

Pharr-San Juan-Alamo ISD

K - 5TH Lunch Menu

MONDAY

9/30

CHICKEN POPPERS(S) W/
SLICED BREAD(G)(1 EA) OR
BEAN & CHEESE BURRITO(S)
MAC & CHEESE(S)
MASHED POTATOES(G)
SEASONED GREEN BEANS(G)
DICED PEARS(S)
FRESH ORANGE WEDGES(G)
KETCHUP/LF DRESSING

TUESDAY

10/1

FRITO PIE(S)
CHEESE SAUCE CUP(S)
OLGA'S ARROZ CASERO(G) OR
CORN DOG(S)
RANCH STYLE BEANS(G)
LETTUCE & TOMATO BITS(G)
100% FRUIT JUICE SLUSH(S)
MANDARIN ORANGES(S)
KETCHUP/MUSTARD/LF DRESSING

WEDNESDAY

10/2

WARM HAM & CHEESE HOAGIE(S) OR
OR LOADED BAKED POTATO(S)
(CHICKEN FAJITAS **OR TURKEY**)
SUN CHIPS(S)
CHEESY BROCCOLI(G), BABY CARROTS(G)
PICKLE SPEARS(W)
DICED PEACHES(S)
HONEY DEW MELON(G)
KETCHUP/MUSTARD/MAYO/
LF DRESSING/BUTTER CUP/SOUR CREAM

THURSDAY

10/3

DILLY CHICKEN SANDWICH(S) OR
THE POWER PACK(S)
CURLY FRIES(S)
SIDE SALAD(G)
PINEAPPLE TIDBITS(S), FRESH APPLE(G)
LF DRESSING/KETCHUP/
MUSTARD/MAYO

FRIDAY

10/4

CHEESY FRENCH BREAD(S)
CUCUMBER SLICES(G)
BABY CARROTS(G)
GOLDEN CORN(G)
MIXED FRUIT CUP(S)
ASSORTED FRESH FRUIT(G)
LF DRESSING/
KETCHUP/MUSTARD/MAYO/TAJIN

OCT

2024

BAT BRIDGE AUSTIN



Choices of
Low Fat or Skim Milk
(flavored & unflavored)
offered daily
Assorted
100% Juice & Fruit
offered Daily for
Breakfast

"This institution is an
equal opportunity
provider"

*Menu is subject to
change without notice
due to deliveries and
nation-wide shortages.

REV. 3
9/30/24

10/7

ARTISAN CHICKEN TENDERS(S) W/
DINNER ROLL(S) OR
BEAN & CHEESE BURRITO(S)
MASHED POTATOES(G)
SEASONED GREEN BEANS(G)
DICED PEARS(S)
FRESH ORANGE WEDGES(G)
KETCHUP/LF DRESSING

10/8

BEEF & CHEESE ENCHILADAS(S) OR
CORN DOG(S)
CHARRO BEANS(G)
LETTUCE & TOMATO BITS(G)
100% FRUIT JUICE SLUSH(S)
MANDARIN ORANGES(S)
KETCHUP/MUSTARD/LF DRESSING

10/9

TURKEY ALFREDO PASTA W/
GARLIC BREAD STICK(S) OR
HAM & CHEESE DELI SANDWICH(S)
GARDEN SALAD(G)
BABY CARROTS(G)
DICED PEACHES(S)
CANTALOUPE CHUNKS(G)
KETCHUP/MAYO/MUSTARD
LF DRESSING

10/10

HOT DOG(S) OR
THE POWER PACK(S)
TATOR TOTS(S)
RANCH STYLE BEANS(G)
PINEAPPLE TIDBITS(S)
FRESH APPLE(G)
LF DRESSING/KETCHUP/
MUSTARD/MAYO

10/11

PEPPERONI PIZZA(S) OR
CORN DOG(S)
CUCUMBER SLICES(S)
BABY CARROTS(G)
GOLDEN CORN(G)
MIXED FRUIT CUP(S)
ASSORTED FRESH FRUIT(G)
LF DRESSING/
KETCHUP/MAYO/MUSTARD/TAJIN

10/14

NON – SCHOOL
DAY

10/15

STEAK FINGERS(S) W/
DINNER ROLL(G) OR
CORN DOG(S)
MASHED POTATOES(G)
CARROT COINS(G)
100% FRUIT JUICE SLUSH(S)
MANDARIN ORANGES(S)
KETCHUP/MUSTARD/
LF DRESSING

10/16

RIB-B-Q ON A HOAGIE BUN OR
SHAKER SALAD W/
PRETZEL CRACKERS(G)
CHEESY BROCCOLI(G)
FIRE ROASTED CORN(G)
RANCH STYLE BEANS(G)
DICED PEACHES(S)
FRESH GRAPES(G)
KETCHUP/MUSTARD/MAYO/
LF DRESSING

10/17

OVEN FRIED CHICKEN(S)(2 EA) W/
DINNER ROLL(G) OR
THE POWER PACK(S)
CRINKLE CUT FRIES(S)
TOSSED SALAD(G)
PINEAPPLE TIDBITS(S), FRESH APPLE(G)
LF DRESSING/KETCHUP

10/18

PEPPERONI PIZZA(S) OR
CORN DOG(S)
CUCUMBER SLICES(G)
BABY CARROTS(G)
MIXED FRUIT CUP(S)
ASSORTED FRESH FRUIT(G)
LF DRESSING/
KETCHUP/MUSTARD/TAJIN

10/21

CHICKEN SMACKERS(S) W/
DINNER ROLL(S) OR
BEAN & CHEESE BURRITO(S)
MASHED POTATOES(G)
STEAMED ZUCCHINI(G)
DICED PEARS(S)
FRESH ORANGE WEDGES(G)
KETCHUP/LF DRESSING

10/22

CRISPY BEEF TACOS(S)
SHREDDED CHEESE(G)
SOPA DE FIDEO(G) OR
CORN DOG(S)
RANCH STYLE BEANS(G)
LETTUCE & TOMATO BITS(G)
100% FRUIT JUICE SLUSH(S)
MANDARIN ORANGES(S)
KETCHUP/MUSTARD/LF DRESSING

10/23

ORANGE CHICKEN(S) W/
STEAMED WHITE RICE(G) OR
HAM & CHEESE DELI SANDWICH(S)
STEAMED BROCCOLI(G)
BABY CARROTS(G)
Organic STEAMED ZUCCHINI(G)
DICED PEACHES(S)
WATERMELON CUBES(G)
KETCHUP/MUSTARD/MAYO/
LF DRESSING

10/24

HAMBURGER/CHEESEBURGER(S) OR
THE POWER PACK(S)
CURLY FRIES(S)
SIDE SALAD(G)
PINEAPPLE TIDBITS(S), FRESH APPLE(G)
LF DRESSING/KETCHUP/
MUSTARD/MAYO

10/25

CHEESY FRENCH BREAD(S) OR
HOT DOG(S)
MARINARA SAUCE(G)
Organic CUCUMBER SLICES(G)
BABY CARROTS(G)
MIXED FRUIT CUP(S)
ASSORTED FRESH FRUIT(G)
LF DRESSING/
KETCHUP/MUSTARD/MAYO/TAJIN

10/28

CHICKEN POPPERS(S) W/
DINNER ROLL(S) OR
BEAN & CHEESE BURRITO(S)
MASHED POTATOES(G)
SEASONED GREEN BEANS(G)
DICED PEARS(S)
FRESH ORANGE WEDGES(G)
KETCHUP/LF DRESSING

10/29

WALKING TACO(S)
CHEESE SAUCE CUP(S) OR
CORN DOG(S)
RANCH STYLE BEANS(G)
LETTUCE & TOMATO BITS(G)
100% FRUIT JUICE SLUSH(S)
MANDARIN ORANGES(S)
KETCHUP/MUSTARD/LF DRESSING

10/30

WARM HAM & CHEESE HOAGIE(S) OR
OR LOADED BAKED POTATO(S)
(CHICKEN FAJITAS)
SUN CHIPS(S)
CHEESY BROCCOLI(G), BABY CARROTS(G)
PICKLE SPEARS(W)
DICED PEACHES(S)
HONEY DEW MELON(G)
KETCHUP/MUSTARD/MAYO/
LF DRESSING/BUTTER CUP/SOUR CREAM

10/31

DILLY CHICKEN SANDWICH(S) OR
THE POWER PACK(S)
EMOJI FRIES(S)
SIDE SALAD(G)
Organic STEAMED ZUCCHINI(G)
PINEAPPLE TIDBITS(S), FRESH APPLE(G)
LF DRESSING/KETCHUP/
MUSTARD/MAYO

11/1

PEPPERONI PIZZA(S) OR
CORN DOG(S)
Organic CUCUMBER SLICES(G)
BABY CARROTS(G)
GOLDEN CORN(G)
MIXED FRUIT CUP(S)
ASSORTED FRESH FRUIT(G)
LF DRESSING/
KETCHUP/MUSTARD/MAYO/TAJIN



Food and Nutrition Division
National School Lunch Program



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