

2024

# OCTOBER

## STAPLES-MOTLEY MIDDLE/HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### LUNCH MENU

**1**  
ORANGE CHICKEN  
Rice  
Carrots  
Romaine Lettuce  
Fruit

**2**  
BEEF CHILI  
Crackers  
Chips  
Broccoli  
Cucumber  
Fruit

**3**  
THAI CHICKEN RAMEN  
Mixed Vegetables  
Green Beans  
Cucumber  
Fruit

**4**  
MEATBALLS AND TOTS  
Chips  
Breadstick  
Corn  
Red Pepper  
Fruit

**7**  
ITALIAN DUNKERS  
Marinara Sauce  
Baked Beans  
Peas  
Fruit

**8**  
HAMBURGER  
Cheese  
Fries  
Peas  
Fruit

**9**  
BREADED CHICKEN SANDWICH  
Green Beans  
Corn  
Fruit

**10**  
CHEESY SPAGHETTI  
Spaghetti and Sauce  
Cheese  
Broccoli  
Red Pepper  
Fruit

**11**  
FRENCH TOAST STICKS  
Sausage  
Cucumber  
Sweet Potato Fries  
Fruit  
Juice

**14**  
ORANGE CHICKEN  
Rice  
Chips  
Broccoli  
Peas  
Fruit

**15**  
CORN DOG  
Chips  
Carrots  
Iceberg Lettuce  
Fruit

**16**  
TURKEY W/GRAVY  
Mashed Potatoes  
Bread Slice  
Dinner Roll  
Green Beans  
Fruit

**17**  
**NO SCHOOL**

**18**  
**NO SCHOOL**

**21**  
PIZZA  
Tortilla Chips  
Black Beans  
Red Peppers  
Fruit

**22**  
CHICKEN ALFREDO SPAGHETTI  
Breadstick  
Broccoli  
Peas  
Fruit

**23**  
MAC & CHEESE  
Tortilla Chips  
Green Beans  
Peas  
Fruit

**24**  
PHILLY CHEESE SANDWICH  
Chips  
Carrot  
Corn  
Fruit

**25**  
CHICKEN TACO  
Tortilla  
Lettuce  
Salsa  
Corn  
Fruit

**28**  
TACO IN A BAG  
Cheese  
Black Beans  
Lettuce  
Corn  
Fruit

**29**  
CHICKEN NUGGETS  
Carrots  
Mashed Potatoes  
Fruit

**30**  
BEEF MAC HOT DISH  
Breadstick  
Broccoli  
Peas  
Fruit

**31**  
BEEF HOT DOG  
Bun  
Chips  
Broccoli  
Corn  
Fruit