

OCTOBER 2024

Ansonia High School

DID YOU KNOW? All Students are able to receive a balanced delicious breakfast each school day at NO COST

Monday



Tuesday

Wednesday

Thursday

Friday

Fresh Buttermilk Pancakes **1**
Turkey Sausage Links
Assorted Fruit Smoothies
Milk Choice

Egg and Cheese on an English Muffin **2**
Assorted Fruit Smoothies
Milk Choice

French Toast Sticks **3**
Breakfast Potatoes
Assorted Fruit Smoothies
Milk Choice

Bacon Egg and Cheese **4**
On a Croissant
Hash Brown Potatoes
Assorted Fruit Smoothies
Milk Choice

Chicken Bacon, **7**
Egg and Cheese On WG Roll
Breakfast Potatoes
Assorted Fruit Smoothies
Milk Choice

Fresh Blueberry Pancakes **8**
Turkey Sausage
Assorted Fruit Smoothies
Milk Choice

Egg and Cheese on an English Muffin **9**
Assorted Fruit Smoothies
Milk Choice

French Toast Sticks **10**
Breakfast Potatoes
Assorted Fruit Smoothies
Milk Choice

11
Teacher Professional Development Day

No Class **14**

Fresh Buttermilk Pancakes **15**
Turkey Sausage Links
Assorted Fruit Smoothies
Milk Choice

Egg and Cheese on an English Muffin **16**
Assorted Fruit Smoothies
Milk Choice

French Toast Sticks **17**
Breakfast Potatoes
Assorted Fruit Smoothies
Milk Choice

Bacon Egg and Cheese **18**
On a Croissant
Hash Brown Potatoes
Assorted Fruit Smoothies
Milk Choice

Chicken Bacon, **21**
Egg and Cheese On WG Roll
Breakfast Potatoes
Assorted Fruit Smoothies
Milk Choice

Fresh Blueberry Pancakes **22**
Turkey Sausage
Assorted Fruit Smoothies
Milk Choice

Egg and Cheese on an English Muffin **23**
Assorted Fruit Smoothies
Milk Choice

French Toast Sticks **24**
Breakfast Potatoes
Assorted Fruit Smoothies
Milk Choice

Bacon Egg and Cheese **25**
On a Bagel
Hash Brown Potatoes
Assorted Fruit Smoothies
Milk Choice

Chicken Bacon, **28**
Egg and Cheese On WG Roll
Breakfast Potatoes
Assorted Fruit Smoothies
Milk Choice

Fresh Buttermilk Pancakes **29**
Turkey Sausage Links
Assorted Fruit Smoothies
Milk Choice

Egg and Cheese on an English Muffin **30**
Assorted Fruit Smoothies
Milk Choice

French Toast Sticks **31**
Breakfast Potatoes
Assorted Fruit Smoothies
Milk Choice

