LUNCH

## **OCTOBER 2024**

Ansonia Middle School

DID YOU KNOW? All Students are able to receive a balanced delicious breakfast each school day at NO COST

	Monday	Tuesday	Wednesday	Thursday	Friday
		Seasoned Taco Beef Tortilla Chips & Cheese Black Beans Orange Wedges Milk Choice	Macaroni and Cheese 2 Roasted Carrots Dinner Roll Mixed Fruit Cup Milk Choice	Orange Chicken Steamed WG Rice Seasoned Broccoli Diced Peaches Milk Choice	Stuffed Crust Pizza 4 Steamed Green Beans Diced Pears Milk Choice
	Cheeseburger 7 Oven Baked Potato Wedges Applesauce Milk Choice	Beef and Cheese Quesadilla Black Beans and Sour Cream Mixed Fruit Cup Milk Choice	Crispy Chicken Sliders ? Seasoned Green Beans Fresh Apple Slices Milk Choice	Turkey Pepperoni Calzone) Marinara Sauce Seasoned Carrots Milk Choice	Teacher Professional Development Day
	14 No Class	French Toast Sticks 15 Turkey Sausage Hash Brown Potatoes Orange Wedges Milk Choice	Grilled Chicken Sandwi <mark>ch 6</mark> American Cheese, Lettuce Sweet Potato Fries Diced Pears Milk Choice	General Tso Chicken 17 Seasoned Rice Green Peas Applesauce Milk Choice	French Bread Pizza 18 Romaine Salad Diced peaches Milk Choice
	Baked Mozzarella Sticks Marinara Sauce Garlic Bread Mixed Fruit Cup Milk Choice	Crunchy Beef Tacos 22 Seasoned Black Beans Cheese and Salsa Apple Slices Milk Choice	Meatball Grinder 23 Seasoned Green Beans Orange Wedges Milk Choice	Popcorn Chicken Mashed Potatoes Sweet Corn & Dinner Roll Diced Peaches Milk Choice	Individual Pizza Seasoned Carrots Applesauce Milk Choice
	Turkey Bacon Cheeseburger Sweet Potato Fries Fresh Apple Slices Milk Choice	Chicken Fajitas Cheese, Sour Cream, Salsa Seasoned Pinto Beans Orange Wedges Milk Choice	Grilled Cheese Sandwich() Oven Baked French Fries Mixed Fruit Cup Milk Choice	Teriyaki Chicken Steamed WG Rice Green Peas Diced Peaches Milk Choice	

Daily Entrée Options: Assorted Boar's Head Sandwiches, Chef Salad, and Bagel/Yogurt & String Cheese Meal Daily Fresh ½ C Veggie Cup Choices and 1/2C Fresh Fruit Choices Milk Choices include 1% White, Fat Free Chocolate and Lactaid