

# Calhoun County Schools

## October 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	Tue - 10/1/2024 Mini Corndog Bites Sweet Potato Fries Broccoli & Cheese Fruit 1% Milk Chocolate Milk	Wed - 10/2/2024 Pepperoni Pizza Buttery Corn Romaine Tomato Salad Ranch Dressing Fruit Zee Zees Graham Crackers 1% Milk Chocolate Milk	Thu - 10/3/2024 Crispito Pinto Beans Shredded Cheddar Cheese Salsa Romaine Tomato Salad Ranch Dressing Fruit 1% Milk Chocolate Milk	Fri - 10/4/2024 Chicken Sandwich Chips Romaine Spinach Salad Sliced Tomato Ranch Dressing Fruit 1% Milk Chocolate Milk
Mon - 10/7/2024 Sloppy Joes BBQ Baked Beans Potato Tots Fruit 1% Milk Chocolate Milk	Tue - 10/8/2024 Mexican Skillet Black Beans Buttery Corn Tortilla Chips Shredded Cheddar Cheese Fruit 1% Milk Chocolate Milk	Wed - 10/9/2024 Chicken and Waffles Hashbrowns Tomatoes Syrup Fruit 1% Milk Chocolate Milk	Thu - 10/10/2024 Spaghetti Breadstick Mixed Vegetables Romaine Spinach Salad Ranch Dressing Fruit 1% Milk Chocolate Milk	Fri - 10/11/2024 Chicken Sandwich Chips Romaine Spinach Salad Sliced Tomato Ranch Dressing Fruit 1% Milk Chocolate Milk
Mon - 10/14/2024 Fall Break	Tue - 10/15/2024 Fall Break	Wed - 10/16/2024 Fall Break	Thu - 10/17/2024 E-Learning Day	Fri - 10/18/2024 E-Learning Day
Mon - 10/21/2024 BBQ Chicken Sandwich Fries Mixed Vegetables Ketchup Mayo Rosey Applesauce 1% Milk Chocolate Milk	Tue - 10/22/2024 Salisbury Steak with Gravy Seasoned Green Beans Mashed Potatoes Roll Fruit 1% Milk Chocolate Milk	Wed - 10/23/2024 Cheesy Scrambled Eggs Sausage Patty Hashbrowns Biscuit Gravy Tomatoes Fruit 1% Milk Chocolate Milk	Thu - 10/24/2024 Chicken Quesadilla Spanish Rice Pinto Beans Romaine Tomato Salad Ranch Dressing Salsa Fruit 1% Milk Chocolate Milk	Fri - 10/25/2024 Chicken Sandwich Chips Romaine Spinach Salad Sliced Tomato Ranch Dressing Fruit 1% Milk Chocolate Milk
Mon - 10/28/2024 Cheeseburger Potato Tots Glazed Carrots Sugar Cookie Pears 1% Milk Chocolate Milk	Tue - 10/29/2024 Chicken Nuggets Mashed Potatoes Green Beans Roll Fruit 1% Milk Chocolate Milk	Wed - 10/30/2024 Hot Wings Tortilla Chips Romaine Spinach Salad Celery Sticks Ranch Dressing Fruit 1% Milk Chocolate Milk	Thu - 10/31/2024 Taco Soup Tortilla Chips Broccoli Sour Cream Fruit 1% Milk Chocolate Milk	

Meals must have 1/2 cup fruit or vegetable.  
Menu is subject to change.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.