

# Calhoun County Schools

### October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Tue - 10/1/2024 Sausage & Pancake Stick Syrup Fruit Juice 1% Milk Chocolate Milk	Wed - 10/2/2024 Ham Cheese Croissant Juice Fruit 1% Milk Chocolate Milk	Thu - 10/3/2024 Pancake Bites Syrup Fruit Juice 1% Milk Chocolate Milk	Fri - 10/4/2024 Oatmeal Bar Yogurt Fruit Juice 1% Milk Chocolate Milk
Mon - 10/7/2024 Poptart String Cheese OR Cereal Yogurt Juice Fruit 1% Milk Chocolate Milk	Tue - 10/8/2024 Chicken Biscuit Fruit Juice 1% Milk Chocolate Milk	Wed - 10/9/2024 Emoji Waffles Sausage Link Syrup Fruit Juice 1% Milk Chocolate Milk	Thu - 10/10/2024 Breakfast Sausage Pizza Juice Fruit 1% Milk Chocolate Milk	Fri - 10/11/2024 Cherry Frudel Yogurt Juice Fruit 1% Milk Chocolate Milk
Mon - 10/14/2024 Fall Break	Tue - 10/15/2024 Fall Break	Wed - 10/16/2024 Fall Break	Thu - 10/17/2024 E-Learning Day	Fri - 10/18/2024 E-Learning Day
Mon - 10/21/2024 Poptart String Cheese OR Cereal Yogurt Juice Fruit 1% Milk Chocolate Milk	Tue - 10/22/2024 Mini Berry Pancakes Sausage Patty Syrup Juice Fruit 1% Milk Chocolate Milk	Wed - 10/23/2024 Soft Cinnamon Toast Bar Yogurt Juice Fruit 1% Milk Chocolate Milk	Thu - 10/24/2024 Sausage Biscuit Fruit Juice 1% Milk Chocolate Milk	Fri - 10/25/2024 CinnaMinis Yogurt Fruit Juice 1% Milk Chocolate Milk
Mon - 10/28/2024 Poptart String Cheese OR Cereal Yogurt Juice Fruit 1% Milk Chocolate Milk	Tue - 10/29/2024 French Toast Sticks Sausage Link Syrup Fruit Juice 1% Milk Chocolate Milk	Wed - 10/30/2024 Sausage Biscuit Fruit Juice 1% Milk Chocolate Milk	Thu - 10/31/2024 Breakfast Bagel Fruit Juice 1% Milk Chocolate Milk	

Meals must have 1/2 cup fruit or vegetable.  
Menu is subject to change.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.