



## Hoosac Valley Regional School District Lunch Menu for October 2024



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1) STEAKUM SANDWICH W/CHEESE SLICE</b> Sweet potatoes, Cauliflower, Fruit	<b>2) SCRAMBLED HAMBURGER</b> Mashed potatoes & gravy Carrots, Corn, Dinner Roll Fruit	<b>3) ORANGE CHICKEN</b> Fried Rice, Spinach salad Green beans Fruit	<b>4) PIZZA</b> Tossed Salad Broccoli Fruit
<b>7) MOZZERELLA STICK</b> Baked beans Broccoli Fruit	<b>8) SLOPPY JOE ON A BUN</b> Green beans, Sweet Potatoes Fruit	<b>9) LASAGNA ROLL UP</b> Tossed Salad Breadstick Corn Fruit	<b>10) OVEN ROASTED CHICKEN PIECES</b> Mashed potatoes & gravy Carrots, Roll Fruit	<b>11) HAMBURGER W/CHEESE</b> French fries, Spinach Fruit
<b>14) COLUMBUS DAY &amp; INDIGENOUS PEOPLE DAY</b> <b>NO SCHOOL</b>	<b>15) SWEDISH MEATBALLS</b> Egg Noodles, Breadstick Buttered Squash Fruit	<b>16) HVE: TACO HVMHS: NACHO</b> Brown rice Corn Fruit	<b>17) BREADED CHICKEN PATTY</b> Mashed potatoes & gravy Carrots, Breadstick Black Bean salsa, Fruit	<b>18) PIZZA</b> Tuna macaroni salad Broccoli Fruit
<b>21) CHICKEN TENDERS</b> Macaroni and cheese Baked beans, Carrots Fruit	<b>22) HVE: QUESADILLA HVMHS: CHILI W/CORN BREAD</b> Brown rice, Spinach Fruit	<b>23) NO SCHOOL</b>	<b>24) FRENCH TOAST STICKS</b> Sausage, Hash Browns Butternut squash Fruit	<b>25) FISH</b> French Fries Broccoli Fruit
<b>28) CHICKEN PATTY SANDWICH</b> Spinach, chips Fruit	<b>29) SPAGHETTI W/ MEAT SAUCE</b> Green beans, Breadstick Fruit	<b>30) TURKEY DELI SANDWICH</b> Chicken noodle soup Sweet potato Fruit	<b>31) MEATLOAF</b> Mashed potatoes & gravy Breadstick Carrots Fruit	

**\*\*Daily Lunch alternative offered\*\* \*\*Milk is served with every meal\*\* \*\*Menu subject to change without notice\*\*  
 (MILK WITHOUT A MEAL IS .40)**

**\*\*Any food allergy should be reported to the school nurse\*\*. \*\*This institution is an equal opportunity provider\*\***