

Calhoun County Schools

Monday	Tuesday	Wednesday	Thursday	Friday
	Tue - 10/1/2024 Salisbury Steak with Gravy Seasoned Green Beans Mashed Potatoes Roll Fruit 1% Milk Chocolate Milk	Wed - 10/2/2024 Pepperoni Pizza Buttery Corn Romaine Tomato Salad Ranch Dressing Zee Zees Graham Crackers Fruit 1% Milk Chocolate Milk	Thu - 10/3/2024 Crispito Shredded Cheese Pinto Beans Doritos Salsa Romaine Tomato Salad Ranch Dressing Fruit 1% Milk Chocolate Milk	Fri - 10/4/2024 Chicken Sandwich Chips Lima Beans Romaine Spinach Salad Sliced Tomato Pickles Ranch Dressing Fruit 1% Milk Chocolate Milk
Mon - 10/7/2024 Mini Corndog Bites Sweet Potato Fries Broccoli & Cheese Fruit 1% Milk Chocolate Milk	Tue - 10/8/2024 Chicken Nuggets Mashed Potatoes Green Beans Roll Fruit 1% Milk Chocolate Milk	Wed - 10/9/2024 Chicken Quesadilla Spanish Rice Black Beans Romaine Tomato Salad Salsa Ranch Dressing Fruit 1% Milk Chocolate Milk	Thu - 10/10/2024 Hot Wings Tortilla Chips Romaine Spinach Salad Celery Sticks Fruit Ranch Dressing 1% Milk Chocolate Milk	Fri - 10/11/2024 Chicken Sandwich Chips Lima Beans Romaine Spinach Salad Sliced Tomato Pickles Ranch Dressing Fruit 1% Milk Chocolate Milk
Mon - 10/14/2024 Fall Break	Tue - 10/15/2024 Fall Break	Wed - 10/16/2024 Fall Break	Thu - 10/17/2024 E-Learning Day	Fri - 10/18/2024 E-Learning Day
Mon - 10/21/2024 Buffalo Chicken Sandwich Tortilla Chips Carrot Sticks Celery Sticks Ketchup Ranch Dressing Fruit 1% Milk Chocolate Milk	Tue - 10/22/2024 Chicken Parmesan Spaghetti Noodles Steamed Broccoli Breadstick Fruit 1% Milk Chocolate Milk	Wed - 10/23/2024 Cheesy Scrambled Eggs Sausage Link Hashbrowns Biscuit Gravy Tomatoes Fruit 1% Milk Chocolate Milk	Thu - 10/24/2024 BBQ Totchos Corn on the Cob Creamy Coleslaw Roll Zee Zees Graham Crackers Fruit 1% Milk Chocolate Milk	Fri - 10/25/2024 Chicken Sandwich Chips Lima Beans Romaine Spinach Salad Sliced Tomato Pickles Ranch Dressing Fruit 1% Milk Chocolate Milk
Mon - 10/28/2024 Concuh Dog Green Beans Potato Wedges Grilled Peppers & Onions Fruit 1% Milk Chocolate Milk	Tue - 10/29/2024 Mexican Skillet Black Beans Buttery Corn Tortilla Chips Shredded Cheese Salsa Fruit Cocktail 1% Milk Chocolate Milk	Wed - 10/30/2024 Chicken and Waffles Hashbrowns Tomatoes Syrup Fruit 1% Milk Chocolate Milk	Thu - 10/31/2024 Taco Soup Tortilla Chips Broccoli Sour Cream Shredded Cheddar Cheese Fruit 1% Milk Chocolate Milk	

Meals must have 1/2 cup fruit or vegetable.
Menu is subject to change.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.