

OCTOBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
	Breakfast for Lunch w/ Potatoes	Bean & Cheese Pupusa w/ Curtido (V) *P'B & J Sandwich Kit (V)	Veggie Chef Salad w/ Egg (V) Chicken Tamale w/ Beans	Beef & Cheese Taco Stick
7	8	9	10	11
Hot Dog & Fries	Chicken Bites w/ Mashed Potatoes	Mexican Chicken Salad w/ Chips Turkey & Cheese Cracker Kit	BBQ Chicken w/ Baked Beans & Roll Southwest Chicken Salad w/ Roll	No School
14	15	16	17	18
No School	P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots Grilled Cheese Sandwich	Orange Chicken w/ Rice & Broccoli Chicken Caesar Salad w/ Croutons	Chicken Tamale w/ Beans Turkey & Cheese Cracker Kit	Grilled Cheese
21	22	23	24	25
Hot Dog & Fries	Chicken Bites & Mashed Potatoes	Chicken Tikka Masala ← ← ← Seasonal Turkey & Cheese Cracker Kit	BBQ Chicken w/ Baked Beans & Roll Southwest Chicken Salad w/ Roll	Cheese Pizza (V)
28	29	30	31	1
Crispy Chicken Sandwich & Fries	Breakfast for Lunch w/ Potatoes	Bean & Cheese Pupusa w/ Curtido *P'B & J Sandwich Kit (V)	Chicken Tamale w/ Beans Turkey & Cheese Cracker Kit	

Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:
Choice of 1% or Fat Free Milk Fruit & Vegetable of the Day (V) Vegetarian *May include an extra 1/2 cup veg for compliance	Monday: French Fries Tuesday: Carrots Wednesday: Crunchy Beans Thursday: Cucumber / Celery Friday: Side Salad w/ Dressing	Apples, Applesauce, Bananas, Oranges, Pears, Raisins, 100% Juice Seasonal: Grapes & Cantaloupe 	 Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

This institution is an equal opportunity provider. Menus are subject to change without notice.

*Lunch - NSLP