

OCTOBER SNACK



Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
	Crackers & Seed Butter Pouch	Fruity Crisps & Fruit	Sunflower Seeds & Fruit	Goldfish Pretzels & Juice
7	8	9	10	11
Cinnamon Grahams & Fruit	Spicy Chili Lime Rings & Juice	Cinnamon Granola & Fruit	Crackers & Seed Butter Pouch	No School
14	15	16	17	18
No School	Crackers & Seed Butter Pouch	Fruity Crisps & Fruit	Sunflower Seeds & Fruit	Goldfish Pretzels & Juice
21	22	23	24	25
Ranch Crackers & Fruit Cinnamon Grahams & Fruit	Spicy Chili Lime Rings & Juice Pizza Crackers & Juice	Multigrain Bar & Fruit Cinnamon Granola & Fruit	Crackers & Taco Hummus Cup Crackers & Seed Butter Pouch	Fruity Crisps & Juice Goldfish Cheddar & Juice
28	29	30	31	1
Educational Snacks & Fruit	Crackers & Seed Butter Pouch	Fruity Crisps & Fruit	Sunflower Seeds & Fruit	

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: Apples, Oranges, Pears, 100% Fruit Juice
 *All fruits meet 3/4 cup equivalent

RevUp Rewards:

Scan Our QR Code Daily
 Complete the Survey
You're Entered to Win!
 Drawings Monthly
 Learn More and See Prizes:
www.revolutionfoods.com/revuprewards

