



# October

# 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>Special News...</b> <b>Available Everyday:</b>  <b>Fresh Fruit or 100% Juice</b>  <b>Fat Free Chocolate Milk</b> <b>1% Milk</b> <b>Skim Milk</b>  <b>Premium Hot and Cold Daily Sandwiches</b>  <b>*New Assorted Salads</b>  <b>Assorted Pizza</b>  <b>Chicken Tenders &amp; French Fries</b>  <small>Menus are subject to change without notice.</small>
	<b>1</b> Taco Tuesday Spicy Popcorn Chicken Black Beans Baby Carrots	<b>2</b> Pasta w/ Meatballs Buffalo Chicken Sandwich Green Beans Red Peppers	<b>3</b> NO SCHOOL	<b>4</b> NO SCHOOL	
<b>7</b> Turkey Hot Dog Max Stix w/ Dipping Sauce Celery French Fries	<b>8</b> Nachos Chicken Tenders Refried Beans Roasted Corn	<b>9</b> Popcorn Chicken Bowl Pizza Quesadilla Broccoli Red Peppers	<b>10</b> Breakfast for Lunch Buffalo Chicken Sandwich Tater Tots Spinach	<b>11</b> Totchos Grilled Cheese Celery Sticks Baby Carrots	
<b>14</b> Chicken Corn Dog Mac n Cheese Seasoned Fries Green Beans	<b>15</b> Taco Tuesday Spicy Popcorn Chicken w/ Dinner Roll Refried Beans Corn	<b>16</b> Popcorn Chicken Bowl Pizza Quesadilla Broccoli Red Peppers	<b>17</b> BBQ Chicken & Cheddar Flatbread Chicken Nuggets Spinach Sweet Potato Fries	<b>18</b> Cheesy Penne Meatball Pizza Sub Mixed Veg Baby Carrots	
<b>21</b> Old Fashion Patty Melt Quesadilla Black Beans Romaine Salad	<b>22</b> Taco Tuesday Pizza Sloppy Joe Cucumber Kickin Pinto Beans	<b>23</b> Breakfast For Lunch Max Stix Celery Baby Carrots	<b>24</b> Loaded Tater Tots Turkey Hot Dog Corn Tater Tots	<b>25</b> Buffalo Chicken Mac n Cheese Spicy Pineapple Chicken Sandwich Red peppers Spinach	
<b>28</b> Garlic Chicken Lo Mein Bean N Cheesed Burrito Broccoli Baby Carrots	<b>29</b> Taco Tuesday Max Stix Spinach Salad Black Beans	<b>30</b> Spaghetti and Meatballs Chicken Nuggets Cucumber Broccoli	<b>31</b> Orange Chicken over Rice Chicken Corn Dog Green Peppers Sweet Potato Fries		

## Roy W. Brown MIDDLE SCHOOL LUNCH MENU

### Start Your Day off Right with a Nutritious Breakfast!!

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