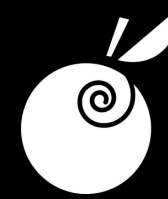















# DAILY AQUATICS ACTIVITIES FOR OCTOBER 2024












**Roseville  
Community  
Education**

MONDAYS	
<b>Open Swim</b> 	9:00am - 10:45am
<b>Lap Swim</b> 	11:00am - 1:00pm
<b>H2O Cardio</b> 	6:45pm - 7:30pm
<b>H2O Stretch &amp; Relaxation</b> 	7:40pm - 8:25pm

TUESDAYS	
<b>Lap Swim</b> 	7:45am - 9:00am
<b>Open Swim</b> 	9:30am - 10:45am
<b>TABATA</b> 	11:00am - 11:45am <i>*No class Oct. 22</i>
<b>Lap Swim</b> 	12:15pm - 2:00pm <i>*Not offered Oct. 29</i>
<b>Open Swim (Adult Only)</b> 	6:00pm - 8:30pm

WEDNESDAYS	
<b>Swimnastics</b> 	10:00am - 10:45am
<b>Lap Swim</b> 	11:00am - 1:00pm
<b>Open Swim (Adult Only)</b> 	3:00pm - 6:15pm
<b>Disco Splash!</b> 	7:30pm - 8:15pm

THURSDAYS	
<b>Lap Swim</b> 	7:45am - 9:00am
<b>Open Swim (Adult Only)</b> 	9:30am - 10:45am
<b>Aqua Stretch</b> 	11:00am - 11:45am
<b>Lap Swim</b> 	12:15pm - 2:00pm <i>*Not offered Oct. 31</i>
<b>Open Swim</b> 	6:00pm - 8:30pm

FRIDAYS	
<b>H2O Cardio</b> 	7:00am - 7:45am
<b>Open Swim</b> 	9:00am - 11:30am
<b>Lap Swim</b> 	12:00pm - 1:45pm <i>*Not offered Oct. 25</i>
<b>Open Swim</b> 	2:00pm - 4:15pm <i>*Not offered Oct. 25</i>



**To register, call 651-604-3770, visit [isd623.ce.eleyo.com](http://isd623.ce.eleyo.com) or scan this QR code.**

These sessions are held at Anpétu Téča Education Center (1910 County Road B W).  
For any session that starts after 4:00pm, you must pay in advance or pay in cash.

**KEY:**  Open Swim  Lap Swim  Water Exercise Class





# LOCATION & CONTACT INFORMATION

- **Anpétu Téča Education Center:** 1910 County Road B West, Roseville
- **Phone:** 651-604-3770
- **Main website for information & updates:** [isd623.org/aquatics](http://isd623.org/aquatics)
- **Registration website:** [isd623.ce.eleyo.com](http://isd623.ce.eleyo.com)



# PRICING

**Lap & open swim:** \$8 per pass, or \$35 for a punch card with 5 passes

**Water exercise classes:** \$11 for a single drop-in class, price varies for a full session



# CHILD SUPERVISION

All children ages 14 and younger must check in with a lifeguard before entering the pool.

## For all children ages 13 - 14 years:

- An adult must be present in the building.
- Parent does not need to be in the water.

## For all children ages 9 - 12 years:

- An adult must be present in the pool room (not the observation room).
- Parent does not need to be in the water.

## For all children ages 6 - 8 years:

- 1 adult must be in the pool for every 2 children.

## For all children ages 5 years and younger:

- 1 adult must be in the pool for every 2 children.
- Children must be within arms reach at all times.
- Children in swim diapers must wear a plastic diaper cover in pool.

## Lap swim:

- Children ages 15+ can attend lap swim without a parent in the building.
- Children ages 13 - 14 can attend lap swim with a parent present in the building.
- Children ages 12 and under cannot attend lap swim.



# OTHER REMINDERS

Please be sure to arrive with more than 30 minutes left in any given pool session in order to swim. We do not allow entrance 30 minutes or less before pool close. Please note that private swim lessons may occur during lap/open swim times and limit the pool space available.