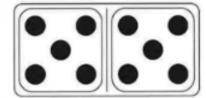
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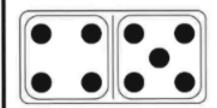












E-Learning

RCW Health Challenge

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EL Students Only

K-4 e-Learning: Day #3 ELL assignment from Mrs. Marcus

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Name 3	Name 3	Name 3
things that	ocean	types of
are green	animals	meat
Name 3	Name 3	Name 3
types of	friends	sticky foods
snacks		
Name 3	Name 3	Name 3
places to	places at	rooms in
eat	school	your house