

2024

OCTOBER

STAPLES-MOTLEY MIDDLE/HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST MENU

1
YOGURT & CEREAL
Yogurt
Cereal Bowl
Juice
Fruit

2
WAFFLE
Waffle
Juice
Fruit

3
BISCUITS & GRAVY
Biscuit
Sausage w/Gravy
Juice
Fruit

4
EGG PATTY W/CHEESE
Egg Patty
Cheese
Cereal Bowl
Juice
Fruit

7
PANCAKE BITES
Bite Size Pancakes
Juice
Fruit

8
BREKKIE
Breakfast Cookie
Juice
Fruit

9
BREAKFAST PIZZA
Breakfast Pizza
Juice
Fruit

10
BAGEL
Bagel
Juice
Fruit

11
CINNAMON ROLL
Cinnamon Roll
Juice
Fruit

14
FRENCH TOAST
French Toast
Juice
Fruit

15
MINI SNACK BREADS
Mini Loaf
Juice
Fruit

16
PANCAKE & SAUSAGE
Pancakes
Sausage
Juice
Fruit

17
NO SCHOOL

18
NO SCHOOL

21
MINI DONUTS
Mini Donuts
Juice
Fruit

22
FRUIT SMOOTHIE
Smoothie
Cereal Bowl
Fruit

23
BREAKFAST HASHBROWN
Stuffed Hashbrown
Cereal Bowl
Juice
Fruit

24
Caramel Roll
Mini Caramel Rolls
Juice
Fruit

25
BREAKFAST BURRITO
Breakfast Burrito
Poptart
Juice
Fruit

28
MUFFIN
Muffin
Juice
Fruit

29
YOGURT & CEREAL
Yogurt
Cereal Bowl
Juice
Fruit

30
WAFFLE
Waffle
Juice
Fruit

31
BISCUITS & GRAVY
Biscuit
Sausage w/Gravy
Juice
Fruit