## Calhoun County Schools Page 1

## Middle School Breakfast

Oct 30, 2024

December 2024

Tuesday Wednesday Thursday Friday Monday Fri - 12/6/2024 Mon - 12/2/2024 Tue - 12/3/2024 Wed - 12/4/2024 Thu - 12/5/2024 Ham Cheese Croissant Emoji Waffles **Poptart** Breakfast Bagel Cherry Frudel String Cheese Juice Sausage Link Fruit Yogurt Juice OR Fruit Syrup Juice Cereal 1% Milk Fruit 1% Milk Fruit 1% Milk Yogurt Chocolate Milk Chocolate Milk Juice Juice 1% Milk Chocolate Milk Chocolate Milk Fruit 1% Milk Chocolate Milk Mon - 12/9/2024 Tue - 12/10/2024 Wed - 12/11/2024 Thu - 12/12/2024 Fri - 12/13/2024 Sausage & Pancake Stick Breakfast Sausage Pizza Chicken Biscuit **Poptart** Doughnut String Cheese Syrup Fruit Yogurt OR Fruit Fruit Juice Fruit Cereal Juice 1% Milk 1% Milk Juice Yogurt 1% Milk Chocolate Milk Chocolate Milk 1% Milk Juice Chocolate Milk Chocolate Milk Fruit 1% Milk Chocolate Milk Mon - 12/16/2024 Tue - 12/17/2024 Wed - 12/18/2024 Thu - 12/19/2024 Fri - 12/20/2024 **Poptart** Oatmeal Bar Honey Bun Christmas Holiday Christmas Holiday String Cheese Yogurt Yogurt OR Fruit Fruit Cereal Juice Juice 1% Milk Yogurt 1% Milk Chocolate Milk Juice Chocolate Milk Fruit 1% Milk Chocolate Milk Mon - 12/23/2024 Tue - 12/24/2024 Wed - 12/25/2024 Thu - 12/26/2024 Fri - 12/27/2024 Christmas Holiday Christmas Holiday Christmas Holiday Christmas Holiday Christmas Holiday Mon - 12/30/2024 Tue - 12/31/2024 Christmas Holiday Christmas Holiday

> Meals must have 1/2 cup fruit or vegetable. Menu is subject to change.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.